Safety, It’s a Wonderful Life

PRESENTER: Dale Lesinski, QSSP, Vice President of Sales and Training, DiVal Safety Equipment, Inc., Buffalo, NY

In the movie “It’s a Wonderful Life”, George Bailey gets the opportunity to see the difference he made in the lives of the people in Bedford Falls. That is a great correlation to those that are responsible for the safety of others — they never get to see the accidents and injuries they prevented. This session is filled with many takeaway ideas that can be implemented immediately. If your batteries could use a recharge — this fun, interactive and upbeat session is for you!

Railroad Crossing Safety for Commercial Motor Vehicles [All]

PRESENTER: Kenneth Trunnell, Division EHS Logistics Manager, Dean Foods North Region, Woodbury, MN

Professional truck drivers have an important responsibility to follow the rules at railroad crossings. Drivers caught running a gate or not obeying the rules at the crossing could lose their license, not to mention their life. This session will review the potential dangers at highway-rail grade crossings and how to avoid them as well as special procedures for emergency situations and specific regulations for commercial motor vehicle drivers. Real incidents/lessons learned will be shared to illustrate the high stakes drivers face at crossings.

Employee Sleep Deprivation — What’s It Really Costing You? (Part 1) [All]

PRESENTER: JoAnn Dankert, ASP, CHMM, CET, Principal Consultant, Training Concepts & Solutions, Maricopa, AZ

Workplace fatigue is a problem that goes largely unaddressed. Organizational factors like safety culture, shift scheduling and lack of a fatigue management plan can contribute to the fatigue burden in the workplace. Part 1 will cover causes of fatigue and resulting consequences from fatigue.

Safe 4 the Right Reasons [All]

PRESENTER: Dale Lesinski, QSSP, Vice President of Sales and Training, DiVal Safety Equipment, Inc., Buffalo, NY

Getting employees to value their personal safety is the key to eliminating accidents both on and off the job. Understanding our basic human instincts and appealing to what comes natural to us makes “Safe 4 the Right Reasons” a powerfully effective message. This message addresses why employees must value their personal safety and has an astounding retention rate. Dale’s style and presentation offers a fresh approach which delivers “ah-ha” and “ha-ha” moments.

Energy Wheel — Hazard Recognition [2]

PRESENTER: John Jenkins, Construction Safety Specialist, Enbridge Energy, Duluth, MN

This session will explore recent research by Matthew Hallowell of the University of Colorado, Boulder on improving hazard recognition through the energy wheel to reduce the number of serious injury and fatality events.
Dangers of an Arc Flash Incident [1]

**PRESENTER:** Jeff Bennett, Safety Director, TEC – Corp/Thompson Automation Specialties, Sioux City, IA

2018 NFPA 70E changes bring a new level of regulations that employers must understand when it comes to arc flash, PPE and training requirements. We will cover some of the important changes in the 2018 NFPA 70E regulations and give attendees a better understanding of those requirements and what employers must do to protect their employees in an arc flash event.

Preventing the Bad Day [1, 2]

**PRESENTER:** Jonathan Bundt, Founder and CEO, Masa Consulting, Inc., Minnetonka, MN

This session will look at best practices in preventing acts of aggression and violence including covering the gap in guidance that exists in many organizations. What should prevention programs look like? What do risks and threats look like? How do we manage them when they arise? How do we build internal resources and skills?

SESSIONS 11:15 AM – 12:15 PM

**OSHA**

**Minnesota OSHA Update [All]**

**PRESENTER:** James Krueger, Director of Compliance, MNOSHA, St. Paul, MN

Don’t miss this overview of fatality trends and statistics, current MNOSHA staffing, and the inspection process, including various types and priorities of inspections. Several enforcement standards MNOSHA is prioritizing will also be discussed.

**Employee Sleep Deprivation — What’s It Really Costing You? (Part 2) [All]**

**PRESENTER:** JoAnn Dankert, ASP, CHMM, CET, Principal Consultant, Training Concepts & Solutions, Maricopa, AZ

Building on Part 1, we will cover what employers can do to manage the risks resulting from a fatigued workforce.

**Outdoor Field Safety Basics [1]**

**PRESENTERS:** Brian Pisarek, NR Forestry Regional Specialist, DNR, Willow River, MN; Dave Palet, CIH, CSP, CHMM, Safety Administrator, DNR, Grand Rapids, MN

Spring is here. We will review safety measures to remember when working outdoors. Topics will include exposure to ticks and lyme disease, chainsaw safety and boat safety.

**Opioids and the Impact on Business and Society [All]**

**PRESENTER:** Ceil Jung, RN, BSN, CCM, Director of Medical Services, SFM, Bloomington, MN

This presentation provides a highly credible yet unique perspective on the impact of opioid use and abuse on the medical community, businesses, social organizations and individuals. We will discuss the magnitude of the opioid epidemic and why it is so costly to the local, state, and national economy. We will examine why opioids are often a poor treatment choice for chronic, benign pain and, finally, explore concrete steps that workers’ comp carriers, businesses and all of us can take to minimize damages and limit costs of opioid mistreatment, misuse and abuse.

**Train for the Way You Would Like to Live [All]**

**PRESENTER:** Jay Tapper, President, ActivEdge, LLC, Superior, WI

Take time to reflect on the types of physical activities you would like to aspire to 10, 20, 30 years from now. Whether it’s to hunt, fish, golf, ski, travel, or any other life goals, we’ll examine how staying safe and improving your fitness level will help you achieve your goals.

**You Are the Strength of Your Safety Program Success [All]**

**PRESENTER:** Brent Bryden, CEO, InterActive Safety Solutions, Winnebago, IL

Are you overwhelmed with regulations, signage, inconsistent training, outdated training materials, budgets that just won’t budge or just simply want to stimulate your current programs? Get ready to create, or recreate, a sustainable safety program. This session provides a grand slam plan to a maintainable, trainable and sustainable safety program.

**When the Bad Day Happens [1, 2]**

**PRESENTER:** Jonathan Bundt, Founder and CEO, Masa Consulting, Inc., Minnetonka, MN

The impact of a violent act in the workplace is deep, and the response needs are complicated. This session will focus on time-tested models of strategic intervention to assist individuals and organizations in recovery from some of the most difficult times. Elements of impact from the physical, psychological, media communication, and legal will be discussed. The critical balance between response and recovery to a new normal will be discussed to better understand common and expected response needs.
As a society, we sleep 20 percent less than we did 100 years ago. Physicians, psychologists, public health researchers, economists, and traffic safety officers agree that sleep deprivation negatively impacts our physical and mental health, and contributes to leading causes of death, including heart disease, cancer, motor vehicle crashes, falls, dementia, substance abuse, and suicide. This presentation will include an overview of the science of sleep, discussion of the most common causes and consequences of poor sleep, and practical suggestions for improving sleep at individual, organizational, and policy levels.

Employer Strategies to Combat Sexual Harassment in the Workplace

PRESENTER: Craig Trepanier, Attorney at Law, Trepanier MacGillis Battina P.A., Minneapolis, MN

Since the downfall of Harvey Weinstein and other Hollywood moguls and Washington politicians, complaints of sexual harassment are on the rise and employers face new risks of potential liability. In this seminar we will discuss the legal standard for sexual harassment claims, explain what really constitutes sexual harassment, and explore employer strategies for preventing and responding to sexual harassment in the workplace. HR managers, risk management personnel, and business owners should not miss this provocative and timely session.

NETWORKING LUNCHEON

11:45 AM – 2:00 PM

SPONSORED BY: Otter Tail Power Company

Meet the Experts in Booth #124


TOURS (Limited space: pre-registration required.)

Vikings New Practice Facility FULL

Be one of the few to see the completed first phase of the new Vikings headquarters in Eagan firsthand, including team and corporate main offices as well as surrounding practice fields and 6,500-seat outdoor stadium. Tour will be led by the construction site safety supervisor and Kraus-Anderson Construction staff.

Minnesota Zoo

See the Minnesota Zoo like you’ve never seen it before! Enjoy a "behind the scenes" tour with Ken Weisenburger, long-time safety administrator with the zoo. Learn about massive safety programs for their city-within-a-city.

Walman Optical

Walman Optical Safety Eyewear is produced in our lab facilities across the country and we welcome you to take a tour of our largest service center, called the OSC, in Brooklyn Park, MN. You’ll learn how all glasses, including safety eyewear, are manufactured using the latest optical technology.

Saint Paul’s Flat Earth/11 Wells Mill City

Join us as we tour Saint Paul’s Flat Earth/11 Wells Mill City distillery located in the century-old Hamm Brewery. Hear how during construction 11 Wells paid homage to the history of the brewery by retaining many historic details. The full-time, on-site construction foreman for the project will be available to answer questions and discuss the safety measures followed during the project.

SESSIONS 2:00 – 3:00 PM

Urban Hazards: Beyond Traditional Safety [All]

PRESENTER: Cynthia Braun, CSP, Braun Safety Associates, LLC, Littleton, CO

This eye-opening session reveals the unique hazards of working in urban environments, such as exposure to meth labs, violence/assault, and homeless encampments. Safety professionals will be challenged to think “outside the box” of typical hazard assessment, mitigation methods, and OSHA compliance. The session is ideal for cities/counties, construction crews, workers on the right-of-way, facilities maintenance, security, oil and gas, surveying, lawn/tree care, utility workers and many more.

CONNECT WITH US
Opioids and the Impact on Business and Society [1, 2] (Repeat of 11:15AM session.)
PRESENTER: Ceil Jung, RN, BSN, CCM, Director of Medical Services, SFM, Bloomington, MN
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Outdoor Field Safety Basics [1] (Repeat of 11:15AM session.)
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Minnesota OSHA Update [All] (Repeat of 11:15AM session.)
PRESENTER: Ron Anderson, Industrial Hygienist, MNOSHA, St. Paul, MN
Don’t miss this overview of fatality trends and statistics, current MNOSHA staffing, and the inspection process, including various types and priorities of inspections. Several enforcement standards MNOSHA is prioritizing will also be discussed.

You Are the Strength of Your Safety Program Success [All] (Repeat of 11:15AM session.)
PRESENTER: Brent Bryden, CEO, InterActive Safety Solutions, Winnebago, IL
Are you overwhelmed with regulations, signage, inconsistent training, outdated training materials, or budgets that just won’t budge or just simply stimulate your current programs? Get ready to create, or recreate, a sustainable safety program. This session provides a grand slam plan to a maintainable, trainable and sustainable safety program.

Dangers of an Arc Flash Incident [1] (Repeat of 9:45AM session.)
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2018 NFPA 70E changes bring a new level of regulations that employers must understand when it comes to arc flash, PPE and training requirements. We will cover some of the important changes in the 2018 NFPA 70E regulations and give attendees a better understanding of those requirements and what employers must do to protect their employees in an arc flash event.

Prevent the Worst — Put Your Family’s Safety First [All]
PRESENTER: Julie Philbrook, RN, DNP, MAN, MAL, Injury Prevention Program Coordinator, Hennepin County Medical Center, Minneapolis, MN
Ideas for keeping your family members (and you) safe and healthy is the focus for this session. We will discuss the most common causes of injuries across the age span and provide materials and tools you can use to promote family safety in your workplace. If you’re considering “How can my company extend our safety program? How else can we make a difference in people’s lives?” — this session is for you! Topics will include child passenger safety, poison prevention and home safety, teen safe driving, and senior fall prevention.

SESSIONS 2:00–3:30PM

Are You “Gritty” Enough to Be a Safety Professional? [All]
PRESENTER: JoAnn Dankert, ASP, CHMM, CET, Principal Consultant, Training Concepts & Solutions, Maricopa, AZ
Best-selling author Angela Duckworth describes ‘grit’ as one of the key attributes to success — at work, at school, in life. Although natural abilities, talent and luck also help in achieving our goals, building grit can help ensure your talents are not static. This session will define ‘grit’ and why being gritty is important to both personal and organizational success. We will discuss the four pillars of grit — interest, practice, purpose and hope — and learn how to build grit in yourself and work teams/workforce.

Machine Safeguarding Overview
PRESENTER: Roger Harrison, Director of Training, Rockford Systems LLC, Rockford, IL
Join us as we discuss the ANSI B11.19 Machine Guarding standard. Topics will include: guards, devices, distance, location, opening, guard interlocks, light curtains, laser scanners, shields for cutting/turning machines, electrical disconnects, motor starters, emergency stops and risk assessments.