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SANFORD CENTER | 1111 Event Center Drive NE | Bemidji, MN 56601
REGISTRATION DEADLINE: Tuesday, April 2, 2019
AGENDA

8:00 – 8:30 a.m. | Registration/Exhibits

8:30 – 9:45 a.m. Welcome and Opening Keynote: Overcoming Generational Differences: The Millennial Mindset

Today’s workplace is at a generational crossroads unlike any other time in our nation’s history. As the Baby Boomers ride off into the retirement sunset, Generation X is left to manage an empowered Millennial generation raised with a new set of attitudes and expectations about their work-life balance. Steve Bench, Generational Consulting, Madison, WI

10:15 – 11:15 a.m. Sessions

Drug and Alcohol Recognition — When Is It Reasonable Suspicion? (Part 1)

This session will provide a basic understanding of Minnesota’s drug testing statute and the cost of drug use in the workplace. The course will also cover the physical, behavioral, speech, and performance indicators of probable alcohol misuse and use of controlled substances. General confrontational techniques for when drug/alcohol use is suspected will be discussed. This session meets the one-hour of drugs, and one-hour of alcohol training requirements for supervisors. Lisa Kons, Traffic Safety Program Manager, Minnesota Safety Council, Saint Paul, MN; Officer Bidal Duran Jr., Bemidji Police Department, MN

The Disease of Worklessness

In spite of increased safety at work and less physical stress with ergonomic improvement, we are experiencing a disability epidemic. This talk will focus on the definition of a safety culture and how your safety committee helps in creating that positive safety culture for your organization. What are the mission statements, goals, objectives, and roles of the safety committee members? How do they influence your work culture? Is your culture a positive or negative one? By using inspections and studying root cause analysis of incidents, can you change your culture? Dr. Joel Blanchard, MD, Enterprise Medical Director for Sanford Health Occupational Medicine Clinics in Bemidji, East Grand Forks, Bismarck, Dickinson, Fargo and Sioux Falls

Work Safely with Stretching and Exercise

Experts will share information and wellness tips to keep you healthy throughout your life span; activities to complete throughout your day to help prevent work-related injuries; and exercises/stretching that are beneficial at any time. Brady Miller, DPT; Ben Holter, DPT; and Joe Kapaula, OTR, Choice Therapy, Bemidji, MN

11:20 a.m. – 12:20 p.m. Sessions

Drug and Alcohol Recognition — When Is It Reasonable Suspicion? (Part 2)

This session is a continuation of the 10:15 a.m. session. Attendees from that session will take a break, visit vendors and resume the session during this timeframe. Break may not coincide exactly with the other sessions’ timeline.

The DOT Exam and Accessing Risk for Obstructive Sleep Apnea

During this presentation we will review the risk that OSA poses to our drivers and public safety. We will also discuss the risk factors for OSA that we assess during the DOT exam, and what is needed for a sleep study and treatment if sleep study is positive. Katherine Henninger, PA, Certified Physician Assistant, Sanford Health Occupational Medicine Clinic, Bemidji, MN

How to Build a Positive Safety Culture Through Safety Committees

This session will focus on the definition of a safety culture and how your safety committee helps in creating that positive safety culture for your organization. What are the mission statements, goals, objectives, and roles of the safety committee members? How do they influence your work culture? Is your culture a positive or negative one? By using inspections and studying root cause analysis of incidents, can you change your culture?

Jan Fedora, Occupational Safety Consultant, Minnesota Safety Council, Saint Paul, MN

12:20 – 1:15 p.m. | Lunch/Exhibits

1:15 – 2:15 p.m. Sessions

Fatigue — A Real Risk

Fatigue is a pervasive problem in our society that adversely affects the quality and safety of our daily lives. At home, at work, and on the road, fatigue-induced errors can have devastating consequences. It is a complex issue that should be discussed and managed. We’ll explore physical and mental tiredness, shift work scheduling factors and injury risk, demographic issues, medical conditions, sleep disorders, and technical and organizational approaches to managing fatigue. Lisa Kons, Traffic Safety Program Manager, Minnesota Safety Council, Saint Paul, MN

Recognizing Slip, Trip and Fall Hazards

Why do employees slip, trip, or fall in their work environment? Is it because they are in a hurry, wearing the wrong footwear, distracted, or do not think before they act? We will discuss the four risk factor categories and where these risk factors are in your organizations. Information will also be provided on tools/checklists you can use to identify hazards and prevent incidents from happening to your employees. Jan Fedora, Occupational Safety Consultant, Minnesota Safety Council, Saint Paul, MN

OSHA Update

Don’t miss this overview of fatality, trends and statistics, current MNOSHA staffing, and the inspection process, including various types of priorities of inspections. Several enforcement standards MNOSHA is prioritizing will also be discussed. Jim Krueger, Director, Occupational Safety and Health Division, MNOSHA, Saint Paul, MN

2:15 – 2:45 p.m. | Wrap-Up/Door Prizes

(Must be present to win.)

Registration

MSC Members: $95/person; Nonmembers: $125/person (includes handout materials, continental breakfast, refreshment breaks, exhibits and lunch). Group Discount: Register three or more from the same company and receive a 15% discount (must call to receive discount: 651-291-9150/800-444-9150). Register by Tuesday, April 2, 2019.

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ORGANIZATION ________________________________

Address ________________________________

City, State, Zip ________________________________

Phone ________________________________

ATTENDEES

1) Name ________________________________

Email ________________________________

2) Name ________________________________

Email ________________________________

3) Name ________________________________

Email ________________________________

ACCOMMODATIONS (Please register 14 days before the event if you have special request needs)

Please note requirement(s): ________________________________

Continuing Education Units (CEUs): Attendees may earn .4 CEUs for their participation in workshop sessions.

PAYMENT (MUST BE RECEIVED WITH REGISTRATION)

☐ Check Enclosed

(Payable to Minnesota Safety Council)

☐ Credit Card: ☐ Visa ☐ MasterCard ☐ AMEX

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Mail to:

Minnesota Safety Council

474 Concordia Avenue, St. Paul, MN 55103

Phone: 651-291-9150/800-444-9150

Fax: 651-291-7584

(If using fax, please do not mail a duplicate copy)

Email Questions to:

sheila.thao@minnesotasafetycouncil.org