

# MINNESOTA SAFETY COUNCIL

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## 2015-2016 DVD and Video Catalog



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# VIDEO & DVD LISTINGS ON-LINE-----

Check our website to learn about additions to the video and DVD library—[www.minnesotasafetycouncil.org](http://www.minnesotasafetycouncil.org)

## EXPERIENCED STAFF—EFFECTIVE SERVICES

Our staff of experienced safety and health professionals has decades of practical experience and can provide your organization with hands-on classroom training and other on-site services. If it's one-on-one help you're looking for, we offer on-site audits to help you prioritize your efforts to reduce risk, assure compliance with regulations and minimize costs. We also develop written programs to help you comply with specific safety and health regulations and

if needed, we assist in implementing them. Within *your* schedule and budget, our consultants do what it takes to help you gain the information and strategies you need to go beyond compliance and create an effective safety program. Why not put them to work for you?

*The Minnesota Safety Council is a not-for-profit, non-governmental organization which since 1928 has been dedicated to making Minnesota a safer place to live.*

# ----- NOT A MINNESOTA SAFETY COUNCIL MEMBER?

More than 3,000 member organizations support the Minnesota Safety Council. We are one of the top safety organizations in the country, nationally recognized for program excellence and sound management. We can be an integral part of your safety program. Here are just some of the benefits of membership:

## **Occupational Safety and Health Training**

For safety and health pros, managers, supervisors and employees. (Nearly 100 topics!)

## **Driver Training**

Defensive Driving and Commercial Motor Vehicle programs, resources and consultation available—classroom or online! Our DDC Mature Driver (55+) program qualifies people for a 3-year 10% reduction on personal auto insurance.

## **Consultation Services**

Consultation in occupational safety and health, traffic, off-the-job, program development and more! Also OSHA-type inspections and customized training at your facility or ours.

## **Video and DVD Resource Library**

No charge for members to use our videos or DVD's (over 500 titles) to train, educate and promote safety and health.

## **Publications**

Newsletters with updates on regulations, training, trends and news from other parts of the safety and health world.

## **Toll-Free Telephone Line**

Access to our staff of experts without a charge!

## **PLUS!**

Membership dues provide the foundation for research and program development in occupational, traffic, home, youth, recreational and other areas of safety.

**Call us with any questions at 800-444-9150 or 651-291-9150.**

# ----- MINNESOTA SAFETY COUNCIL CONSULTING SERVICES

## **Occupational Safety**

Program development and evaluation

Onsite walk-through inspections

Onsite customized training for employees, supervisors and managers on:

- Fundamentals of Safety Supervision
- Accident Investigation
- Electrical
- Fire Safety
- Forklift Operator Training
- AWAIR Compliance
- Lockout/Tagout
- Job Hazard Analysis
- Developing Effective Safety Committees

## **Occupational Health/Industrial Hygiene**

Program development and evaluation

Onsite customized training for employees, supervisors and managers on:

- Right-to-know
- Emergency Response
- Confined Space Entry
- Heat and Cold Stress
- Noise/Hearing Conservation
- Respirators
- Hazardous Waste Site Clean-Up
- Bloodborne Pathogens
- Laboratory/Chemical Hygiene Plans

## **Ergonomics**

Program development

Onsite training for managers, supervisors and workers

Back injury prevention

Workstation evaluation and design for:

- Computer workstations
- Hospitals
- Manufacturing facilities
- Return-to-work programs
- Americans with Disabilities Act (ADA)

## **First Aid/CPR/AED**

All courses meet OSHA training recommendations and can be customized to fit your training needs.

First Aid Institute training for employees, supervisors and managers on:

- Standard and Advanced First Aid/CPR
- Child and Infant First Aid
- Wilderness First Aid
- Automated External Defibrillation (AED)
- First Responder

## **Transportation/Driver Training**

- Policy development assistance
- Drug recognition expertise training
- Employee training for drivers of passenger vehicles
- Employee training for drivers of specialty vehicles: maintenance vehicles, vans, emergency vehicles, straight trucks, utility vehicles and almost 20 more!

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## **ABRASIVE BLASTING**

**#AB001 – DVD** (12 min, added 2013)

### **Occupational**

Sandblasting and other abrasive blasting is a potentially life-threatening operation without proper training. This video covers all of the important topics including PPE, equipment set & inspection, safe operating procedures, job site conditions, bystander safety and more!

## **ACCIDENT INVESTIGATION FOR EVERYONE**

**#AC000—DVD** (23 min. 2006)

### **Occupational**

This DVD will help everyone involved in an investigation - management, employees and investigators - understand their roles in the process. Viewers will also learn how to recognize common mistakes made during investigations and how to make the right changes that can prevent injuries and improve workplace safety.

## **ACCIDENTS AREN'T JUST ONE OF THOSE THINGS**

**#AC008—DVD** (22 min. added 2015)

### **Occupational**

With 20 years of experience as a firefighter and paramedic, Martin Lesperance has treated thousands of injuries and medical emergencies that have resulted from the poor choices and decisions people make every day. As a best-selling author and popular safety speaker, Martin takes his experiences and molds them into entertaining and thought-provoking safety presentations. Some of his unique safety insights might just save your life.

## **ACTIVE SHOOTER: HELPING PREVENT TRAGEDY**

**#AC006 – DVD** (8 min, added 2014)

### **Occupational**

Active shooters can strike where we live, where we work, where we study, where we shop or any other environment. No business or institution is immune to the potential of an active shooter attack. The purpose of this informational training is not to alarm viewers, but to enlighten them regarding some of the elements of an active shooter scenario and what they should do to be prepared to deal with such an act.

## **AERIAL LIFT WORK PLATFORM**

**#AE003 – DVD** (15 min. added 2012)

### **Occupational**

Aerial work platforms provide access to work areas that were one difficult or impossible to reach. But, there are potential hazards involved. That's why anyone operating an aerial work platform must be trained and authorized before using the equipment. This program covers a broad range of topics including: Pre-Shift Inspections, Operating Controls, Safe Operating Procedures, Driving and Steering, Speed Control, Fall Protection.

## **AGING WORKFORCE: EMPLOYEE TRAINING**

**#AG001 – DVD** (12 min. added 2015)

### **Occupational**

The number of employees who are over 55 years of age is growing faster than any other. This program will help older workers define their unique place in today's workforce by teaching them to recognize their strengths and capitalize on the experience they bring to their jobs. Limitations of older workers are also addressed, in addition to steps that can be taken to increase productivity.

## **ASBESTOS AWARENESS: ARE YOU AT RISK?**

**#AS002, AS007 – DVD** (22 min, 2000)

### **Occupational; Language: English, Spanish**

Take the heat out of asbestos-related dangers with this best-selling program. It introduces facts on asbestos use and discusses OSHA's Asbestos Standards (1910.1001 and 1926.1101)

- The three forms of asbestos
- Adverse health effects
- Where asbestos can be found
- Hazard communication
- Personal protection
- Housekeeping requirements

## **ASBESTOS AWARENESS**

**#AS000 – DVD** (14 min. added 2011)

### **Occupational**

Comply with 29 CFR 1910.1001. Many construction workers & maintenance people come in contact with asbestos: Hazards of asbestos, OSHA's Asbestos, standard, composition and nature of asbestos, types of materials that may contain asbestos, and where they are encountered, how to protect yourself when disturbing a material that may contain asbestos, air monitoring and decontamination.

## **BACK SAFETY**

**#BA000 – DVD** (added 2013)

### **Occupational; Language: English, Spanish**

The potential for back injury is very real, whether your employees have a physically demanding job, one with lifting or bending over, or have less active one, such as sitting behind a desk. Covers: Attitude, Types of back injuries, Safe lifting, Excercise, Real life scenarios.

## **BACK SAFETY ATTITUDE**

**#BA004 – CD ROM** (10 min. added 2012)

### **Occupational**

Television personality McLean Stevenson examines a series of accident re-enactments, revealing how the excuses we make can actually be warning signs of unsafe behavior. This is an attitude oriented program that is extremely easy to relate to and provides strong reinforcement for your back injury education efforts.

## **BATTERIES NOT INCLUDED**

#BT002 – DVD (21 min. 2002)

### **Occupational**

For more than 15 years, Michael S. Melnik MS, OTR, has consulted with some of the largest companies in the U.S. He's learned that programs thrive in environments that are energized by employees who are motivated, receptive and involved. Using real-life examples, stunning visuals and an easy humorous style, Michael will introduce you to "The Energized Approach" that will maximize the return on investment for your company's programs.

## **BEHAVIOR BASED SAFETY: MANAGERS ROLE**

#BE000 – DVD (14min., added 2013)

### **Occupational**

Explains how managers can move from the ineffective "safety cop" role to successfully influencing their staff's safety behavior.

## **BENZEN: KNOWLEDGE IS POWER & SAFETY**

#BE004 – DVD (14min., 2007)

### **Occupational; Language: English, Spanish, Portuguese**

Benzene is a recognized carcinogenic as well as a developmental and reproductive toxicant. Even short-term exposure can cause problems. Teach your workers how to minimize exposure and protect themselves.

## **BLOODBORNE PATHOGENS: CONTROL YOUR EXPOSURE**

#BL013 —DVD (13 min. 2000)

### **Occupational**

This program is designed to heighten awareness about the dangers of bloodborne pathogens in the workplace. Viewers will follow the story of Ken, an industrial worker who receives a post-exposure evaluation at a health clinic after coming to the aid of an injured co-worker. The importance of taking proper precautionary measures against exposure is stressed throughout the video. Topics include modes of transmission, common workplace bloodborne diseases, universal precautions, personal protective equipment and clothing, cleanup and disposal of contaminated areas, the written exposure control plan and post-exposure evaluation.

## **BLOODBORNE PATHOGENS: TAKE PRECAUTIONS**

#BL014 – DVD (13 min. 2008)

### **Occupational – English & Spanish**

Your employees can never be too careful when it comes to the risks of deadly bloodborne pathogens. The program covers the three main types of these organisms including the symptoms and routes of transmission. It discusses methods to avoid infection and ways to deal with mishaps at work.

- HIV, HBV and HCV
- Transmission
- Accidents and injuries
- Common sense safety precautions

## **BULLYING & RESPECT IN THE WORKPLACE**

#BU001 – DVD (19min., added 2015)

### **Occupational**

In five dramatic stories taking place in settings that range from a hospital to City Hall, victims and witnesses will see how to speak up and challenge a coworker's mean-spirited behavior in a straightforward way that earns them respect. They'll also learn they do not have to face this problem alone. If they are not comfortable challenging a bully on their own—or if they do speak up and the behavior continues—they can reach out to supervisors, HR or other designated resources to help resolve the issues. As for any bullies who may be watching: this video clearly shows that mistreating a fellow employee makes you look bad in the eyes of others and will not be tolerated in your workplace.

## **CARBON MONOXIDE POISONING**

#CA003 – DVD (14min., added 2015)

### **Occupational**

Designed to train employees in hazards and safety procedures when exposed to carbon monoxide poisoning. Explains what causes carbon monoxide and how to prevent exposure.

## **CELL PHONES IN THE WORKPLACE: A DANGEROUS DISTRACTION**

#CE000 – DVD (15 min. added 2012)

### **Occupational**

This program discusses how sending and receiving text messages can cause us to lose focus on doing our jobs safely and efficiently as well as the importance of always following your company's policy regarding cell phone use. Also featured are several workplace scenarios that illustrate the tragic consequences of ignoring these policies in order to text when it is unsafe or prohibited. Other topics include how cell phone use adversely affects our production level, following the company plan for emergency contact, appropriate use of company-owned cell phones and why we must have the courage to speak up and refuse to participate in unsafe and inappropriate texting.

## **CHAIN SAW SAFETY**

#CH004 – DVD (13 min. added 2015)

### **Occupational**

Public works and other occupations often use chain saws in tree trimming, landscaping maintenance, brush control, and home use. There are many risks involved requiring proper instructions on safe procedures.

## **CHEMICAL HAZARDS IN THE WORKPLACE**

#CH000 – DVD (15 min. added 2011)

### **Occupational**

The focus of this program is understanding chemical hazards in the workplace. Employees must know which chemicals they work with are hazardous and what safety precautions must be taken to protect themselves from chemical hazards. This video provides detailed instruction on the hazard communication written plan, chemical container labels and Material Safety Data Sheets. Other topics include routes of entry, chronic and acute chemical exposures, the importance of personal protection and handling and storage procedures.

## **CHOICES: DRIVING SAFETY**

**#CH010—DVD** (23 min. added 2015)

### **Occupational**

Distracted Driving is shattering people's lives. Families are torn apart. Why? Poor choices. We mention choices because that's really what it comes down to, will your employees choose to obey traffic laws and operate their vehicles safely? Or, will they choose to take a chance, a chance that can have grave and long lasting effects. You can help them make good choices behind the wheel with this safety video. Topics include: Phone Conversations, Texting, Pedestrians, Inclement Weather, Drowsy Driving.

## **CLOSE CALLS NEAR MISSES**

**#CL003—DVD** (19 min. 2000)

### **Occupational**

This video stresses to employees the importance of reporting all close calls and near miss incidents so that proper action can be taken to improve work conditions and prevent injuries.

Topics include employee complacency, escalation of unreported incidents, correcting hazards and unsafe conditions, control of emotions and recognizing and avoiding unsafe acts.

## **COMMERCIAL LAWMOWER SAFETY**

**#CO102 – DVD** (17 min. added 2012)

### **Occupational**

Covers general safety rules when operating mowers, cutters, knives, trimmers, and weed eaters. Deals with proper procedures when handling chemicals and hazardous materials associated with this environment.

## **CONFINED SPACE ENTRY: PERMIT REQUIRED**

**#CO110 – DVD** (15 min , 2007)

**Occupational; Language: English, Mandarin, Portuguese, Spanish**

Protect your employees from the dangers of working in confined spaces and be sure you're in compliance with OSHA 1910.146 with this popular program. It reviews the details on how to prepare a confined space entry permit and the best way to train a confined space entry team.

- Entry permit requirements
- Safe atmospheric testing
- Training the entry team

## **CONFINED SPACE & ENTRY PERMIT SYSTEMS**

**#CO100—DVD** (15 min. 2002)

### **Occupational**

This video is designed to make viewers aware of confined space hazards and the steps that must be taken to prevent these hazards from contributing to injuries and deaths. Topics include the definition of a confined space, the written confined space entry program, the difference between permit and non-permit required spaces, confined space hazards and the entry permit system. Also covered are the responsibilities of each of the confined space entry team members: the entry supervisor, the standby attendant and the entrants.

## **CONFINED SPACE ENTRY: PLAN AND PREPARE**

**#CO103 – DVD** (21min., 2011)

**Occupational; Language: English, Spanish**

Beginning with dramatic, real-life stories of tragic confined space incidents, this DVD shows your employees why it is vital to follow procedure when working in a confined space.

## **CONFINED SPACE ENTRY: LIFE & DEATH**

**#CO101 – DVD** (19 min. 2003)

**Occupational – High Impact**

In this video, viewers will see how simple mistakes lead to major injuries and even death during a confined space entry operation. Training topics of the video include duties and responsibilities of each participant in confined space entry: the entrant, the attendant and the entry supervisor. Other topics include the entry permit system, duties of rescue team members, air testing and monitoring, lockout and line breaking procedures and use of personal protective equipment in confined spaces. Contains graphic images.

## **CONFINED SPACE VENTILATION**

**#CO002 – DVD** (20min., 2010)

**Occupational; Language: English, Spanish, Portuguese**

Special safety precautions required for confined space ventilation are reviewed in this important program, along with how and when to ventilate. It covers:

- When to ventilate
- How to ventilate effectively
- Safety precautions.

## **CONFLICT COMMUNICATION SKILLS**

**#CO021 – DVD** (14 min. added 2011)

**Occupational**

At some point in your work history, you will encounter some form of hostility. Whether it's an upset co-worker or a dissatisfied customer, your response can make the difference between a stressful or a pleasant work environment.

- The nature of hostility and how it affects those in the workplace.
- Basic conflict communication skills and how they can be used to defuse hostility.
- How to deal with people who do not respond rationally

## **CONVEYOR SAFETY IN THE WORKPLACE**

**#CO000 – DVD** (20min. added 2015)

**Occupational**

This video discusses the various hazards posed by conveyor systems and the safe work practices that employees must follow to prevent injuries related to these hazards. Also featured are testimonials from workers who have suffered conveyor-related injuries due to complacency, taking shortcuts and failure to perform lockout/tagout procedures.

## **CPR AED AWARENESS TRAINING**

**#CP000 – DVD** 31 min. added 2012)

### **Occupational**

Included in this video is a step by step approach on what to do for an adult cardiac emergency, calling 911, and a comprehensive description and demonstration section on how to perform CPR for the adult age group. A brief introduction to the AED (Automated External Defibrillator), the importance of this life-saving device and how to operate one. *DVD does not certify viewers.*

## **CRANES AND LIFTING DEVICES**

**#CR100 – DVD** (11 min. 2002)

### **Occupational**

Designed for anyone operating hoists or cranes. The program explains sling angles, safety techniques, and inspection procedures. Anyone operating this equipment must be trained. Program meets OSHA training requirements.

Points covered in this video include:

- Inspecting hoisting equipment using chains, ropes, slings
- Safe lifting procedures
- Sling angles operating cranes and hoists

## **CRANE SIGNAL PERSON BASIC TRAINING**

**#CR000 – DVD** (21 min. 2009)

### **Occupational**

This program presents: A general overview of crane operations and limitations, clear demonstrations of the 20 standard crane hand signals, an explanation of correct voice signal communication, guidelines for using non-standard and new signal, and basic safety practices for a crane signal person.

## **DEALING WITH DRUG & ALCOHOL ABUSE FOR EMPLOYEES**

**#DR002 – DVD** (19 min. added 2015)

### **Occupational**

An employee with an alcohol or drug problem can decrease productivity, create a hostile work environment and damage a company's good name. Worst of all, the actions of a worker who is "under the influence" can completely undermine a company's efforts to keep people safe. Video discusses the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free.

## **DEALING WITH DRUG & ALCOHOL ABUSE FOR MANAGERS**

**#DR100 – DVD** (19 min. 2006)

### **Occupational**

Discusses the various forms of substance abuse that are typically found in the workplace, how managers and supervisors can detect substance abuse problems, and what they should... and shouldn't... do if they discover a worker with a substance abuse problem.

## **DEALING WITH HAZARDOUS SPILLS**

**#DL001 – DVD** (23 min. 2001)

### **Occupational**

This program is designed to help employees who seldom have to face the dangers of a hazardous spill deal with a cleanup situation. Areas covered in the program include:

- The Hazard Communication Plan.
- The Emergency Response Plan.
- Five levels of OSHA's HAZMAT training.
- Initial spill response.
- Spill containment.
- Instruments used to identify chemicals.
- Additional hazards of a spill site.

## **DEFENSIVE DRIVING: I COULD SEE IT COMING – CARGO VAN**

**#IC100 – DVD** (15 min. 2006)

### **Driving Safety**

This program will help you conduct defensive-driving training sessions for new and existing employees.

It covers the factors that cause accidents and then provides seven strategies for driving defensively.

- Get ready.
- Stay focused.
- Be aware.
- Look ahead.
- Back off.
- Expect mistakes.
- Be noticed.

## **DISTRACTED DRIVING: AT WHAT COST**

**#DE001—DVD** (16 min. 2006)

### **Driving Safety**

The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.

## **DISTRACTED DRIVING: HOW FOCUSED ARE YOU**

**#DI004—DVD** (17 min. added 2015)

### **Driving Safety**

We've all seen them, drivers on the road drinking a cup of coffee, putting on make-up, eating a snack...and talking on their cell phones. More and more people every day, it seems, are doing something other than paying attention to traffic when they're behind the wheel. It's called distracted driving.

This safety video provides the information employees need to drive cars, vans and small trucks safely, both on and off the job safely.

## **DIVERSITY IN THE WORKPLACE: WE'RE ALL DIFFERENT**

**#DI003 – DVD** (14 min. added 2015)

### **Occupational**

Fostering an atmosphere of acceptance and understanding, this video will help you create a workplace that is accepting and respectful of the differences seen in others, while encouraging your employees to see the unique values in each of their coworkers. Your employees will learn to identify and break through stereotypes and prejudices that can prevent them from accepting the differences they see around them.

## **DOT GENERAL AWARENESS: HANDLING TRANSPORTING HAZ MAT SAFELY**

**#DO011 – DVD** (17 min. 2003)

### **Driving Safety**

Program focuses on employees who handle hazardous materials. The program reviews a number of topics aimed at making employees more aware of situations in which they may encounter hazardous chemicals, the nature of the hazards the chemicals may have, and the issue of taking appropriate security measures when dealing with hazardous materials that the DOT has added to the regulation.

## **DOT HAZ MAT SECURITY AWARENESS**

**#DO010 – DVD** (13 min. 2004)

### **Driving Safety**

focuses on helping employers provide their employees with the security awareness portion of this training, giving employees an awareness of the security risks associated with transporting hazardous materials. Areas covered in this program are:

- The DOT HAZMAT security requirements.
- Security risks associated with transporting hazardous materials.
- Methods that have been designed to enhance transportation security.
- How to recognize security risks.
- Responding to possible security threats

## **EFFECTIVE SAFETY COMMITTEES**

**#EF001 – DVD** (16 min. 2002)

### **Occupational**

Keeping your employees safe and free of injury should always be a top priority, but you may often feel overwhelmed with the number of safety issues that need to be addressed. This training program addresses your concerns as you begin the process of establishing a safety committee. It also answers the questions your committee members may have about their role and responsibility in the safety process. Includes additional training sessions designed to provide specific training for safety committee members.

## **ELECTRICAL: SAFETY TRAINING FOR NON-QUALIFIED ELECTRICIANS**

**#EL101 – DVD** (15 min. 2002)

This comprehensive program is designed for general employees to raise awareness about electrical hazards and help prevent common electrical injuries. The valuable information helps protect employees on and off the job. Topics include:

- Basic Electrical Terms and Definitions
- Common Electrical Hazards
- Safety Practices to Prevent Injury

## **ELECTRICAL: SAFETY TRAINING FOR QUALIFIED ELECTRICIANS**

**#EL100 – DVD** (20 min. 2004)

### **Occupational – Hi Impact**

This video covers most of the training requirements and safe work practices for qualified workers outlined in OSHA 1910 Subpart (S). Topics of the program include qualified worker status, electrical arcing and arc blasts, protective clothing requirements for qualified workers, limited approach and prohibited approach boundaries, use of voltage-rated gloves and other PPE, performing live work and de-energizing equipment. Contains graphic images.

## **ELECTRICAL SAFETY FOR EVERYONE**

**#EL005 – DVD** (20 min. added 2015)

### **Occupational**

This program provides viewers with a general understanding of how electricity works while showing them the actions they can take to prevent becoming part of an energized electrical circuit. Topics include why electricity is dangerous, resistance and Ohm's law, two electrical safety concepts, grounding, avoiding electrical contact, safe work practices, use of double-insulated tools and GFCIs and response to a shock event.

## **ELECTRICAL SAFETY FOR THE QUALIFIED WORKER**

**#EL004 – DVD** (18min., 2004)

### **Occupational; Language: English, Spanish**

Electrical must not be taken lightly. Between 5 and 10 times a day, an arc flash explosion sends a burn victim to a special burn center. Generate strong safety procedures for your workers so they can avoid electrical shock, serious burns and arc flash accidents.

- Correct PPE
- Lockout/tagout procedures
- NFPA 70E
- Arc Flash hazard analysis.



## **EMERGENCY ACTION PLANS**

**#EM007 – DVD** (19 min. added 2011)

### **Occupational**

This Hi-Impact video will help your employees understand the importance of your company's emergency action plans. The five incidents featured in the program show viewers that they must be able to make immediate decisions based on their knowledge of these plans when an emergency occurs. Topics include responding to fires, use of fire extinguishers, the company Hazard Communication plan, bloodborne pathogens, hazardous weather conditions, preventing workplace violence and evacuation procedures.

## **ERGONOMIC EMPLOYEE TRAINING**

**#ER100 – DVD** (15 min. 2001)

### **Occupational**

This program details the 3 key areas of preventing Musculoskeletal Disorders (MSD's): knowledge of signs and symptoms, proper reporting and various methods used to control hazards. The video explains the difference between signs and symptoms and a true JSD incident. Explains the difference between a risk factor and a hazard. Covers: Common types of MSD's, Importance of reporting, Job Hazard Analysis, Improper Lifting, Work Practice Controls.

## **ERGONOMICS FOR THE MOBILE WORKER**

**#ER001 – DVD** (15 min. added 2012)

### **Occupational**

When we work in a typical office, we have the advantage of ergonomically adjustable office equipment and furniture. But when we rely on laptops, tablets and smartphones in settings that range from coffee shops to hotel rooms to our kitchen table, we need to be aware of what we can do to create our own comfortable work environment. This program discusses posture and how it impacts the proper use of mobile office equipment, the special challenges it presents and the importance of positioning and moving our bodies as we work.

## **EYE PROTECTION: SEE THE WHOLE PICTURE**

**#EY006 – DVD** (20min., 2002)

### **Occupational; Language: English, Spanish, Portuguese**

Every year, about 300,000 employees injure their eyes and 100,000 lose their vision, some permanently. It is crystal clear: eye protection is essential! Know the facts: the types of eyewear and the risks: heat, chemical and light-radiation-related injuries. Prevent these hazards and be aware of the emergency procedures.

- Eye protection
- Care and maintenance
- Injury prevention
- Emergency procedures

## **EYE SAFETY: THAT'S WHY YOU WEAR EYE PROTECTION**

**#EY003—DVD** (18 min. 2004)

### **Occupational**

This program opens with a devastating workplace eye injury that happens all too often when employees choose not to adequately protect their eyesight. Also discusses various types of eye protection devices and how they help to prevent injuries. Viewers will also see the tragic consequences that can occur when we don't make the effort to protect our eyes at all costs. Topics include selection and inspection of eyewear, safety glasses, safety goggles and face shields, protection from harmful light, lens fogging and timely response to eye injuries.

## **FALL FACTORS: PREVENTING SLIPS, TRIPS & FALLS**

**#FA000—DVD** (20 min. added 2012)

### **Occupational**

By understanding how "fall factors" such as balance, gravity, friction and momentum contribute to incidents, we can take preventative measures to prevent falls. That's the purpose of this program--to prevent fall-related incidents by providing viewers with an understanding of the factors involved in every fall as well as the common hazards and unsafe actions that make a fall much more likely. Also reviewed are the techniques and safe work practices that we can use to control the factors that contribute to slip, trips and falls.

## **FALL PROTECTION: THE RIGHT CONNECTION**

**#FA002 – DVD** (19min., 2007)

### **Occupational; Language: English, Spanish, Portuguese**

In buildings and on scaffoldings, the dangers run high and your safety standards have to tower above the risks. Heighten yours now with this highly valuable information on fall protection equipment, safety measures and fall emergency response.

- Guardrails
- Personal Fall Arrest Systems
- Positioning devices
- Proper use & maintenance
- Rescue from height

## **THE ABC'S OF YOUR PERSONAL FALL ARREST SYSTEM**

**#FA005—DVD** (15 min. 2002)

### **Occupational**

Whether you use a personal fall arrest system every day or only once in your lifetime, one thing is for certain: the system won't do any good unless it is used correctly! This video shows viewers how to properly select and use personal fall arrest systems so they can work safely above ground. Topics include forces involved in falls, components of a fall arrest system, inspection of the equipment, calculating fall distance, selection of an appropriate connecting device and the importance of choosing a legal tie-off point.

## **FIRE EXTINGUISHERS: HOW AND WHEN TO USE THEM**

**#FI100—DVD** (15 min. 2001)

### **Occupational**

This program stresses to viewers the importance of making the right decisions when a workplace fire breaks out. In order to use a portable fire extinguisher to put out the fire, employees must determine the type of material burning and class of fire present, whether they know how to use the appropriate fire extinguisher and if the fire is in its beginning stages. More importantly, they must be confident in their ability to evacuate the facility safely should they be unable to extinguish the fire.

Topics include the fire triangle, incipient stage fires, classes of fires and the extinguishers used to put them out, the PASS system and emergency evacuation.

## **FIRE EXTINGUISHERS: PORTABLE FIRE EXTINGUISHERS**

**#FI103 – DVD** (16 min., added 2013)

### **Occupational; Language: English, Spanish, Portuguese**

Don't let your assets turn into ashes. Put out the fire with this program that explains the different classes of fire and offers practical tips on fire extinguisher use.

- Class A,B,C,D fires
- Class A,B,C,D extinguishers

## **FIRE EXTINGUISHERS: READY TO RESPOND**

**#FI101—DVD** (13 min. 2005)

### **Occupational**

Since fire is one of the most common hazards in the workplace, it is important for your employees to know how to properly use a fire extinguisher if a fire should break out at your work site. Of course, fire prevention is always the best safety policy to follow, but prevention is not always possible. This program will teach your employees how to calmly and effectively deal with fires and correctly use a fire extinguisher. Covers:

- What Causes a Fire
- The Five Classes of Fire
- Fire Prevention Methods
- Types of Fire Extinguishers including Type “K”
- How to Select the Appropriate Fire Extinguisher
- How to Correctly Use a Fire Extinguisher
- Situations When Not to Fight a Fire
- Fire Extinguisher Inspection

## **FIRE SAFETY FOR OFFICE WORKERS**

**#FI021 – DVD** (15 min. added 2011)

### **Occupational**

This program discusses how to eliminate the factors that contribute to the ignition of fires and how to respond if a fire were to break out. Topics include good housekeeping, controlling electrical fire hazards, emergency action plans, evacuation procedures, classes of fire and their extinguishing agents, the importance of using the appropriate fire extinguisher, using the PASS system to extinguish a fire and treating fire-related injuries.

## **FIRST AID/CPR: ABCD'S OF FIRST AID/CPR**

**#FI011 – DVD** (2004)

### **Occupational**

All on one DVD with a menu to choose which program you want to watch.

#### **Infant & Child Choking Video (21 min.)**

Endorsed by American Environmental Health and Safety & American CPR Training, this video guides the viewer through the causes, prevention, recognition and first aid treatment for choking on children (1-8 years old) and infants (under 1 year). This important video addresses what to do for a conscious and or unconscious choking situation.

#### **Heart Attack, Stroke & Cardiac Arrest Video (25 min)**

Endorsed by American Environmental Health and Safety & American CPR Training, this video guides the viewer through the causes, prevention, recognition and first aid treatment for heart attack & stroke. Also included is a step-by-step demonstration on how to perform CPR in case someone's heart has stopped beating. This video also features a new section on Automated External Defibrillation (AED) principles and implementation.

#### **Adult Choking Video (15 min.)**

Endorsed by American Environmental Health and Safety & American CPR Training, this video will provide the viewer with the causes, prevention, recognition and first aid treatment for an adult (8 years & older) who may suddenly become a victim from a choking emergency.

## **THE FIRST STEP**

**#FI010 – DVD** (5 min., added 2015)

### **Occupational**

This is the story about how one wrong step, one wrong action can change your life forever. Candace Carnahan, a young college student, worked summers at a paper mill in her home town. One day she stepped too short, catching her foot in the conveyor and eventually losing her left leg from the knee down. Candace dramatically describes this tragedy and the safety lessons she learned from it. Her story will help your employees realize that the first step to not being injured is knowing that you can be injured.

## **FORKLIFT BASICS: SAFETY FROM THE START**

**#FO008 – DVD** (22 min., added 2013)

### **Occupational; Language: English, Spanish, Portuguese**

Provides details on the powered industrial truck, from the way it's constructed to the way it works. It will help your operators understand the factors that affect forklift balance and maneuverability.

- Powered industrial trucks
- Forklift operator safety
- Design and controls
- Pre-use inspection
- Operator's manual

## **FORKLIFT OPERATIONS – GORY STORY**

**#FO003 – DVD** (10 min. added 2012)

### **Occupational**

We all know that forklift operators work and act safely on a daily basis. We are thankful for that because forklift accidents can be extremely gruesome, but first, let's review some of the forklift operator safety rules. These are case files from the National Institute of Occupational Safety and Health, or NIOSH. Topics included in this safety video are: the basics, forklift equipment, turn overs, order selector death, building materials forklift, and an overview.

## **FORKLIFT OPERATOR TRAINING**

**#FO020 – DVD** (19 min. 1998)

### **Occupational**

Accidents can be prevented when operators know, understand & follow all safe work procedures:

- How to safely steer, maneuver, drive & refuel forklifts
- Lifting, moving, and unstacking loads
- Types and classes of forklifts
- Pre-operational checklist

## **FORKLIFT SAFETY: HIGH IMPACT**

**#FO002—DVD** (22 min. 2004)

### **Occupational**

This program contains graphic re-creations and mishaps. Operators who view this program will never forget the valuable safety lessons it contains! Forklifts are so diverse and powerful that they allow us to carry practically anything and place it almost anywhere. Along with that ability, we as operators also carry a large amount of responsibility. We must be responsible not only for the proper operation of our truck and delivery of our load, but also for our safety while driving and the safety of anyone in our path. This powerful video shows how unsafe forklift operation leads to injuries, deaths and property damage.

## **GHS – HAZCOM FOR AUTO SERVICE FACILITIES**

**#HA109 – DVD** (21min., added 2015)

### **Occupational**

Created specifically to assist auto service facilities of all types in complying with federal, state, and municipal Hazard Communications regulations, these products also address the major education and training requirements in these chemical hazard laws. This safety video introduces employees to the Hazard Communication regulations and provides training on the various types of chemicals found in auto service facilities.

## **GHS – HAZCOM FOR CLEANING & MAINTENANCE OPERATIONS**

**#HA022 – DVD** (20min., added 2015)

### **Occupational**

This safety video introduces employees to the Hazard Communication regulations and provides training on the various types of chemicals found in cleaning & maintenance operations. Topics covered include: GHS Safety Data Sheets and container labels, Toxins, corrosives, and irritants, Flammables, combustibles, and gases, Carcinogens and radiation, Exposure situations, Personal protective equipment and chemical storage, Spills and cleanup.

## **GHS SAFETY DATA SHEETS IN LABORATORY ENVIRONMENTS**

**#HA034 – DVD** (17min., added 2013)

### **Occupational**

Created specifically to assist facilities in complying with the employee training requirements of OSHA's newly adopted GHS regulations, these products discuss using GHS Safety Data Sheets.

## **GLOBAL HARMONIZATION: WORLDWIDE HAZARD COMMUNICATION**

**#HA033 – DVD** (16 min., added 2013)

### **Occupational; Language: English, Spanish**

As we move into a global economy, clear communication becomes a necessity. Give your employees the basic information about the Globally Harmonized System (GHS) for Classification and Labeling of Chemicals. Teach them how GHS differs from the Hazard Communication Standard. This program covers the new labeling requirements; the GHS label elements and the different sections of the Safety Data Sheets.

- What the GHS does
- Why the GHS was created
- Six elements of the GHS label
- Four parts and 10 annexes of the GHS

## **GROUNDKEEPING SAFETY: DEALING WITH BUGS & CRITTERS**

**#GR003 – DVD** (16 min., 2003)

### **Occupational; Language: English, Spanish**

Insects may be small critters, but they can cause serious and even fatal consequences. This program, designed especially for public works, utility, government employees, grounds maintenance personnel or other outdoor workers, is essential for insect protection and general safety in a work environment.

- Preventing risks such as West Nile Virus
- Basic PPE
- Snakes, wasps, bees, fire ants
- First aid

## **HAND INJURIES LESSONS LEARNED**

**#HA111 – DVD** (20 min. added 2011)

### **Occupational**

This program features reenactments of workplace hand injury scenarios to teach valuable safety lessons about protecting our hands in every situation where hazards exist. Viewers will see the traumatic consequences of becoming distracted, using improper gloves, wearing jewelry around moving machinery, failing to pay attention to our work and attempting job tasks we aren't qualified to perform.

## **HAND SAFETY: ITS IN YOUR HANDS**

#HA005 – DVD (16min., 2006)

**Occupational; Language: English, Spanish, Portuguese**

Pinched. Burned. Irritated. Cut. Sliced. These are just some ways hands can be injured. Get a firm grip on hand safety and prevent these accidents. Avoid the two types of hazards - machine and chemical - and understand the factors that determine the ideal PPE for a job.

- Wearing the right hand protection
- Using machine guards
- Using the right tool for the task
- Keeping equipment in proper working order
- Taking good care of gloves Make sure that employees know the glove types as well: leather, fabric and insulating gloves - when they are used and how they are to be checked, inspected and cared for.

## **HANG UP AND DRIVE: THE JACY GOOD STORY**

#HA032 – DVD (21 min. added 2012)

**Driving**

In May 2008, Jacy Good and her parents were enjoying a great day of accomplishment - Jacy's college graduation. But that day was shattered when a young man on a cell phone cause a devastating collision that took the lives of Jacy's parents and left her in a coma. Her brain injury has left her with physical, speech, and cognitive impairment. But Jacy's story is an inspiration also. Since the collision Jacy has worked tirelessly to raise awareness about the dangers of cell phone use while driving. Fifteen people die every day in North America because of cell phone use while driving.

## **HARD HAT SAFETY: THAT'S WHY YOU WEAR A HARD HAT**

#HA101—DVD (13 min. 2004)

**Occupational**

Nearly 100,000 U.S. workers suffer serious head injuries each year, mostly due to failure to wear a hardhat, wearing the wrong hardhat, or wearing a hardhat incorrectly. This video uses several injury scenarios and worker testimony to drive home the point that most head injuries can be avoided through the proper use of a hardhat.

## **HAZARD COMMUNICATION: BEHIND THE SCENES**

#HA029—DVD (18 min. 2006)

**Occupational**

The host of this entertaining video is the ghost of a worker who recently perished when he was overcome by a chemical he accidentally spilled. He has returned to the workplace on a mission to help other employees work safely with hazardous substances. Filled with surprising special effects and attention-grabbing illustrations, this program covers key elements of Hazard Communication training for workers in general industry.

## **HAZARD COMMUNICATION: YOUR KEY TO CHEMICAL SAFETY**

#HA030 – DVD (15 min. 2009)

**Occupational**

Despite years of training on Hazard Communication, employees often ignore the hazards of chemicals in the workplace. Program takes a fresh approach to this topic and gives practical information on the use of chemicals to answer the following four questions: What am I working with? Can it hurt me? How do I protect myself? What do I do if something goes wrong? The program also covers new information on the new Global Harmonization labeling system

## **HAZARD RECOGNITION & CONTROL**

#HA018 – DVD (20min., 2011)

**Occupational; Language: English, Spanish**

To be safe, always take a second look. A situation may look harmless, and you have to go deeper to see the potential hazards. Show your workers the three root causes of accidents and the ways they can recognize, avoid and prevent them

## **HAZCOM & THE GLOBAL HARMONIZING SYSTEM: EMPLOYEE TRAINING**

#HA031 – DVD (23 min. added 2012)

**Occupational**

This program is designed to help employees understand the three key elements of the GHS: Hazard Classification, container labeling and Safety Data Sheets. Topics include the written Hazard Communication plan, physical and health hazard classes, pictograms, signal words and other information found on GHS container labels and the 16 sections of a Safety Data Sheet.

## **HAZARDS OF LONG HAIR, LOOSE CLOTHING & JEWELRY**

#HZ001 – DVD (13 min. added 2015)

**Occupational**

Industrial manufacturing, food processing, chemical plants, warehousing and even office areas have unique hazards. No matter what type of work you do, you must be aware of these hazards and dress appropriately for the job.

## **HAZMAT SAFE AND SECURE**

#HA000, HA003 – DVD (24min., 2003)

**Occupational; Language: English, Spanish**

The USA PATRIOT Act requires security awareness training for hazmat employees. And this program helps your facility comply through a complete examination of the threats that hazmats pose.

- Security Vulnerability Analysis
- Facility security tips
- Screening of employees
- Types of threats

## HAZMAT SHIPPING PAPERS

#HA025 – DVD (12min., 2008)

### Occupational; Language: English, Spanish

Nobody likes paperwork. But it has to be done, and safely at that, especially if it concerns HazMat transportation. This program will help workers understand the importance of proper paperwork and how it can be accomplished.

- Completing the shipping order
- Shipper's certification statement
- Emergency response information

## HEARING CONSERVATION: ARE YOU LISTENING, JIM?

#HE000 – DVD (14 min. added 2012)

### Occupational

This program presents the story of one worker's struggle with his own "inner voices" that encourage him to take better care of his hearing. Your workers will understand that it is not just the noise at work that can cause hearing loss, but excessive sound levels off the job as well. Using high end graphic production techniques, creative dialog and compelling visuals, your employees will start "hearing voices" that encourage smart hearing protection choices.

## HEARING CONSERVATION AND SAFETY

#HE100—DVD (17 min. 2000)

### Occupational

Over 15 million Americans suffer from unnecessary hearing loss. Comply with 1910.95 with this comprehensive program.

- How ears "work"—types of damage/loss
- Causes and effects of hearing damage
- Noise avoidance and safety practices

## HEARING PROTECTION: IT MAKES SENSE

#HE003 – DVD (22min., added 2013)

### Occupational; Language: English, Spanish, Portuguese

You won't know that you're losing the ability to hear until you already have. It is a silent and gradual process, caused by consistent and prolonged exposure to abnormal noise levels.

- The human ear
- Preventing hearing loss
- Audiometric testing
- Engineering and administrative controls
- PPE

## HEAT STRESS

#HE012—DVD (12 min. 1995)

### Occupational

Being uncomfortable is not the only problem with working in high temperatures and humidity, as workers can experience a number of serious illnesses as a result of heat exposure. By using common sense and taking proper precautions, employees can go a long way in reducing harmful effects of heat stress. This video will show employees how heat and humidity affect the human body, what the different types of heat stress are, how to respond to a heat-related illness and what they can do to prevent heat stress.

## HEAT STRESS: CODE RED

#HE004 – DVD (14 min, 2008)

### Occupational

Heat stress, heat stroke, heat rashes, heat cramps – all are dangerous to your employees. This training DVD will give them the knowledge they need to avoid the dangers of working in hot, humid conditions.

- Acclimatization
- Hydration
- Proper clothing
- Signs of heat fatigue

## HEAT STRESS IN CONSTRUCTION ENVIRONMENTS

#HE013 – DVD (12min., added 2013)

### Occupational

This training program reminds employees that heat-related illnesses can occur in many situations, reviews what can be done to address these situations and discusses fundamental information on heat stress and other heat-related illnesses. Topics covered in include:

- Situations that can cause heat-related illnesses.
- Heat stress and the body's cooling system.
- Other heat-related illnesses.
- Preparing to work in hot environments.
- Engineering controls.
- Treating heat-related illnesses.

## HEXAVALENT CHROMIUM

#HX001 – DVD (17 min. 2007)

### Occupational

Hexavalent chromium is essential to a number of industrial applications: chromate pigments are used in dyes, ink and plastics, chromic acid is used in chrome plating and chromates are used to prevent corrosion in paints and other coatings.

While these compounds can be very beneficial, they can also be harmful or lethal to those employees exposed to them. This program discusses the safe work practices these workers must follow to avoid exposures to this hazardous substance.

## HOLIDAY SAFETY: AT THE TOP OF YOUR LIST

#HO015 – DVD (17 min, added 2013)

### Occupational; Language: English, Spanish

During the holidays, it's easy to let your guard down as you enjoy the festivities. It may be the season to be jolly, but it can easily turn into the season of folly and dangerous accidents.

This unique program shows you and your employees how to have and savor a safe holiday season.

## HOT WORK: WELDING & CUTTING SAFETY

#HW001 – DVD (14 min. 1998)

### Occupational

This video focuses on working safely around welding and cutting operations.

## HOUSEKEEPING & TEAMWORK INDUSTRY

#HO009 – DVD (18 min. 1999)

### Occupational

This fast-moving video make the point that good housekeeping is not just a job responsibility—it's a reflection of the pride we take in our work!

- Fire prevention
- Personal hygiene
- Storage of tools and work materials
- Handling leaks and spills
- Employee attitude toward housekeeping

## HYPOTHERMIA AND FROSTBITE

#HY004—DVD (13 min. 2000)

### Occupational

Don't let the danger of cold, wet weather catch you off guard! If you or your employees work outside in cold weather, this program is for you! This informative video thoroughly covers everything employees need to know about the dangers of hypothermia and frostbite—and how to avoid them. After viewing, employees will be able to plan, prepare and protect themselves against whatever weather comes their way.

## I CAN'T GET NO TRACTION

#IC000—DVD (4 min. added 2015)

### Occupational

This upbeat music video spotlights common slip, trip and fall hazards in unique and entertaining fashion. Inspired by the Rolling Stones tune, "Satisfaction," the custom lyrics to this music video provide a warning to those workers who move about the workplace in an unsafe manner.

## I CHOSE TO LOOK THE OTHER WAY

#IC002—DVD (12 min. 2002)

### Occupational

When employees are willing to speak to co-workers about unsafe acts, injuries can be prevented. This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act. By choosing to look the other way, he allowed the needless death of a co-worker to occur. Based on the popular poem by Don Merrell, this program shows how speaking up about unsafe acts can save lives and help develop a positive safety culture. Verses from the poem are meshed with the video's action to deliver a stimulating safety message. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person's response may be negative.

## I COULD HAVE SAVED A LIFE THAT DAY

#IC004—DVD (15 min. added 2015)

### Occupational

This dramatic video tells the story of an employee who failed to take action when witnessing the warning signs of impending workplace violence. His decision to "look the other way" not only ended in the senseless death of a co-worker, but also resulted in a fellow employee spending the rest of his life behind bars.

## INDUSTRIAL CRANE SAFETY

#IN005—DVD (21 min. 2007)

### Occupational

Cranes and lifting devices are powerful, rugged machines that are critical to many industrial and construction operations. Just as crucial to these processes is the crane operator, because an improperly rigged or hoisted load can have monumental and often deadly consequences. Crane operators must be committed to moving loads in a safe, controlled manner in order to avoid injuries and property damage. This video demonstrates the safe work practices and precautions necessary to keep these employees and their co-workers out of harm's way while cranes and hoists are being rigged or operated.

## INCIDENT COMMAND SYSTEM: WHEN DUTY CALLS

#IN008 – DVD (20min., added 2006)

### Occupational; Language: English, Spanish

In today's climate of terrorism, industrial accidents and natural disasters, emergency responders often work together to handle crises, as mandated by the National Incident Management System (NIMS). This program ensures that emergency responders and those responsible for your facility know their roles, duties and responsibilities.

## INCIDENT COMMAND SYSTEM: WHEN SECONDS COUNT

#IN007 – DVD (15min., added 2013)

### Occupational; Language: English, Spanish, Portuguese

This award-winning program helps you map out a highly effective emergency response plan, respond to incidents and manage them smoothly and safely.

- Emergency response plan
- The Incident Command System
- Small/large/multi-county incidents
- Coordinating support services
- Situation under control

## INDUSTRIAL LASER SAFETY

#IN006—DVD (25 min. added 2012)

### Occupational

This DVD is designed to provide a solid knowledge base for the industrial laser user that may have access to class 3B & 4 lasers.

## INJURIES DON'T TAKE HOLIDAYS

#IN100 – DVD (19 min. 2003)

### Off-the-Job

In this video, EMT/Firefighter/Best-Selling Author Martin Lesperance discusses the safety precautions people must take to prevent injuries and deaths during the winter holidays. Martin also recalls real stories of emergencies he has attended to make the point that injuries don't take holidays.

## **IT'S UP TO ME**

**#IT009 – DVD** (15 min. added 2012)

### **Occupational**

This program makes clear that our standard excuses such as "I thought someone else would do it" or "That's not my job" are unacceptable when it comes to preventing injuries. Through several accident scenarios, meshed with stanzas from the powerful safety poem "It's Up To Me" viewers will see both the right way and wrong way to respond to unsafe situations. After watching this video your employees will be compelled to report or correct unsafe situations and understand that an injury free work place is "up to me."

## **JBSITE SAFETY INSPECTIONS: CONTROLLING THE FIELD**

**#JO000 – DVD** (18 min. added 2011)

### **Occupational**

This video gives guidance to construction contractors and supervisors on how to effectively conduct jobsite safety inspections.

## **KNIFE SAFETY**

**#KN002—DVD** (16 min. 2005)

### **Occupational**

This new, attention grabbing video provides an excellent overview of utility knife/box cutter safety. Filmed in a variety of work settings, the video begins with a series of mishaps caused by the unsafe use of utility knives. The mishaps are then carefully examined to reveal the underlying causes, as well as the steps that would prevent similar mishaps. Using this engaging style, the video covers the following material:

- The proper use and handling of box cutters/utility knives
- Using the correct knife for the job
- Knife maintenance and inspection
- Roper blade changing and disposal

This video will help you reduce injuries, lost time and damaged product.

practices. Highlights include hazard identification, exposure monitoring and PELs, overview of chemical hygiene plans, and emergency procedures.

## **LADDER SAFETY: A PRACTICAL APPROACH**

**#LA007—DVD** (20 min. 2006)

### **Occupational**

While ladder manufacturers strive to produce the safest ladders possible, a well-made ladder is not enough. Our safety while climbing or working on a ladder depends on following safe work practices: choose the correct ladder for the job; inspect the ladder before use; set up the ladder properly; and, use the ladder in a safe and proper manner. This new program discusses the basic precautions that will keep employees safe when using ladders. Viewers will also see the consequences of failing to follow these safe work practices.

## **LIFTING & STRETCHING- BACK OWNERS GUIDE**

**#BA100 – DVD** (16 min. added 2011)

### **Occupational**

In this program occupational therapist Michael Melnick introduces the viewer to 3 simple and memorable principles, "Keep it Close and Keep the Curves", "Build a Bridge" and "Feet First". Utilizing these three principles anyone can take a demanding lift and make it "better", "safer" and "less demanding" on the back.

## **LIFTING TRAINING THAT WORKS: POWERLIFT**

**#PO100 – DVD** (20 min. 2009)

### **Occupational**

This program explains the five lifting techniques that have been derived from the powerlift position so viewers can move materials safely in practically every situation.

## **LOCKOUT/TAGOUT – HIGH IMPACT**

**#LO000 – DVD** (21 min. added 2012)

### **Occupational**

This program stresses the importance of controlling hazardous energy in all required situations while providing viewers with a basic understanding of the key elements in the lockout/tagout process. Also featured are six workplace injury reenactments that illustrate the devastating consequences of improper lockout/tagout operations. Topics include situations that require lockout/tagout, authorized, affected and other employees, proper use of locks and tags, steps involved in performing a lockout procedure, verifying a zero energy state, returning equipment to service and group lockout procedures.

## **LOCKOUT/TAGOUT: IT WOULD HAVE SAVED HIS LIFE**

**#LO021 – DVD** (17 min. 2008)

### **Occupational**

This DVD immediately grabs the viewer's attention with the true story of a man killed in a workplace mishap that would have been prevented by lockout/tagout. The video provides a comprehensive overview of the following information:

- The purpose of lockout/tagout
- Employee roles and responsibilities
- The purpose and contents of an Energy Control Plan

## **LOCKOUT/TAGOUT AUTHORIZED EMPLOYEES**

**#LO019 – DVD** (16 min. 2005)

### **Occupational**

Personnel whose jobs include performing maintenance work on energized equipment are known as authorized employees. These employees must know how to control the equipment's hazardous energy sources through lockout/tagout procedures. This program explains the authorized employee's responsibilities during the lockout and repair process. Topics include energy isolating & lockout devices, steps involved in the lockout process, shift changes & outside contractors and getting equipment back on line.

## **LOADER BACKHOE: SAFE OPERATING TECHNIQUES**

**#LO006 – DVD** (10 min. added 2015)

### **Occupational**

A wide variety of working applications provide a broad appeal to this video. Topics include: accident causes; trenching considerations in various types of soil; underground and overhead utility dangers; effects of ground loading and machine positioning; and machine stability in various terrain conditions.

## **MACHINE GUARDING: PROTECTING YOU FROM HAZARDS**

**#MA015 – DVD** (15 min. added 2011)

### **Occupational**

This video discusses common types of machine hazards, how they can be controlled and what actions must be taken to stay safe around moving equipment and machinery. Featured is testimony from workers who have been injured after removing or bypassing guards, or taking other risks around moving machinery. Other topics include potential machine hazard areas, controlling machine hazards, fixed guarding, adjustable guarding, electrical interlocks, photoelectric devices, pressure-sensitive trips and restraint devices.

## **MACHINE GUARDING & OPERATING SAFETY**

**#MA009 – DVD** (18 min. added 2015)

### **Occupational**

When used properly, various types of machine guarding and safety devices allow machine operators to perform the jobs safely and efficiently; unfortunately, many operators choose to cheat, defeat or override these types of safety devices, often resulting in severe injury and death.

## **MAINTENANCE SAFETY: HIGH IMPACT**

**#MA000 – DVD** (19 min. added 2015)

### **Occupational**

- \* Three life-saving safety attitudes
- \* Ladder safety and personal fall protection
- \* Welding, cutting and gas cylinder safety
- \* Lock-out/tag-out

## **MAKING IT FIT: IMPROVING OUR OFFICE COMFORT**

**#MA100 – DVD** (15 min. added 2012)

### **Occupational**

A desk, a chair, a phone, a monitor, a keyboard and a mouse are the standard working tools of millions of people. But these simple tools can take their toll when we don't fit the equipment to the physical needs of the office worker. This program covers ergonomics in the office environment and how to avoid the fatigue, strain and stress that can result from the poor office setup.

## **NFPA 70E: SAFE ELECTRICAL WORK PRACTICES**

**#NF002 – DVD** (26 min. added 2015)

### **Occupational**

This video safety program provides an overview of the 2015 edition of NFPA 70E and shows how following its guidelines helps keep electrical workers safe. Every year, electrical workers are seriously injured or killed by contacting energized parts or being subjected to an electrical arc flash.

## **NFPA 70E: ELECTRICAL SAFETY IN THE WORKPLACE**

**#NF001 – DVD** (25 min. added 2012)

### **Occupational**

The National Fire Protection Association, NFPA, is the leading authority on electrical safety, especially in relation to protecting electrical workers from burn injuries associated with arc blasts. Topics include qualified electrical worker requirements, creating an electrically safe working condition, confirming a zero energy state, energized electrical work permits, approach boundaries, incident energy level, arc flash boundaries, hazard risk categories and how to properly dress for arc flash protection.

## **NORM – NATURALLY OCCURRING RADIOACTIVE MATERIALS**

**#NO017 – DVD** (15min., 2008)

### **Occupational; Language: English, Spanish, Portuguese**

If left undisturbed, NORM (naturally occurring radioactive materials) doesn't present a threat to workers but it's important they know when dangers associated when NORM do exist. This comprehensive look at naturally occurring radioactive materials covers various sources of NORM, how radioactive particles are dispersed in industrial processes as well as the physical and environmental hazards they present. Help your employees understand the importance of adhering to safety guidelines to protect themselves.

## **ONE WILL DIE: THE JOHN MARTIN STORY**

**#ON007—DVD** (22 min. 2005)

### **Occupational**

A true story about attitudes, behaviors and consequences! John Martin was a risk-taker and everyone knew it. John Martin was asked to service a large pump that was underneath a 250,000-gallon cooking vessel containing black liquor, a hot, caustic liquid used to cook wood chips in the paper industry. An inexperienced operator opened the valve, blasting John with thousands of gallons of the hot, caustic liquid. John was burned over 70% of his body and his eyes were badly damaged. John was not expected to survive his injuries. He did survive and has overcome his burn injuries and over 60 eye surgeries. By examining the various actions, attitudes and behaviors that contributed to his incident, John helps others find ways to improve their own safety. This program will benefit all employees, managers and supervisors.



## **OPERATING ELECTRIC PALLET JACKS**

#OP001—DVD (15 min. added 2015)

### **Occupational**

Electric pallet jacks, often called pallet trucks, are designed for lifting and transporting palletized materials over relatively short distances. This program discusses how to safely operate electric-powered pallet jacks so operators can deliver their loads while avoiding injury and property damage. Topics include pre-operational inspection, driving and handling characteristics, lifting, moving and placing loads, avoiding incidents involving pedestrians, traveling on sloped surfaces and working on loading docks.

## **OPERATING FORKLIFTS SAFELY**

#OP000—DVD (17 min. 2004)

### **Occupational**

This new video gives viewers a solid overview of forklift characteristics and safe forklift operation. It's a fast paced program featuring several dramatic reenactments of typical forklift mishaps.

- Forklift handling, stability and load limits
- Understanding your forklift, forklift inspection, refueling & recharging
- Picking up and placing loads, including elevated loads
- General safe driving guidelines

## **OPERATING REACH TRUCKS SAFELY**

#OP004—DVD (18 min. 2006)

### **Occupational**

This piece of equipment features an articulated carriage that can reach, tilt, and shift from side to side, resulting in more opportunity for injury. This program will educate your employees on every-day safety procedures and demonstrates how to perform daily activities accident free.

- Safe Operation
- Proper inspection procedures
- Safe load placement and positioning
- Evaluating operator skill level
- Traveling and parking

## **OVERHEAD & GANTRY CRANES**

#OV001 – DVD (20min., 2011)

### **Occupational; Language: English, Spanish, Portuguese**

Increase your employees' awareness of the hazards of working with or around cranes and will help your organization comply with OSHA standard 29 CFR 1910.179. Show maintenance crews, operators and riggers specific ways they can work safely around these hazardous machines, including pre-operational and periodic inspections. It also covers the proper way to rig and move a load.

## **PERSONAL PROTECTIVE EQUIPMENT: THE RIGHT CHOICE**

#PE101—DVD (16 min. 2002)

### **Occupational**

Using PPE is a required part of our job, but ultimately you must choose whether to use it or not. No one can make that choice for you. Make the right choice and odds are you won't experience a work-related injury; make the wrong choice and sooner or later you'll pay the price! This video features actual industrial workers who recall how the choices they made about PPE had an impact on their lives. The point of these testimonials is to show viewers that they must wear the protective equipment that is required in their work areas or risk suffering tragic injuries. Topics of the program include hard hats, eye protection, earplugs and earmuffs, hand protection and safety footwear.

## **PERSONAL PROTECTIVE EQUIPMENT: YOUR LAST LAYER OF PROTECTION**

#PE011 – DVD (20 min., added 2014)

### **Occupational**

This program discusses the proper selection and use of common types of personal protective equipment and features worker testimonials that provide valuable lessons about the importance of wearing your PPE. Topics include eye and face protection, hardhats, foot protection, gloves and hearing protection.

## **PLANNING FOR DISASTER: LIGHTNING**

#PL006 – DVD (6 min, added 2013)

### **Occupational**

Lightning is a serious force of nature that is unpredictable and can be fatal. Help keep your employees safe and give them a brief look at:

- What is lightning?
- How and where it strikes
- How to protect yourself

## **PNEUMATIC TOOL SAFETY**

#PN001 – DVD (7 min. added 2012)

### **Occupational**

Train employees on the hazards associated in working with pneumatic tools. This excellent video provides comprehensive coverage of safe work practices.

- Definition and examples
- Appropriate PPE
- Tool and cord inspection
- Use and clean-up

## **POISON OAK & IVY TRAINING**

#PO003 – DVD (14 min., added 2013)

### **Occupational**

Practical ideas to reduce worker lost time due to poison ivy, oak and sumac.

- Poison plant identification
- Best practices in preventing a poison plant rash
- Identify symptoms for early and effective treatment

## **POWER SAW SAFETY**

#PO002—DVD (8 min. 1999)

### **Occupational**

This video will show viewers how to operate power saws safely while stressing the importance of the individual accepting responsibility for his or her personal well-being. Topics include PPE, saw inspection, use of guards, preventing kickbacks, electrical safety and good housekeeping.

## **PREVENTING EXPOSURE TO BLOODBORNE PATHOGENS**

#PR105—DVD (16 min. 2006)

### **Occupational**

The focus of this program is preventing exposure to bloodborne pathogens. While most of us have jobs where we will never come into contact with blood or other body fluids, there are various situations where we may encounter potentially infectious materials. Employees must know what actions to take in these situations to protect themselves from exposure to bloodborne pathogens. Topics of the video include diseases caused by bloodborne pathogens, the Exposure Control Plan, how bloodborne pathogens are transmitted, methods of protecting against exposures, handling potentially contaminated items and responding to exposure situations.

## **PREVENTING SEXUAL HARASSMENT: FOR EMPLOYEES**

#PR101—DVD (16 min. 1992)

### **Occupational**

Most employees have heard the term “sexual harassment,” but many of them do not know exactly what it means. More importantly, they may not be aware that some of the things they do might be considered sexual harassment. While most reported cases involve females being harassed by males, people of both genders, of any age and of any sexual orientation can be victims. This video discusses various forms of sexual harassment, explains how to avoid inadvertently sexually harassing someone and reviews the procedures employees should follow if they feel that they or a co-worker are being harassed.

## **PREVENTING THE SPREAD OF CONTAGIOUS ILLNESS**

#PR200, PR300 – DVD (23 min. 2009)

### **Occupational**

This program, which includes information about seasonal flu, avian flu, SARS and MRSA in addition to swine flu, explains the origins and symptoms of these illnesses as well as the general hygiene and prevention measures required to prevent spreading and contracting all contagious illnesses. The video stresses prevention and the personal responsibility required to avoid spreading an illness or infection. Other topics include decontaminating work areas, special MRSA precautions, responding to a potential infection, medical diagnosis and treatment of contagious illnesses, measures to take at home once you are infected and how to prepare for and respond to a pandemic of an illness.

## **PROTECTING OUR SIGHT**

#PR102—DVD (19 min. added 2012)

### **Occupational**

This program discusses the protective devices and precautions we can utilize to prevent such injuries while stressing the importance of assessing the hazards of each job task and avoiding common pitfalls that often lead to these incidents. Topics include how the vision process works, types of eye injuries, employee responsibility to wear appropriate protection, use of safety glasses, safety goggles and face shields and eye protection required for welding and laser operations. Reducing lens fogging, cleaning and storage of protective devices, off-job safeguards and proper response to eye injuries are also reviewed in the program.

## **RCRA TRAINING FOR HAZARDOUS WASTE GENERATORS**

#RC000 DVD (21 min. added 2011)

### **Occupational**

Overview of the responsibilities of hazardous waste generators and their employees as required by the Resource Conservation Recovery Act (RCRA). RCRA is a federal law enacted in 1976 to address the treatment, storage and disposal of hazardous waste and your company helps protect the environment by following its rules and guidelines. Topics include characteristic hazardous wastes, small and large quantity generators, satellite accumulation areas, safe handling of storage containers, container storage area requirements, the Uniform Hazardous Waste Manifest and waste minimization procedures.

## **REMEMBER CHARLIE: THE CHARLIE MORECRAFT STORY**

#RE100—DVD (56 min.)

Charlie's journey from death's door following a refinery explosion, to his position as the world's leading presenter on why we all should follow safety procedures precisely.

## **THE RESPIRATORY PROTECTION PROGRAM: EMPLOYEE TRAINING**

#RE016—DVD (17 min. 2007)

### **Occupational**

Exposure to hazardous chemicals in the form of dusts, fumes, mists and gases may cause lung damage, cancer and other serious ailments to vital organs and the central nervous system. To protect you from these adverse health effects, your company has established a written respiratory protection program in accordance with OSHA's Respiratory Protection Standard. This program, which is available for employee review, outlines the measures taken by your employer to ensure the health and safety of your respiratory system. This video shows employees how this plan works to protect them from respiratory hazards. Topics include employee medical evaluation, respirator selection and assignment protection factors, various types of respirators, hazards of IDLH atmospheres, qualitative and quantitative fit tests, user seal checks and cleaning and storage of respirators.

## RESPIRATORY PROTECTION & SAFETY REFRESHER

#RE000 – DVD (16 min. added 2012)

### Occupational

This program will give employees the information they need to refresh their knowledge of OSHA's Respiratory regulation... as cost effectively as possible. Topics covered in these products include:

- How the respiratory system works.
- Potential effects of respiratory hazards.
- Common types of respiratory hazards.
- Common causes of respiratory problems.
- Good respiratory safety practices.
- Commonly used respiratory safety equipment.
- and more.

## RIGGING EQUIPMENT BASICS

#RI012 – DVD (20 min, 2004)

### Occupational; Language: English, Spanish

This program shows materials and techniques used for the three most common types of slings: those made of wire rope, fiber rope and webbing. It provides information on proper selection, maintenance, rigging and use. It covers:

- Rigging basics
- Slings and hitches
- Wire rope and synthetic web slings
- Attachments

## RIGGING OPERATIONS

#RI011 – DVD (24 min, 2009)

### Occupational; Language: English, Spanish

This program will show you what goes into a successful lift. It will describe the rigging plan, the steps necessary to rig a load and execute a lift, and the correct way to handle the rigging equipment when a lift has been completed. It covers:

- The rigging plan
- Equipment requirements
- Environmental factors
- Inspection
- Lift preparation and safety

## RIGGING SAFETY IN CONSTRUCTION ENVIRONMENTS

#RI004 – DVD (18 min. added 2012)

### Occupational

This video training program reminds employees that over 90% of rigging-related accidents are caused by human error... and that they are the key to preventing these incidents. Topics covered in these products include:

- Physical and mental preparation.
- Personal protective equipment.
- Equipment inspection.
- Hazard assessment.
- Slings.
- Hitches.
- Hand signals.
- Load angles.

## RIGHT TO KNOW FOR BUILDING & CONSTRUCTION COMPANIES

#RI100 – DVD (12 min. 2004)

### Occupational

This video training program gives employees the information they need to refresh their knowledge of OSHA's Hazard Communication Standard... as cost effectively as possible.

Topics covered in these products include:

- What is a 'hazardous' chemical?
- Health hazards.
- Physical hazards.
- Common types of hazardous chemicals.
- Container labels.
- Material safety data sheets.
- Personal protective equipment.
- Safe work practices.
- Storage considerations.
- Clean-up and disposal.

## RIGHT-TO-KNOW INDUSTRIAL FACILITIES

#RI007—DVD (21 min. 1996)

### Occupational

All employees have the right-to-know about hazardous substances that may be encountered in the workplace. OSHA enacted the Hazard Communication Standard to make sure workers have the information, training and equipment to work safely around hazardous chemicals. This video details chemical hazard information that is communicated to employees through Material Safety Data Sheets, container labels and the facility's written Hazard Communication Program. The classes of chemicals, terms associated with communicating hazards and protection against those hazards are also explained in the videotape program.

## SAFE DRIVING: REAL-LIFE

#SA015 – DVD (19min., 2003)

### Occupational; Language: English, Spanish

Part of the exciting Real-Life® series, this DVD teaches your employees that ATTITUDE is the key to safe driving. Zany host Tim Wright helps employees maneuver through the speed bumps in this creative and fast-paced program.

- Road rage
- Drinking and driving
- Proper vehicle maintenance
- Car jacking

## SAFE OPERATION & USE OF ALL-TERRAIN VEHICLES

#SA002—DVD (16 min. added 2012)

### Occupational

All-terrain vehicles, popularly known as ATV's or four-wheelers, were originally designed for recreation, but many companies have found their mobility and adaptability to workplace applications ideal for use on their premises. While most people think of ATV's as mere toys, they are not toys. Riders must know and understand the basic safe operating skills needed to ride them safely. ATV's can be useful around the facility, but unsafe operation can lead to serious injury or even death.

## SAFE OPERATION OF SCISSOR AND BOOM LIFTS

#SA050—DVD (19 min. 2006)

### Occupational

Elevated work platforms such as scissor and boom lifts allow us to safely perform various tasks and maintenance operations at heights that otherwise may be unreachable. While there are many different styles of lifts designed for various applications and site conditions, they all have one thing in common: the potential for serious injury or death when operated in a careless manner. Electrocution falls, crushed body parts and tip-overs are just a few examples of incidents that often result from unsafe operation. This video discusses the procedures lift operators must follow to prevent these types of incidents. Topics include factors that affect stability, pre-operational inspection, protecting against falls from platforms and safe driving procedures.

## SAFE PERFORMANCE BACKING

#SA022, SA023 – DVD (17 min, added 2013)

### Occupational

A practical, common sense approach to the skills and cautions involved in backing a vehicle. This DVD helps promote the understanding and safe use of a vehicle while backing.

## SAFE WINTER DRIVING CONSIDERATIONS

#WI100, WI200 – DVD (18 min. 2006)

### Winter Safety

This information-packed video zeros in on safety tips and techniques for handling the hazards of winter driving.

- Maintenance check, Tire check, Winter preparedness equipment
- 4-wheel drive anti-lock braking systems
- Scanning for Hazards
- Following/stopping distances
- Sharing the road with snow removal equipment
- And many more!

## SAFELY ON YOUR FEET

#FE002—DVD (12 min. 2001)

### Occupational

Every year, hundreds of thousands of people are injured in the workplace because they aren't wearing the proper footwear. The fact that we have so many foot-related injuries indicates that employees are wearing work shoes that inadequately protect them from the hazards they face on the job. Many of us tend to think more about shoes in terms of styles, but safety shoes are more than a different style. They are part of your personal protective equipment that must effectively protect your feet from hazards that you encounter in your workplace. This program stresses to viewers the importance of selecting, fitting, maintaining and wearing safety footwear to prevent painful foot and toe injuries. Topics include physiology of the foot, various types of safety footwear, selecting the proper shoe for the job and shoe inspection and maintenance.

## SAFELY SHARING THE ROAD WITH BIG TRUCKS

#SA018—DVD (11 min. 2006)

### Driving Safety

According to published reports, the car driver is the cause of up to 75 percent of all truck-related auto fatalities, and 35 percent of these occur in a truck's blind spots. For that reason, the Minnesota Trucking Association has created this instructional video on safely sharing the road with semi-trucks.

- Paying attention to a truck's blind spots.
- Don't linger when passing a large truck.
- If you can't see the driver in his/her mirror, they can't see you.
- Allow for plenty of room when merging around a large truck.
- Don't get distracted when driving.

## SAFETY AUDITS

#SA009 – DVD (16 min. added 2012)

### Occupational

A single workplace accident can be devastating. Someone can be injured... or even killed. Property, equipment or materials can be damaged or destroyed. And work could come to a complete stand-still. All of these things can happen if efforts are not made to protect employees. One way to accomplish this is to conduct a safety audit. This is an examination of the work area to make sure it is as safe as possible and all potential hazards are corrected or removed. This DVD reminds employees about the goals of a safety audit, and how all workers should become involved.

## SAFETY AWARENESS: THE BERNIE INMAN STORY

#SA001 – DVD (20 min. added 2015)

### Occupational

Bernie and Sheila Inman's world was turned upside down when Bernie suffered horrific injuries at work, leaving him in a coma with a grim prognosis: no chance of meaningful recovery. After listening to Bernie and Sheila's message, viewers of this unique presentation will understand the importance of seemingly simple safety choices and decisions. Topics include complacency & shortcuts, how your choices affect others, PPE, ripple effects of an injury and reasons to work safely.

## SAFETY DATA SHEETS IN HAZWOPER ENVIRONMENTS

#SA000 – DVD (16 min. added 2015)

### Occupational

Hazardous materials and waste are a part of many work situations, and can be found in many types of facilities and job sites. It is very important for employees to know how to recognize these potentially dangerous substances, and how to handle and dispose of them properly. Topics covered in this safety video include: The importance of Safety Data Sheets, The SDS's role in the Hazard Communication Standard, The advantages of the new SDS format, The four basic questions the SDS is designed to answer, A review of the sections in the SDS.

## **SAFETY OF PEOPLE & EQUIPMENT IN THE WAREHOUSE**

**#WA001 – DVD** (10 min. added 2011)

### **Occupational**

This safety video highlights the relationship of forklift operators and other workers for their equal responsibility in providing a safe environment. Stresses the responsibility of safety for every employee, not just equipment operators.

## **SAFETY LEADERSHIP FOR EVERYONE**

**#SA100 – DVD** (23 min. 2005)

### **Occupational**

Often the only difference between a world-class safety operation and a program struggling to move beyond regulatory compliance is the courage and willingness to put safety leadership into action. In this video, safety professional Tom Harvey discusses the traits that make a good safety leader. Several true-to-life situations in the workplace are used to illustrate his points. Stressed in the program is the fact that all of us can be safety leaders no matter what job or title we hold. Topics include connecting safety messages with actions, setting examples, why safety prizes often don't work, recognizing safe actions of co-workers and employee-powered safety.

## **SAFETY'S TOP 10 CAUSES OF WORKPLACE INJURIES**

**#TP001 – DVD** (21 min. added 2011)

### **Occupational**

Topics include the prevention of the following causes of workplace injuries: workplace violence, repetitive motion injuries, body parts being caught in or crushed by equipment, motor vehicle collisions, the body being struck by objects, the body striking against objects, falls to lower levels, same-level slips and falls, overexertion and unsafe acts.

## **SAVED BY THE BELT**

**#SA101, SA102 – DVD** (8 min. 2006)

### **Occupational**

A MN/DOT release, this DVD emphasizes the importance of seat belt use. The "seat belts save lives" message is delivered by a number of MN/DOT employees who share their personal experiences, as well as by emergency responders, who see what happens when seat belts are not worn.

## **SCAFFOLDS: SAFETY AT ALL LEVELS**

**#SC004 – DVD** (16 min, added 2013)

### **Occupational**

Every year, 4,500 injuries and 50 deaths are caused by scaffolding mishaps. Be sure your workers are familiar with the OSHA requirements and that they know how to stay safe with this essential program.

- The role of the competent person
- Pre-assembly inspection
- Assembly
- Pre-shift inspection
- Safe work practices
- Fall protection

## **SECURING LOADS SAFELY**

**#SE001 – DVD** (11 min, added 2015)

### **Occupational**

This program helps employees comply with DOT regulations relating to securing loads on tractor trailers. Topics include: Different types of trucks and associated loading requirements, Load securement procedures, Number of straps needed for different loads, Working load limits. Great training to ensure you and your vehicles are not cited or placed out of service due to non-compliance issues.

## **SECURITY AWARENESS: WORK, TRAVEL & HOME**

**#SE002—DVD** (20 min. 2001)

### **Occupational / Off-the-job**

Whether we are at work, traveling or at home, maintaining awareness about security is one thing that each of us can do to make our world a little safer for everyone. The purpose of this video is to increase awareness of security issues and help viewers to understand what they can do to remain secure while at work, while traveling or at home. Topics include workplace security, employee identification and access, threats of workplace violence and harmful materials in mail and shipments. Security for hotel guests, security while driving, airport security and security in the home are also covered in the program.

## **SEEING THE POWER OF ELECTRICITY**

**#SE005 – DVD** (15 min, added 2013)

### **Occupational**

- How electrical power line fuses work
- How to prevent contact with buried power cables
- How conductors can create path to ground
- What to do when encountering downed power lines
- PPE use

## **SEVERE WEATHER ALERT: ARE YOU PREPARED?**

**#SV003, #SV004 #SV008 —DVD** (15 min. 2003)

### **Off-the-job**

Would you know what to do if a severe weather event occurred in your area? Severe weather can happen anywhere at any time. You must be prepared, because you often have to respond with little or no notice. This program offers some facts; tips and warnings that can help you survive serious weather emergencies. Topics include severe weather watches and warnings, hazards posed by thunderstorms, flooding and moving water, being prepared for tornadoes, emergency response plans and precautions to take once a storm has passed.

## **SEXUAL HARASSMENT: A COMMONSENSE APPROACH (EMPLOYEE)**

**#SH003 – DVD** (25 min, added 2015)

### **Occupational**

This dramatic sexual harassment training video is designed to help your employees with both the gray areas and the obvious. Viewers will see realistic scenes that are clearly sexual harassment, and others that are probably just lapses in good judgment. Viewers will learn how to recognize sexual harassment, how to respond appropriately, and how to behave in compliance with the law and your company's sexual harassment policy.

## **SHORING SAFELY**

**#SH000 – DVD** (15 min, added 2013)

### **Occupational**

Instruction on locating utility lines, surface encumbrances, proper placement of filling, avoiding undermining, personnel safety, and installing shoring.

## **SLIPS AND FALLS**

**#SL000 – DVD** (12 min, added 2015)

### **Occupational**

Punctuated with the just the right amount of humor and realistic accident re-enactments this video covers hazards ranging from housekeeping practices to ladder use. It delivers important procedural information in an attention keeping "attitude" framework. Appropriate for a wide variety of work settings.

## **SMALL FALLS ARE A BIG DEAL**

**#SM003—DVD** (21 min. 2006)

### **Occupational**

In this video, Martin Lesperance recalls stories of fall injuries he has attended as a firefighter and EMT to make the point that small falls can be a big deal. Some of the worst fall injuries don't always involve someone plummeting from a high place such as a 100-foot chemical tank; they result from simple incidents like a trip over an unsecured rug or a slip on a slippery substance. While these types of falls rarely make the evening news, they can result in broken bones, skull fractures and other disabling conditions. Topics include the importance of wearing proper footwear, recognizing and controlling slip and trip hazards, transitional areas and changing walking surface conditions, correcting fall hazards, situational awareness and moving from one level to another.

## **SMALL VEHICLE: OUTSIDE THE BOX**

**#OU001, OU002 – DVD** (27 min, 2005)

### **Occupational**

Drivers who know how to place their vehicles in traffic to maximize their space, their visibility and the time they have to make critical driving decisions have a tremendous safety advantage. Show drivers how to develop these essential driving skills.

## **SNOWPLOW SAFETY: ON THE ROAD**

**#SN002 – DVD** (23 min. 2006)

### **Winter Safety**

Many snowplow training videos focus on the mechanics of operating different kinds of plows-use of an auger, spreader rates, when to plow, etc. or on how to drive a truck, but few of them deal with collision issues...until this video. Ideal for training newly hired snowplow operators or as a refresher for experienced operators. Topics covered: Equipment inspection, Positioning of the truck, Scanning, mirror use and defensive driving techniques.

## **STAIRWAY AND LADDER SAFETY IN THE CONSTRUCTION INDUSTRY**

**#SU005 – DVD** (17 min. added 2012)

### **Occupational**

Focuses on construction industry ladder and stairway safety issues.

## **STAIRWAYS AND LADDERS: THE FIRST STEP**

**#ST008 – DVD** (22min., 2007)

### **Occupational; Language: English, Spanish, Portuguese**

Before your employees step on that stairway or ladder, they must review the crucial safety precautions in this program. They must understand why these stairway and ladder accidents occur and what they can do to prevent them: Identifying stairway hazards, Preventing stairway hazards, Ladder selection, Climbing fixed ladders, Proper ladder use, Real-Life Situations

## **STORMWATER POLLUTION AWARENESS**

**#ST000 – DVD** (13 min. added 2015)

### **Occupational**

Pollution spread by contaminated stormwater is a real problem and the purpose of this program is to provide workers with a basic understanding of the company's Stormwater Pollution Prevention Plan. Also stressed is the point that all employees should be familiar with their responsibilities in controlling stormwater pollution and responding to leaks and spills of potential pollutants.

## **SUPPORTED SCAFFOLDING SAFETY IN CONSTRUCTION ENVIRONMENTS**

**#SC011 – DVD** (17 min, added 2015)

### **Occupational**

For many people, getting to their jobs means driving a car or hopping on a bus or train. But for construction workers, getting to their jobs involves climbing onto a scaffold to work on a building or other structure. This video training program gives employees the information they need to refresh their understanding of the dangers of working with scaffolds, and how these risks can be minimized by knowing the ways to correctly erect, maintain and use scaffolding equipment. Topics covered in these products include: Responsibilities of a "scaffold expert", Creating a level and firm foundation, OSHAs maximum intended load, Scaffolding assembly, Platform hazards, The danger of power lines, and more!

## **SUPPORTED SCAFFOLDING SAFETY**

**#SC010 – DVD** (23 min. 2001)

### **Occupational**

While scaffolds make our jobs easier, we must know how to use them correctly to prevent serious accidents. In fact, an estimated 10,000 scaffold-related accidents occur each year. Employees who use scaffolding can prevent these accidents by using their required training and following safe work practices. This video focuses on supported scaffolds and the safety and training regulations developed by OSHA for working with them. Topics include designated access areas, protection against falling objects, use of fall protection, scaffold construction procedures, installing scaffold platforms and overhead scaffold hazards.

## **SURVIVING THE FALL**

**#SU002 – DVD** (20 min. added 2015)

### **Occupational**

Falling just a short distance can generate huge forces and cause injury, even if you don't hit the ground. The proper use of fall protection equipment reduces these forces and prevents injuries. In this program, viewers will see fall protection equipment deployed in actual fall events and learn the proper selection and use of these devices. In addition to safe work practices, such as 100 percent tie-off techniques, emphasis is placed on having a rescue plan in place should a fall occur.

## **TAKE TIME FOR SAFETY**

**#TK000 – DVD** (16 min. added 2011)

### **Occupational**

In this program, workers learn the very real hazards associated with rushing and being in a hurry. Through various examples, viewers will learn to recognize the symptoms of becoming rushed, why "hurried working" is so dangerous and what steps they can take to stay safe. The program also makes the point that being in a hurry is not the real cause of incidents and injuries, but rather a symptom of poor planning, poor choices and poor time-management—all of which can be prevented by proper preparation and organization.

## **TELEHANDLERS: SAFE OPERATION**

**#TE001 – DVD** (12 min. added 2015)

### **Occupational**

The Telehandler is a versatile piece of equipment found on most every job site. These unique machines can lift up to 10,000 loads and extend outwards 30 to 40 feet. Because of the size and power of this machine the safety and training of for this equipment is very important.

## **TORNADOS: BE PREPARED**

**#TO000 – DVD** (15 min, added 2013)

### **Occupational**

Help employees become prepared for the uncontrollable power of tornadoes. This program helps employees understand the importance of taking lifesaving precautions and following proper procedures, including tornado alerts, safe versus unsafe locations, following your company's emergency plan, and safety in vehicles and at home.

## **TRACTOR SAFETY**

**#TR001 – DVD** (15 min, added 2015)

### **Occupational**

This program provides tractor operators with "safety basics", including vehicle operation, pedestrian safety, safe tractor operation, machine guarding, and pre-inspection checklists.

## **TRAFFIC CONTROL THROUGH WORK ZONES**

**#TR000 – DVD** (17 min, added 2013)

### **Occupational**

This video shows how to safely set up traffic control for short-term jobs. Clear and simple demonstrations explain step-by-step installation of five traffic control areas, including:

- basic flagging techniques
- determining safe taper lengths
- do's and don'ts of flashing arrow signs
- detailed safe work practices

## **TRENCHING & EXCAVATION: THE SCOTT MAE STORY**

**#TR100, TR200 – DVD** (22 min. 2009)

### **Occupational**

Construction Safety Professional Bob Synnett returns to discuss the safety rules for trenching operations and when they apply as well as to share the lessons learned from the story of Scott May, a young worker who was killed in a tragic excavation accident.

## **TRENCHING & SHORING SAFETY – CAVE IN!**

**#TR012 – DVD** (18min., 2005)

### **Occupational; Language: English, Spanish, Portuguese**

Help give your workers a deep understanding of trench hazards and an even deeper know-how to prevent cave-ins with this best-selling training program. It supports your compliance efforts concerning OSHA 1926.650-652 and describes practical facts on: Grain size and saturation, Cohesion and soil testing, Protective systems.

## **USING FIRE EXTINGUISHERS**

**#US016 – DVD** (19 min. 2005)

### **Occupational**

Among all the safety problems an employee can encounter, fire can be the most frightening. Every year fires cause hundreds of millions of dollars in damage and result in hundreds of employee injuries, a number of which are fatal. Yet many of these catastrophes could have been prevented, if the fire had been extinguished before it started to spread.

## **VACATION SAETY: PLAY IT SAFE**

**#VA001 – DVD** (15min., 2006)

### **Occupational; Language: English, Spanish**

Vacations are fun, but if they are not planned with safety in mind, they can end up in disaster. But with some sensible tips, you and your employees can rest, relax and indulge even more as you savor the outdoors.

- Securing your home
- Planning a safe car trip
- What to watch out for at airports
- Personal safety

## **VIOLENCE ON THE JOB**

**#VI001, VI002 – DVD** (27 min. 2004)

### **Occupational**

This DVD discusses practical measures for identifying risk factors for violence at work and taking strategic action to keep employees safe. Includes a violence on the job case study, as well as additional recommendations for taxi and delivery drivers, and late-night retail establishments.

## **WALKING AND WORKING SURFACES: WATCH YOUR STEP!**

**#WA003 – DVD** (18min., 2009)

### **Occupational**

Walking and working on surfaces can be a rough experience, as slips, trips and falls can occur anytime. But through this important program, you can polish your safety standards on various walking and working surfaces. This program also helps you comply with OSHA's proposed 1910 Subpart I.

- Ramps
- Scaffolds
- Platforms

## **WELDING: HI-IMPACT**

**#WE000 – DVD** (19 min, added 2013)

### **Occupational**

This powerful program uses six accident re-creations to remind viewers that welding and cutting operations are inherently dangerous and that workers who weld must follow all safety rules to protect themselves from serious injury or death. The video also illustrates positive welding and cutting safety points on a variety of topics, including gas welding, arc welding, fire prevention, handling/storage of gas cylinders, confined space work and personal protective equipment.

## **WHAT WOULD YOU SAY?**

**#WH100 – DVD** (15 min. 2009)

### **Occupational**

Features three potentially hazardous workplace incidents in which workers confront each other about the hazards. In each incident, examples of poor communication are demonstrated. Then examples of effective and positive communication techniques are demonstrated. Techniques that we can all use, on the job and off.

## **WHY DO WE DRIVE THE WAY WE DO?**

**#DR101 – DVD** (13 min. 2005)

### **Driving Safety**

This program is designed to help you conduct a training session to ensure that employees recognize that they are professional drivers and need to operate vehicles with professional attitudes and professional defensive-driving skills. Upon completion of the program, participants will be able to:

- Recognize that they are professional drivers.
- Make driving decisions from a professional point of view.
- Identify the driving risks they take and the rewards they expect to get by taking those risks.
- Understand that unsafe driving can result from both action and inaction.
- Recognize the conscious and unconscious risks they take.
- Avoid accidents by using defensive-driving skills.

## **WINTER DRIVING: WHEN RULES CHANGE**

**#WI008, WI009—DVD** (15 min. 2006)

### **Occupational**

This attention grabbing video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around.

The video also addresses:

- Vehicle preparation for winter
- Adjusting schedules for winter driving conditions
- Maintaining good visibility
- Winter driving techniques, including intersections, cornering, skid control, braking and slowing down
- Winter survival supplies and techniques

## **WINTER SAFETY**

**#WI001 – DVD** (15 min, added 2013)

### **Occupational**

"Winter Safety" show employees how to plan ahead, look for potential hazards and avoid dangerous situations that occur during the winter holiday season. Topics covered include:

- Surviving in the Cold.
- Driving in winter weather.
- Holiday decorations.
- Celebrating the season safely.

## **WINTER WALKING: STAYING ON YOUR FEET**

**#WI010 – DVD** (10 min. added 2014)

### **Off-the-job**

This safety video helps the viewer understand the need to adjust our walking behavior and techniques when the snow begins to fall. Viewers will learn: Why we need to adjust our walking techniques in winter, winter hazards to be alert for, walking techniques for winter conditions, procedures for staying on your feet and techniques to minimize the effects of a fall.

## **WORKING SAFELY IN COLD WEATHER**

**#WO014 – DVD** (15 min, added 2014)

### **Occupational**

Working safely in cold weather requires more than just the right clothing. This presentation provides viewers with detailed information on how to safely work in cold weather conditions. It will explain how the systems of the body work in cold conditions, how to spot frostbite and other cold-related illness, as well as how to properly dress and work in the cold months. Prevention is emphasized as viewers are shown signs of distress to look for in themselves and co-workers and how to safely handle such situations.



## **WORKING SAFELY IN HOT ENVIRONMENTS**

**#WK004—DVD** (15 min. 2005)

### **Occupational**

This program shows viewers how to prevent and respond to various heat-related problems by using prevention techniques; how to recognize the signs and symptoms of heat stress; and, what first aid procedures to administer when assisting victims of specific heat-related illnesses. Featured are several heat-related illness scenarios that illustrate the importance of staying alert, using good judgment and knowing the warning signs of heat stress when working in hot environments.

## **WORKING SAFELY IN THE OFFICE**

**#WK005—DVD** (13 min. 2003)

### **Occupational**

Office employees frequently feel that because they don't work out on a plant floor, safety isn't important to their jobs. This program makes viewers aware of the safety problems that can occur in an office environment and what can be done to address these problems. Topics include slip, trip and fall hazards, office chairs and other furnishings, hazards of office equipment, controlling sources of eyestrain and the importance of proper body position. Hazardous chemicals, safe lifting techniques, office security and fire safety are also covered in the video.

## **WORKING SAFELY WITH HAND AND POWER TOOLS**

**#WK006—DVD** (17 min. 2004)

### **Occupational**

Hand and power tools have become so common in the daily performance of our jobs that we often become complacent about their dangers. Use this video to emphasize the importance of having a good safety attitude and exercising good judgment while using hand and power tools. Topics include: safe use of wrenches, pliers, screwdrivers and striking tools; using drills and power saws safely; guarding and grounding of power tools; and unique hazards of battery-operated tools.

## **WORKING WITH STRESS**

**#WO013 – DVD** (17 min. 2002)

### **Occupational**

This program, designed for employers, human resource managers and safety and health professionals, summarizes current information about the causes, symptoms, and prevalence of work-related stress. Also described are workplace factors that can create or contribute to worker stress. Case studies are used to illustrate strategies that have been used by small and large employers to reduce stress in the workplace.

## **WORKPLACE HARASSMENT IN INDUSTRIAL FACILITIES**

**#WK001 – DVD** (17 min. added 2015)

### **Occupational**

When people hear the word "harassment" they usually think of sexually-related activity. But harassment encompasses a wide range of behavior... from practical jokes to intimidation. It can also include threats, verbal abuse and discrimination, even stalking and assault and anyone can be subject to it.

## ACCIDENT INVESTIGATION

#AC001 – VHS (21 min. 1993)

### Occupational

Your employees will learn recognized, complete accident investigation techniques. These topics are presented:

- Securing the accident area to preserve critical evidence
- Interviewing witnesses and putting them at ease
- Sketching the accident scene for later analysis
- Sampling the materials found at the scene
- Preserving the "chain of custody" of materials found at the scene
- Determining the cause(s) of the accident

## ACCIDENT INVESTIGATION

#AC007 – VHS (8 min. 1993)

### Occupational

- Importance of fact-finding, not fault finding
- Unsafe acts or conditions as cause
- Equipment, environment, personnel and/or management as causes
- Recording fragile evidence
- Interviewing witnesses

## ACCIDENT INVESTIGATION: DETERMINING ROOT CAUSES

#AC011 – VHS (22 min. 1998)

### Occupational

This World Safety Award winner takes you through investigation procedures to discover the true causes of accidents, corrective actions and elimination of occurrences.

- Taking immediate action
- Gathering informational and physical evidence
- Interviewing witnesses and analyzing information
- Determining actual causes

## ACCIDENTS: IT CAN'T HAPPEN TO ME

#AC003 – VHS (10 min. 1994)

### Occupational

Are your employees aware that human life is fragile? Remind them bad luck plays no part in accidents—they can be controlled and prevented! Real-life examples will encourage personal responsibility for safety:

- Behaviors that cause accidents
- Purpose of accident investigation
- Safety attitudes and practices, including safe lifting

## AERIAL LIFT

#AE001 – VHS (13 min. 1994)

### Occupational

Training for all employees who operate or work around aerial lifts. Complies with OSHA's 1910.67 and ANSI A92.6 regulations. Live-action footage includes aerial lifts in chemical and manufacturing facilities, refineries, municipalities and other industries.

## AERIAL LIFT SAFETY

#AE002 – VHS (13 min. 1998)

### Occupational

This program is for all employees who operate or work around aerial lifts. Attention-grabbing incidents and real-life situations were filmed in chemical and manufacturing facilities, refineries and municipalities.

- Pre-operation inspection
- Preparing the work site
- Vehicle stabilization and traveling
- Safe work practices on platforms
- Working near electrical lines

## ANATOMY OF AN ACCIDENT

#AN004 – VHS (16 min. 1995)

### Occupational

This video-based safety training awareness program gets your employees thinking and actively involved in safety. Innovative and dramatic, this video presents two major goals for training participants to prevent accidents—awareness and employee involvement.

## ANATOMY OF A WINTER STORM

#AN005 – VHS (15 min. 1991)

### Occupational, Off-the-Job

MN/DOT shows how to share the road with snow plows.

## AS IT SHOULD BE DONE

#AS001, #AS004 – VHS (24 min. 1992)

### Occupational

The first portion of this video explains the requirements of the OSHA bloodborne pathogen standard and discusses how AIDS and Hepatitis B can be transmitted and how to protect yourself. The second portion shows public safety officers, first responders and healthcare providers in actual tasks involving potential exposure to blood and the proper procedures to be followed in such situations.

## ASBESTOS AWARENESS

#AS008 – VHS (6 min. 1990)

### Occupational

This concise video trains employees to respect the seriousness of asbestos in varying industries. Covers identification and uses of asbestos, where it is found, why it is hazardous to your health, and proper protective measures.

## **ASBESTOS AWARENESS**

**#AS003 – VHS** (19 min. 1995)

### **Occupational**

This program explains what asbestos is, where it can be found, how to avoid its hazards and what requirements suggest.

## **ASBESTOS AWARENESS IN THE WORKPLACE**

**#AS005 – VHS** (13 min. 1996)

### **Occupational**

Provides an essential overview of the precautions employees need to work safely around asbestos. Participants get an overview of the hazards of asbestos and how they can protect themselves from exposure.

## **AVIAN FLU: THE FACTS**

**#AV004 – VHS** (12 min. 2006)

### **Occupational**

Avian flu is an increasingly discussed topic among the media and medical associations such as the CDC (Center for Disease Control). The threat of a global epidemic is very real as the virus is transferred from birds to humans. This film will help raise awareness in your workplace and give your associates the tools they need to act in a calm, confident manner in the event of a potential outbreak.

## **AVOIDING BACK PAIN**

**#AV005 – VHS** (24 min. 1994)

### **Occupational**

This program takes the viewer out into the field, for work on utilities, maintenance and construction. Includes testimonials from workers whose lives have been changed by back injuries, demonstrates principles of ergonomics and body mechanics and shows specific techniques and work practices.

## **AVOIDING COLLISIONS**

**#AV001, #AV002 – VHS** (16 min. 1992)

### **Driving Safety**

Challenges teenagers to reevaluate their driving habits by examining four areas of concern that are key to survival in these high-risk driving years: speeding, night driving, safety belt use, and drinking and driving.

## **AVOIDING ELECTRICAL HAZARDS**

**#AV003 – VHS** (19 min. 1990)

### **Occupational**

This video program teaches workers how to work safely with and around electricity. It can be used for new employee orientation or as a general refresher.

- Keeping your environment safe
- Personal protection
- Safe work procedures
- Working on energized circuits
- Working near equipment and lines
- Lockout/tagout

## **B-A-C-K**

**#BA003-English, #BA010-Spanish – VHS** (19 min. 1995)

### **Occupational**

- How the back works
- Lifting safely
  - Balance
  - Alignment
  - Close to the body
  - Knees
- Special dangers

## **BACK AT WORK**

**#BA002 – VHS** (16 min. 1994)

### **Occupational**

Dramatized to emphasize importance of lifestyle.

- Proper lifting procedures
- Consequences of short cuts
- Posture
- Exercise / Physical fitness

## **BACK IN STEP: ROAD TO RECOVERY FROM BACK PAIN**

**#BA019 – VHS** (50 min. 1995)

### **Occupational**

*Back in Step* is a motivational and innovative program created to help people recovering from back problems make it through the day. The video helps injured workers recognize their role in the recovery process and how participation in daily activities can complement or inhibit recovery. This unique video can be easily divided into segments and used as a resource throughout the entire recovery process.

## **BACK INJURY PREVENTION**

**#BA009 – VHS** (10 min. 1996)

### **Occupational, Off-the-Job**

Help employees prevent degeneration of back disks, the cause of 70% of all back pain. Important information about everyday movements pertains to both work and home:

- Structure of the back and range of motion
- Mechanics of back injuries
- Encouragement for good posture and exercise
- Lifting principles: lever principle, grip, awkward positions
- Positive attitude towards safety

## **BACK INJURY PREVENTION—SAFE LIFTING**

**#BA020 English, #BA021 Spanish – VHS** (9 min. 2001)

### **Occupational**

- Briefly explains potential hazards associated with improper lifting
- Detailed explanation of proper lifting techniques
- Excellent for retraining employees with previous back injuries

## **BACK INJURY PREVENTION: YOU'RE IN CONTROL**

**#BK016 – VHS** (16 min. 1999)

### **Occupational**

This program teaches your employees how and why back injuries occur, and what they can do to keep from being injured. Attention-grabbing animation clearly explains how the back works and why following correct lifting and carrying guidelines is so important. Real-life demonstrations of correct and incorrect lifting and bending give your employees examples they can relate to. Correct posture, stretching and other back injury preventive measures are included as well.

## **BACK PROTECTION: DEFENDING YOUR SAFETY ZONE**

**#BA014, #BA015** (18 min. 1997)

### **Occupational**

Eight out of ten Americans will seek medical attention for a back problem sometime in their lives. That's a scary statistic! This dynamic, sports-themed trainers' toolkit compares the physical rigors workers may face on the job to the physical challenges of many professional athletes, always stressing the right techniques for back safety.

- Defending your safety zone
- Safe lifting
- Posture
- Exercise
- Back injuries and prevention

## **BACK SAFETY: ERGONOMIC CONNECTION**

**#BA005** (13 min. 1992)

### **Occupational**

After a brief discussion on the anatomy of the back and how it works, this video demonstrates and explains the importance of proper lifting techniques. Maintaining fitness and ergonomic considerations are emphasized.

## **BACK-WISE**

**#BA001** (19 min. 1993)

### **Occupational, Off-the-Job**

This video gives an overview of the anatomy of the back, simple ergonomic principles and exercises to prevent injuries.

## **BACKING SAFELY**

**#BA007, #BA008 – VHS** (12 min. 1995)

### **Driving Safety**

Backing is the cause of a disproportionate number of collisions.

- Tips to avoid backing
- Specific steps for a safe back-up
- Backing with a helper
- Backing with a trailer

## **BASIC FIRST AID**

**#BA018** (12 min. 1994)

### **Occupational**

Train staff to respond quickly to injuries. Covers initial workplace treatments for:

- Cuts, burns, strains, sprains, fractures
- Shock and heat sickness
- Heart attack, including CPR motivation

## **BASIC FORKLIFT PRINCIPLES**

**#FO011 – VHS** (14 min. 1991-*Spanish*)

**#BA012 – VHS** (14 min. 1991-*English*)

### **Occupational**

Using a forklift can be dangerous to operators, those around them and valuable cargo. This in-depth video program helps employees drive forklifts safely and work safely around them.

- Why training is necessary
- Types of forklifts and their uses
- The lifting principle

## **BATTERY CHARGING SAFETY**

**#BA017 – VHS** (10 min. 1994)

### **Occupational**

Charging batteries is a potential hazard for many forklift, stacker and pallet jack users. Learn more about:

- Use of personal protective equipment
- Battery fluids hazards and exposure procedures
- Avoiding electrical hazards
- Moving batteries
- Safe charging, maintenance and storage

## **BATTERY JUMP STARTING AND CHARGING**

**#BT001 – VHS** (4:30 min. 1999)

### **Occupational**

This is a refresher film touching on: battery inspection, safety procedures and appropriate personal protective equipment.

## **BEAT THE HEAT: PREVENTING AND TREATING HEAT DISORDERS**

**#BE002 – VHS** (17 min. 1995)

### **Occupational**

Although heat stress sounds like a minor inconvenience, for those workers who must perform their jobs in the heat, the reality is it can cause bodily illness or injury, worksite accidents, and even death.

- Thermo-regulation of the body
- Importance of replenishing fluids
- Prevention and treatment

## THE BLINDFOLD EFFECT

#BL002 – VHS (17 min. 1997)

### Driving Safety

This interactive video features three unforgettable crashes any of us could experience. At pause points, viewers will identify the factors they feel contributed to each crash. Then, practical techniques to help us prevent these collisions are explained.

## BLOODBORNE PATHOGENS 2000

#BL000 & #BL004-English, #BL003-Spanish  
– VHS (18 min. 1999)

### Occupational

Designed for all employees regardless of their job. Topics include:

- HIV, HCV and Hepatitis B
- Transmission methods
- Personal protection

This video contains information about bloodborne pathogens and steps that can be taken to help reduce exposure.

## BLOODBORNE PATHOGENS IN THE WORKPLACE

#BL020 English, #BL021 Spanish – VHS (9 min. 2001)

### Occupational

- Describes common types of bloodborne diseases
- Basic education of how to treat minor blood injuries
- Informs employees about cleanup procedures

## BLOODBORNE PATHOGENS IN THE WORKPLACE

#BL011 – VHS (20 min. 1989)

### Occupational

This videotape education program is part of a comprehensive series created to meet employee training requirements of specific OSHA regulations. This series includes programs on the following regulations:

- Right-to-know (hazard communication standard)
- Lock-out/tag-out
- The laboratory standard
- The bloodborne pathogens standard

## BLOODBORNE PATHOGENS: PROTECT YOURSELF

#BL001 – VHS (15 min. 1992)

### Occupational

Designed for all employees in your organization, this video program covers basic bloodborne pathogens precautions. It explains vital first-aid safeguards and is invaluable for first-on-the-scene workers who may find themselves at the scene of a bloody accident.

- Designed for all employees
- Explains HBV, HIV and AIDS
- First-aid precautions
- Decontamination procedures
- Housekeeping

## BOAT AND WATER SAFETY

#BO001 – VHS (39 min. 1997)

### Off-the-job

This video produced by the Minnesota DNR discusses the causes of boating accidents, what to do if they occur and how to prevent them. Also discusses boat and water safety rules and tips.

## BURNS: RESTAURANT INDUSTRY

#BU003 – VHS (10 min. 1991)

### Occupational

The restaurant industry is full of potential burn hazards. In this film see how easily a burn can happen and how you can prevent it.

## THE CARE AND USE OF AIR PURIFYING RESPIRATORS

#CA004 – VHS (13 min. 1998)

### Occupational

This program will give employees a better understanding of the correct way to use and maintain an air-purifying respirator. It examines fit testing; explains filter and cartridge selection; describes the inspection that should occur before a respirator is worn; explains how to don the respirator and perform the positive and negative face piece seal checks; summarizes some precautions for safe respirator use; and describes the cleaning, inspection and storage requirements for air-purifying respirators.

## CHAIN SAW OPERATIONS

#CH003 – VHS (4:20 min. 1999)

### Occupational

Brief refresher on equipment inspection, appropriate PPE while operating and general procedures.

## CHAIN SAW SAFETY

#CH002 – VHS (105 min. 1985)

### Occupational, Off-the-Job

This two-part video, presented in a classroom setting, covers (1) safe saw operation and safety equipment and (2) chainsaw and felling techniques. Health aspects such as vibration and safety features to look for when purchasing a chain saw are also discussed.

## CHAIN SAW SAFETY

#CH018 – VHS (13 min. 1995)

### Occupational, Off-the-Job

Chain saws can be extremely dangerous if safety is forgotten even for a moment. Increase awareness and reduce unsafe acts. Includes:

- Injuries resulting from improper use
- Tips for starting and refueling
- Proper clothing & Safe undercuts
- Felling and bucking

## **CHAIN SAW SAFETY-IDEA**

**#CH001 – VHS** (15 min. 1991)

### **Occupational, Off-the-Job**

This video shows how to safeguard against disabling injuries, combining interviews with industry professionals with how-to demonstrations.

## **CHEMICAL HANDLING**

**#CH014 – VHS** (16 min. 1992)

### **Occupational**

This video includes a general overview and safety procedures for flammables, corrosives and solvents. This video also can be used to help satisfy training requirements of the Hazard Communication Standard.

## **CHEMICAL HAZARDS**

**#CH011 – VHS** (10 min. 1995)

### **Occupational**

This video promotes chemical safety. Phenol-chloroform extraction and ethanol precipitation are used to demonstrate the safety principles that apply to working with many of the hazardous chemicals found in the modern biology laboratory.

## **CHEMICAL HYGIENE IN THE LABORATORY: KEEPING YOU SAFE AND HEALTHY**

**#KE002 – VHS** (24 min. 1990)

### **Occupational**

Main topics covered:

- Ways to avoid/minimize chemical exposure
- Routes of exposure
- Methods of personal protection
- Types of protective equipment and clothing
- General common sense rules
- When prior approval is needed
- Steps to take when there is an accident

## **CHEMICAL HYGIENE PLAN: PUTTING IT ALL TOGETHER**

**#PU001 – VHS** (17 min. 1990)

### **Occupational**

Main topics covered:

- Requirements of the chemical hygiene plan
- Eight main elements of the plan
- Types of engineering controls
- When prior approval is suggested
- Medical consultation requirements

## **CHEMICAL HYGIENE STANDARD: WHAT IT MEANS TO YOU**

**#WH020 – VHS** (12 min. 1990)

### **Occupational**

Main topics covered:

- Who is covered by the chemical hygiene standard
- What the chemical hygiene plan must cover
- Control measures
- Information requirements
- Required training

## **CHEMICAL LABORATORY SAFETY**

**#CH016 – VHS** (12 min. 1990)

### **Occupational**

Takes a common sense approach to laboratory safety and health. Covers proper handling of equipment and glassware, labeling of lab samples, proper chemical handling, and personal hygiene.

## **CHLORINE SAFETY**

**#CH019 – VHS** (5 min. 1995)

### **Occupational**

This short program explains the benefits and hazards of chlorine. It covers safe procedures for handling, storing and working with chlorine.

## **CITY DRIVING**

**#CI015 – VHS** (17 min. 1990)

### **Driving Safety**

Teaches professional truck drivers how to handle the special hazards of city driving. Designed for straight truck and tractor-trailer drivers. Covers turns and intersections, traffic congestion, hazard analysis, customer service, and security.

## **CLOSE CALLS—THE WAKEUP CALL**

**#CL001, #CL002 – VHS** (14 min. 1995)

### **Occupational**

Every close call carries an important message: there is a potential for a serious accident. Take time to solve the problem before an injury occurs.

## **CONFINED SPACE ENTRY**

**#CO025 English, #CO026 Spanish – VHS** (11 min. 2001)

### **Occupational**

- Rules and regulations for entry
- Emergency procedures

## **CONFINED SPACE ENTRY**

**#CO010, #CO011 – VHS** (19 min. 1997)

### **Occupational**

Provide concise 1910.146 training and discourage risk-taking in dangerous confined spaces. Ensure professional attitudes and avoid disasters.

- Preventing rescuers from becoming victims as well
- Definition of confined space, surprising examples
- Confined space hazards: oxygen rich and deficient atmospheres, flammable/explosive gases, toxic gases/vapors, engulfment and configuration hazards
- Confined space instruments, equipment and testing: trained personnel and calibrated testers
- Permit vs. non-permit spaces
- Supervisor/observer and rescuer responsibilities
- Complete procedures and safety tips

## **CONFINED SPACE ENTRY: A SURVIVAL GUIDE I**

**#CO030 – VHS** (22 min. 1993)

### **Occupational**

Covers what a confined space is; when a permit is required; toxic atmospheres; physical hazards; ventilation; personal protective equipment and emergency procedure/evacuations.

## **CONFINED SPACE ENTRY: A SURVIVAL GUIDE II**

**#CO031 – VHS** (11 min. 1993)

### **Occupational**

Looks at the key job responsibilities of the attendant during a confined space procedure: communication, monitoring, handling unauthorized people in the area, and what to do in case of emergencies.

## **CONFINED SPACE ENTRY: THE FINAL REGULATION**

**#CO014 – VHS** (20 min. 1992)

### **Occupational**

Provides required training:

- Roles and responsibilities: entry supervisors, attendants
- Creating and handling permits
- Identifying permit spaces
- Types of hazards
- Safety equipment
- Entering confined spaces
- Dealing with emergencies

## **CONFINED SPACE ENTRY: OUT IN THE OPEN**

**#CO020 – VHS** (18 min. 1990)

### **Occupational**

This video covers the hazards, permits, entry procedures, equipment, monitoring steps and rescue considerations necessary to safely perform an entry.

## **CONFINED SPACE ENTRY: PERMIT REQUIRED**

**#CO016, #CO018 – VHS** (21 min. 1991)

### **Occupational**

This video follows the OSHA standard (1910.146) to help protect employees from the dangers of working within permit spaces.

## **CONTRACTOR SAFETY**

**#CO005 – VHS** (20 min. 1992)

### **Occupational**

This video will help train all workers on specific safety regulations and could help your organization avoid catastrophic accidents. Includes:

- Slips, trips and falls
- Fire
- Confined space entry
- Hotwork
- Trenching and shoring
- Lockout/tagout
- Chemical process safety

## **CRANE AND SLING SAFETY**

**#CR005 – VHS** (19 min. 1992)

### **Occupational**

Demonstrates proper techniques for safe use of cranes and slings, and daily inspection procedures.

## **CRANES, CHAINS, SLINGS AND HOISTS SAFETY**

**#CR007 English, #CR008 Spanish – VHS** (12 min. 2001)

### **Occupational**

- General equipment descriptions
- Detailed description of employee safety

## **DANGER IF YOU DON'T**

**#DA016, #DA017 – VHS** (12 min. 1991)

### **Occupational**

This video takes employees through a sequence of actions required to comply with the lockout/tagout standard. These steps include preparation for shutdown, isolation, application of the lock and/or tag, release of stored energy, testing, and re-starting after the work is complete.

## **DECON (DECONTAMINATION)**

#DE002 – VHS (17 min. 1992)

### **Occupational**

*Decon* provides an explanation and step-by-step demonstration of the accepted principles and procedures for decontamination. It shows how to limit the spread of contaminants, illustrates decon protocol for various levels of personal protective equipment, demonstrates decontamination tools, shows what to do with reusable items, examines contamination reduction zones and explores the application of decon principles to large and small work areas. Presented for all to see the contamination substance, viewers watch as one careless worker goes from work to home and his family, contaminating everything in his path and causing a chain reaction of contamination.

## **DEFENSIVE DRIVING: PREPARED FOR THE WORST**

#DE004 – VHS (18 min. 1996)

### **Driving Safety**

In this video we cover the conditions which can create hazardous driving, including:

- Fog
- Snow and ice
- Rain
- Night driving
- Breakdowns
- Additional hazards
- Personal security

## **DEFENSIVE DRIVING TACTICS**

#DE003 – VHS (16 min. 1993)

### **Driving Safety**

This program explains that defensive drivers are always aware of traffic conditions, vehicles and pedestrians. Aggressive drivers are shown to be hurried, distracted and overconfident. Their behavior puts themselves and others at risk. Other types of drivers to watch out for are portrayed as well: inattentive drivers, fatigued drivers and most dangerous of all—drivers under the influence of alcohol or drugs.

## **DIG SAFELY**

#DI011 – VHS (8 min. 2000)

### **Construction Safety**

This video discusses the steps to prevent damage to underground utilities when digging whether an excavation or home improvement. The one call notification system and uniform color code markings are explained.

## **DIGGING DANGERS VIII**

#DI018 – VHS (12 min. 1997)

### **Occupational**

*Digging Dangers VIII* shows a gripping picture of indisputable reality, and is a great video to use at your safety presentations. Viewers see the worst underground utility accidents from 1996 and learn what happened to cause the accidents. This fast-paced 12-minute video keeps the viewers' attention and sets the stage for audience interaction.

## **DIGGING DANGERS IX: FIRE, WATER AND FIBER**

#DI019 – VHS (8 min. 1998)

### **Occupational**

From the files of *Underground Focus* magazine, this program informs the viewer of the consequences of breaking underground gas lines, water mains and fiber optic cables.

## **DISASTER PREPAREDNESS**

#DP001 – VHS (20 min. 2001)

### **Occupational**

Disaster strikes unexpectedly. Is your company ready? This film was put out after the attacks on September 11th, 2001.

Topics covered:

- Emergency action plans
- Fire drills
- Package bombs

## **DISTRACTED DRIVING: AT WHAT COST**

#DE000—VHS (16 min. 2006)

### **Driving Safety**

The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.

## **DOG BITE SAFETY**

#DO001 – VHS (14 min. 2005)

### **Occupational**

Understanding what situations lead to a dog attack can help employees avoid becoming a victim. If your employees come into regular contact with dogs, they must be able to recognize when they are in danger of an attack. Knowing what actions to take—and not to take—can mean the difference between their safety and serious injury. This video combines humor with live animal footage to teach employees positive ways to avoid dog bites while on the job. Most dog bites can be avoided by simply reading the situation and understanding dog behavior.



## **DON'T FALL DOWN ON THE JOB: PREVENTING SLIPS, TRIPS AND FALLS**

**#DF001 – VHS** (17 min. 2000)

### **Occupational**

This program is excellent for showing workers the hazards that exist in the workplace which may lead to slips, trips, and falls and the steps they can take to prevent slip and fall related accidents. Safety considerations for using stairways, ladders, and scaffolds are also discussed.

## **DOT DRUG AND ALCOHOL TESTING**

**#DO004 – VHS** (20 min. 1995)

### **Driving Safety**

Even though the percentage of commercial drivers who use drugs is low, it only takes one driver to cause a major disaster. That's why the DOT now mandates drug testing. This program explains the drug testing system to supervisors and employees and will help alleviate their fears.

- Random drug testing
- Pre-employment, post accident, return-to-duty and follow-up testing
- What to expect during a test
- Security and false positives
- Retesting specimens

## **DOT HAZARDOUS MATERIALS**

**#DO002 – VHS** (17 min. 1993)

### **Driving Safety**

This program is an overview for employees while working with hazardous materials. Included are discussions on rules and regulations, hazardous materials classes, labeling, handling-packaging, and transporting of hazardous materials.

## **DRIVE TO BE THE BEST**

**#DR004 – VHS** (21 min. 1994)

### **Driving Safety**

This program informs employees and supervisors about the roles attitude and behavior have in preventing accidents on the highway. It introduces a series of driving strategies and techniques that can help them be better drivers.

## **DRIVING IN BAD WEATHER**

**#DR006 – VHS** (8 min. 1994)

### **Driving Safety**

News-cast-style presentation dramatizes the blinding effects of fog, dust, smoke, rain, snow and ice. Stresses the need to choose safe speeds for adverse weather conditions and explains when it is best to get off the road. Video includes tips on vehicle maintenance that can help drivers prepare for bad weather.

## **DRIVING SAFETY: WHEN YOU LEAST EXPECT IT**

**#DR005 – VHS** (19 min. 1995)

### **Driving Safety**

A wide variety of safe driving skills and procedures are demonstrated in a way that allows every viewer to absorb the motivational message. Stresses defensive driving attitude as well as practicing defensive driving techniques. Dramatic accidents are executed by professional stunt drivers.

## **DRIVING STRAIGHT TRUCKS**

**#DR007 – VHS** (13 min. 1992 )

### **Driving Safety**

Remind drivers of their many responsibilities while reviewing many of the important aspects of driving straight trucks, including:

- Driving in the city
- Backing a straight truck
- Suggested routes
- Customer relations

## **DRUM HANDLING**

**#DR001 – VHS** (18 min. 1992)

### **Occupational**

This video emphasizes the health and safety issues involved with drum handling. Includes inspecting drums and worksites; handling and moving drums; opening and sampling; characterization and staging; and decontamination.

## **DRUM AND OTHER SMALL SPILLS: CONTROL, CONTAINMENT AND CLEAN-UP**

**#DR015, #DR016 – VHS** (18 min. 1987)

### **Occupational**

This live-action video provides step-by-step instructions on how to safely contain, control and clean up small spills. Topics covered include notification; personal protective equipment; and puncture, hole and crack repair.

## **ELECTRICAL SAFETY**

**#EL001 – VHS** (17 min. 1989)

### **Occupational**

Complies with OSHA Electrical Safety-related Work Practices Regulation. Complete coverage of hazards and safeguards for working with electricity. Includes electrical systems, fuses and circuit breakers, grounding, overload and short circuits, double insulation, GFI, and polarized plug.

## **ELECTRICAL SAFETY, BEWARE THE BITE**

**#EL002 – VHS** (20 min. 1996)

### **Occupational**

This program covers the OSHA rules for safe electrical work practices, electrical safeguards, housekeeping, lockout, personal protective equipment, safely rescuing a shock victim and first aid.

## **ELECTRICAL SAFETY IN THE WORKPLACE**

**#EL003 – VHS** (17 min. 1995)

### **Occupational**

Electricity lights up our homes and powers much of the machinery and equipment that we use. Unfortunately, most employees take electricity for granted and forget that it can also be dangerous. Employees need to know how electricity works and the precautions to take to protect themselves from its hazards. *Electrical Safety in the Workplace* reminds employees about electrical hazards they may face in their jobs, and provides the valuable information they need to work safely around electricity, such as how electricity works, fuses and circuit breakers, outlets, plugs and extension cords, working with electrical equipment, using ladders around electricity, and electrical emergencies. This program also satisfies the OSHA training requirements under 29 CFR Part 1910.331 for non-qualified employees.

## **EMPLOYEE AWARENESS: SEXUAL HARASSMENT**

**#EM002 – VHS** (19 min. 1993)

### **Occupational**

This video sensitizes employees to the issues of sexual harassment, answers the common questions and doubts of those who have not received training on the subject, makes employees aware of the effects of sexual harassment on coworkers and the overall working environment of the company, and uses techniques employed in actual employee training such as sensitizing offenders to the feelings of others and role reversal.

## **EMPLOYEE SAFETY ORIENTATION**

**#EM005 English, #EM006 Spanish – VHS** (14 min. 2002)

### **Occupational**

- Basic description of potential hazards
- Briefly explains PPE, fire protection, back injury and more

## **EMPLOYEE'S GUIDE TO WORKING WITH HAZARDOUS MATERIALS**

**#HA008-English, #HA017-Spanish, – VHS**

**#HA019-Vietnamese – VHS**

(16 min. 1991)

### **Occupational**

In compliance with OSHA, includes written hazard communication plan, hazardous chemical inventory list, labeling, MSDS and employee training.

## **EQUIPMENT AND MACHINE GUARDING**

**#EQ001 – VHS** (15 min. 1996)

### **Occupational**

An introduction to machinery hazards and safeguarding. Topics covered include: Why guards are used, Mechanical hazards, Requirements for effective guarding, Types of guards, Safe work procedures.

## **ERGONOMIC PROGRAMS THAT WORK**

**#ER006 – VHS** (21 min. 1998)

### **Occupational**

The video was taped at four companies' sites, and it discusses various aspects of an ergonomics program. This video also gives valuable information and tips from two experienced CSHOs on evaluating ergonomic programs.

## **ERGONOMICS: BREAK THE RMI HABIT**

**#ER005 – VHS** (12 min. 1997)

### **Occupational**

This program incorporates ergonomic procedures to help your employees work safer and smarter. This program, which is based upon the only approved ergonomics standard in the country, is ideal for use in all U.S. workplaces.

- Introduction to RMIs
- How to reduce repetitions
- Good posture
- Reverse stretching

## **ERGONOMICS SAFETY**

**#ER002 – VHS** (5 min. 1992)

### **Occupational**

A refresher training video, which gives an overview by adapting the worker to the job to prevent workplace injuries.

## **ERGONOMICS: TAKING MATTERS INTO YOUR OWN HANDS**

**#ER003 – VHS** (14 min. 1995)

### **Occupational**

Using your arms, wrists and hands doesn't always have to be a struggle for comfort. That's what this video program is all about!

- Working in neutral positions
- Repetitive motion
- Minimize force, eliminate direct pressure
- The value of taking short breaks and exercising

## **ERGONOMICS: YOUR BODY AT WORK**

**#ER004 – VHS** (20 min. 1991)

### **Occupational**

This award-winning video program reviews proper ergonomic mechanics and will help employees avoid injuries. How to make low-cost ergonomic worksite improvements is examined.

- Definition of ergonomics
- Cumulative trauma disorders and contributing factors
- Worksite analysis: low-cost improvements
- Modifying body mechanics
- Proper use of hand tools

## **EXPERIENCE SPEAKING: ADVERSE WEATHER**

**#EX003 – VHS** (8 min. 2000)

### **Driving**

Adverse weather is unpredictable, uncontrollable and can change without a moments notice. When weather becomes a hazard for professional drivers, it's their responsibility to use good judgment and be prepared.

## **EXPERIENCE SPEAKING: BACKING**

**#EX001 – VHS** (7 min. 2000)

### **Driving**

Backing accidents happen. They shouldn't however, because they are virtually always preventable.

## **EXPERIENCE SPEAKING: REAR END COLLISIONS**

**#EX002 – VHS** (7 min. 2000)

### **Driving**

Rear end collisions are among the most costly and potentially life-threatening of all accidents involving tractor-trailers.

## **EYE AND FACE PROTECTION**

**#EY001, #EY002 – VHS** (11 min. 1988)

### **Occupational**

Explains the various types of eye protectors and which ones are right for the job being performed. Talks about the dangers of not wearing eye and face protection and how everyone loses out when employees don't wear eye protection.

## **EYE SAFETY**

**#EY004 – VHS** (14 min. 1994)

### **Occupational**

Motivate your workers to consistently wear appropriate eye protection. Different job situations require different types of eye protection, and this video, with its depiction of near misses and compelling computer graphics, is an effective and appealing way to help your employees choose the correct types of protective eyewear.

## **EYE SAFETY: NO SECOND CHANCES**

**#EY005 – VHS** (19 min. 1998)

### **Occupational**

Using real-life situations, this live-action video teaches proper selection of eye equipment and motivates workers to use it. The program discusses common eye hazards, eye anatomy, and first aid for common injuries such as sparks, flash burns, blows to the eye and foreign objects in the eye. This dynamic program includes demonstrations of safety glasses, side shields, goggles, face shields, welder shields and other eye protection.

## **FALL PROTECTION**

**#FA003 – VHS** (21 min. 1996)

### **Occupational**

OSHA requires fall protection for anyone working six feet or more above ground. Video covers:

- Fall protection types: guardrails, safety nets, fall arrest and monitoring systems, control access zones
- Body harnesses and drop tests
- Types of lanyards, snaphooks and d-rings
- Pre-use inspection of equipment and rescue methods

## **THE ABC'S OF YOUR PERSONAL FALL ARREST SYSTEM**

**#FA004—VHS** (15 min. 2002)

### **Occupational**

Whether you use a personal fall arrest system every day or only once in your lifetime, one thing is for certain: the system won't do any good unless it is used correctly! This video shows viewers how to properly select and use personal fall arrest systems so they can work safely above ground. Topics include forces involved in falls, components of a fall arrest system, inspection of the equipment, calculating fall distance, selection of an appropriate connecting device and the importance of choosing a legal tie-off point.

## **FIRE EXTINGUISHERS: HOW AND WHEN TO USE THEM**

**#FI000—VHS** (15 min. 2001)

### **Occupational**

This program stresses to viewers the importance of making the right decisions when a workplace fire breaks out. In order to use a portable fire extinguisher to put out the fire, employees must determine the type of material burning and class of fire present, whether they know how to use the appropriate fire extinguisher and if the fire is in its beginning stages. More importantly, they must be confident in their ability to evacuate the facility safely should they be unable to extinguish the fire. Topics include the fire triangle, incipient stage fires, classes of fires and the extinguishers used to put them out, the PASS system and emergency evacuation.

## **FIRE EXTINGUISHERS—FIRE PREVENTION 2000**

**#FI014 – VHS** (17 min. 1998)

### **Occupational**

Give employees in-depth knowledge of fire extinguisher types, including new Water Mist to replace Halon, and how to properly use them.

- Fire basics/fire triangle
- Using fire extinguishers: PASS
- Descriptions/classes of fires
- Tips for fire prevention and emergency action

## **FIRE PREVENTION: IT'S UP TO YOU**

**#FI003 – VHS** (14 min 1998)

### **Occupational**

The program opens with dramatic footage of the Meridian Building fire in Philadelphia. A tragedy that resulted in the deaths of three firemen, numerous injuries, loss of thousands of jobs and tens of millions in property damage. All because of some rags carelessly disposed of by workmen in the building. This film poses a series of questions and answers regarding the hazards most often responsible for fires, steps to take in the event of a fire, and what employees and employers can do to prevent fires.

## **FIRE PREVENTION RESPONSIBILITY**

**#FI015 English, #FI016 Spanish – VHS** (11 min. 2001)

### **Occupational**

- Basic explanation of employee prevention techniques
- Explains employee responsibilities for housekeeping

## **FIRE SAFETY: THERE'S NO SECOND CHANCE**

**#FI006 – VHS** (20 min. 1996)

### **Occupational**

This video offers training on elements and classes of fires, how to prevent and extinguish fires, and what should be included in an organization's emergency action plan.

- Four elements of fire
- Classes of fire
- Fire prevention
- Fire extinguisher

## **FIRST AID - BASIC**

**#FI002 – VHS** (13 min. 1991)

### **Occupational**

Emphasizes the importance of knowing where first aid kits are kept, and how to use them.

- Cuts and bleeding
- Muscle pulls and sprains
- Burns
- Shock
- Artificial respiration and CPR

## **FLAGGING TRAFFIC SAFETY**

**#FL001 – VHS** (5 min. 1995)

### **Occupational**

This short video introduces the viewer to how flaggers can safely direct traffic around road construction.

## **FOOT PROTECTION**

**#FO000, #FO001 – VHS** (17 min. 1994)

### **Occupational**

This video, released by Iron Age, describes various hazards to which feet are exposed and gives statistics on foot injuries. Covers the parts of a safety shoe and how each part plays a vital role in foot protection. Narrated by Martin Cove.

## **FORKLIFT OPERATION**

**#FO006 – VHS** (19 min. 1998)

### **Occupational**

This program shows forklift operators what to do and what not to do to assure their own safety and the safety of those around them. Includes information on prechecks, stepping and driving in reverse, stacking and carrying loads, driving on grades and ramps, and handling emergency situations.

## **FORKLIFT OPERATOR TRAINING**

**#FO018 English, #FO019 Spanish – VHS** (16 min. 2001)

### **Occupational**

- Basic explanation of safe operations per OSHA requirements
- Thorough explanation of weight capacity and unsafe operations

## **FORKLIFT SAFETY: INSPECTION**

**#FO015 – VHS** (18 min. 1996)

### **Occupational**

This live-action video program informs employees of the proper procedures to follow when checking the basic operational systems of a forklift. The program clearly demonstrates how to inspect the five major areas of the forklift: (1) engine compartment, (2) wheels and rims, (3) fork, upright and attachments, (4) operator controls, and (5) fuel system.

## **FORKLIFT SAFETY: OPERATION**

**#FO014 – VHS** (20 min. 1996)

### **Occupational**

This award-winning program utilizes dramatic crash sequences to illustrate proper and improper operation of the forklift, how to carry a load properly, and the safe driving skills necessary when operating a forklift.

## **THE GARAGE TO HOUSE CONNECTION**

**#GA001 – VHS** (6.30 min. 1996)

### **Occupational**

A short film describing how quickly carbon monoxide travels through a home.

## **GENERAL OFFICE SAFETY**

**#GE005 – VHS** (19 min. 1992)

### **Occupational**

Alerts employees to potential dangers in their offices and gives critical advice on how to avert those dangers.

- Avoiding slips and falls
- Ergonomics
- Fire safety
- Excessive noise
- Preventing back injuries
- Hazardous and flammable chemicals

## **GET IT TOGETHER: SEAT BELT SAFETY**

**#GE006 – VHS** (13 min. 1996)

### **Occupational**

Don't let your employees become traffic statistics. The program shows the grim statistics of automobile accidents, the purpose of seat belts and airbags, and the effectiveness of seat belt and airbag usage.

## **GIVING SAFETY A HAND: KNIFE AND BLADE SAFETY**

**#KN001 – VHS** (9 min. 1994)

### **Occupational**

Perhaps no other hand tools can be as dangerous as knives and blades. That's why it is so important to follow proper safety procedures when handling these sharp objects.

- Safe use of knives and blades
- Proper handling of knives and blades
- Caring and positioning of the tools

## **GOOD BACK BAD BACK™**

**#GO002** (18 min. 1997)

### **Occupational**

This video training package will quickly and effectively teach your employees positive back protection behavior. Use this energetic, memorable approach that all viewers will understand and be motivated to implement in all areas of life.

## **GROUNDSKEEPING: BE A PRO!**

**#GR002 – VHS** (17 min. 1997)

### **Occupational**

This video is based on a theme of safe or sorry. This program was written and produced for outdoor facilities maintenance folks and groundskeepers. The target audience is large industrial facilities, university, government facilities, hospitals and school districts. The program stresses taking good care of yourself, knowing your equipment, use of GFCIs, safe fueling, mowing on slopes and hazards of pesticides. Topics covered include:

- PPE
- General tips
- Equipment
- Hazardous materials

## **HAND AND ARM PROTECTION**

**#HA001 – VHS** (11 min. 1988)

### **Occupational**

Discusses some of the causes of hand and arm injuries. Also covers the way gloves can help protect workers from hand injuries.

## **HAND AND POWER TOOL SAFETY**

**#HA014 – VHS** (13 min. 1996)

### **Occupational**

A good safety attitude is the key to injury-free use of hand and power tools. Encourage your employees to practice proper techniques. Covers:

- Inspecting tools before beginning work
- Proper use of wrenches
- Safety hazards of power drills and hand saws
- Preventing shock from electric tools

## **HAND AND POWER TOOL SAFETY**

**#HA027 English, #HA028 Spanish – VHS**

(13 min. 2001)

### **Occupational**

- How to properly inspect tools
- Safety behavior and potential hazards with hand and power tools

## **HAND AND POWER TOOL SAFETY FOR AUTO MECHANICS**

**#HA110 – VHS** (18 min. 1994)

### **Occupational**

Encourage personal responsibility for safety and professional tool use. Includes PPE.

- Electrical safety: double insulation, grounding, damaged cords, water safety
- Drills, bench grinders, cheater bar prohibition
- Torquing: calibration, torquing lug nuts

## **HAND PROTECTION: LESSONS FOR A LIFETIME**

**#HA013 – VHS** (20 min. 1995)

### **Occupational**

We take our hands for granted. That is, until something dreadful happens. This video program features workers who recount their experiences with hand injuries.

- Hazard assessment
- Machine/Electrical hazards
- Personal protective equipment selection

## **HAND TOOLS AND PORTABLE POWER TOOLS**

**#HA006 – VHS** (15 min. 1991)

### **Occupational**

This module teaches you to work with coworkers to control or eliminate hazards associated with hand tools and portable power tools. You will learn safe procedures and the causes of the most frequent accidents (incidents).

Objectives when you complete this module:

- Describe safe work practices for hand and portable power tools
- List hazards and safety procedures for various hand tools and various power tools
- Describe supervisory considerations in managing tools

## HAND, WRIST AND FINGER SAFETY

#HA002 – VHS (12 min. 1999)

### Occupational

Hands are irreplaceable instruments—motivate employees to protect their only pair:

- Sense of touch, power grip and precision grip
- Gloves: choosing the right type, length and fit, inspecting, washing and storage.
- Hand pads, guards, finger guards, barrier cream
- Ergonomics: avoid repetition, use natural positions

## HANDLING HAZARDOUS SPILLS

#HA007 – VHS (17 min. 1990)

### Occupational

This video by 3M includes the necessary steps to be considered when developing and implementing an effective spill response plan. Planning, training, equipment/material selections and appropriate response procedures are covered.

## HANDLING AND STORING OF COMPRESSED GAS CYLINDERS

#HA023 – VHS (6 min. 1994)

### Occupational

- DOT regulations for storage and use of compressed gas cylinder
- ICC or DOT specifications markings
- Basic safety rules for moving, carrying and lifting
- Rules for extreme weather conditions

## HARD HAT SAFETY: THAT'S WHY YOU WEAR A HARD HAT

#HA100—VHS (13 min. 2004)

### Occupational

Nearly 100,000 U.S. workers suffer serious head injuries each year, mostly due to failure to wear a hardhat, wearing the wrong hardhat, or wearing a hardhat incorrectly. This video uses several injury scenarios and worker testimony to drive home the point that most head injuries can be avoided through the proper use of a hardhat.

## HAZARD COMMUNICATION

#HA024 – VHS (5 min. 1995)

### Occupational

- Labeling of all chemical containers
- MSDS and their use
- Avoid mixing chemicals
- Taking safety home

## HAZARD COMMUNICATION

#HA009 – VHS (19 min. 1993)

### Occupational

Excellent introduction or refresher for anyone who encounters hazardous chemicals.

- Complies with OSHA 1910.1200
- Identifying hazardous chemicals
- Reading warning labels
- Understanding an MSDS
- Specific examples

## HAZARD COMMUNICATION

#HA012 – VHS (13 min. 1994)

### Occupational

Step-by-step program that emphasizes the right-to-know compliance for all employees. Includes:

- Hazardous materials identification and labeling
- How to read and use material safety data sheets
- Safe handling of hazardous materials
- How to train employees on hazardous materials
- Common terms
- Differences between irritants and corrosives
- Differences between combustibles and reactives
- How to handle chemical spills
- How to limit or eliminate hazardous materials

## HAZARD COMMUNICATION FOR TODAY'S WORKPLACE

#HA010 English, #HA011 Spanish – VHS (18 min. 2002)

### Occupational

- General description of chemicals
- Reading, recognition, and labeling hazardous material
- Detailed description of MSDS

## HAZCOM—RIGHT TO KNOW

#HA004 – VHS (10 min. 1997)

### Occupational

Comply with retraining requirements for 1910.1200 and give your employees a clear message: "Don't neglect chemical dangers on the job!" Encourage them to use HazCom information!

- Hazardous material definition and OSHA Safety Standard
- Labels: information on them, following instructions
- MSDS: section by section information
- Labeling containers, using labeled materials

## HAZCOM—WHAT YOU DON'T KNOW CAN HURT YOU

#HA016 – VHS (12 min. 1994)

### Occupational

This video is based on the hazcom standard. The goal of hazcom training is to ensure that all employees are aware of the specific hazardous chemicals in their own workspace and have sufficient knowledge to protect themselves.

## **HAZMAT LEAKS, DRIPS AND SPILL CLEANUP**

**#HA026 – VHS** (5 min. 1995)

### **Occupational**

- Hazardous material definition
- Development of an emergency plan
- Personal protective equipment
- Cleanup procedures

## **HAZWOPER AWARENESS TRAINING: YOUR ROLE AS A FIRST RESPONDER**

**#HA021 – VHS** (18 min. 1991)

### **Occupational**

The hazwoper regulation recognizes that anyone working where hazardous materials are used or stored can be first on the scene in an emergency. This fast-paced video instructs viewers in hazard recognition and the actions necessary to prevent injury, loss of life and damage to property and the environment in the event of a release or spill of hazardous material.

## **HEARING CONSERVATION**

**#HE006 – VHS** (15 min. 1993)

### **Occupational**

Takes a refreshing approach to hearing conservation by presenting serious information in an entertaining style. Helps you to comply with OSHA's Occupational Noise Exposure Standard 29 CFR 1910.95. This program covers:

- Hearing mechanics
- Hearing loss
- Audiometric testing
- Use and maintenance of hearing protectors
- Symptoms of hearing loss

## **HEARING PROTECTION**

**#HE008 – VHS** (16 min. 1995)

### **Occupational**

- Complies with OSHA standard
- Dangerous noise levels
- Sensory-neural hearing loss
- Medical information

## **HEAT STRESS**

**#HE010 – VHS** (10 min. 1997)

### **Occupational**

More than 300 people die each year from excessive heat exposure. Many more suffer the effects of heat stress. This program is excellent for training workers in all industries.

- Effects of heat exposure
- Types of heat-related disorders
- Recognition of symptoms
- Treatment and preventive measures

## **HEAT STRESS**

**#HE007 – VHS** (14 min. 1992)

### **Occupational**

Heat causes considerable stress on your mind and body, and can seriously affect your health and safety. This video addresses the primary danger of heat stress, which is that the effects of heat occur before you realize it, causing a wide range of health problems, from minor discomfort to life-threatening complications. The video shows employees what heat stress is, what the symptoms are, how to prevent it and what to do if it happens to them or someone else.

## **HEAT STRESS**

**#HE005 – VHS** (16 min. 1990)

### **Occupational**

Rashes, cramps, exhaustion and stroke all can plague an employee working in hot weather or hot environments. Focuses on preventing illnesses and minimizing safety hazards. Includes hazards of hot environment, heat disorders, preventive measures and first aid. Complies with NIOSH and OSHA recommendations. Compares body to car engine.

## **HIGHWAY WORK ZONE SAFETY: THE BASICS**

**#HI001 – VHS** (15 min. 1994)

### **Driving Safety**

This video program will help your employees understand and comply with MUTCD and learn what it takes to keep themselves, drivers and pedestrians safe.

- Being safety conscious
- Traffic control devices
- Slowing down traffic
- Detours and closures
- Communication

## **HOLIDAY SAFETY**

**#HO002 – VHS** (17 min. 1994)

### **Off-the-Job**

This video includes fire hazards, drinking and driving, holiday stress, food handling, and personal safety.

## **HORSEPLAY IS NO JOKE**

**#HS001** (12 min. 1990)

### **Occupational**

This video combines vignettes with headshots of employees who speak out against horseplay and relate their experiences with it. Unsafe acts can affect everyone on the job.

## HOT WORK PERMITS

#HO007 – VHS (11 min. 1994)

### Occupational

Know the facts about hot works permits. This video motivates and teaches about:

- What is hot work and what is a hot work permit?
- When should a hot work permit be used?
- What are your responsibilities?
- What do you do when the job changes?

OSHA requires a hot work permit (written work approval) under welding and cutting fire protection and process safety management.

## HOUSEKEEPING & TEAMWORK INDUSTRY

#HO004 – VHS (18 min. 1999)

### Occupational

This fast-moving video make the point that good housekeeping is not just a job responsibility—it's a reflection of the pride we take in our work!

- Fire prevention
- Personal hygiene
- Storage of tools and work materials
- Handling leaks and spills
- Employee attitude toward housekeeping

## HOUSEKEEPING: IT AIN'T LIKE THE MOVIES

#HO003 – VHS (15 min. 1995)

### Occupational

This video program reviews the importance of good housekeeping and what to look for in your facility.

- Clean or clutter?
- Proper storage
- Eliminating spills and leaks

## HOW TO CONDUCT A SAFETY MEETING: A PART OF YOUR JOB

#HO008 – VHS (15 min. 1990)

### Occupational

This highly-acclaimed and creative program is designed to provide line supervisors, section managers and other supervisory personnel with essential points for planning and conducting a safety meeting. The first part of the program covers such issues as setting an agenda, scheduling considerations, setting up the meeting space and notification of the participants. The second section covers procedures for conducting and controlling the flow of the meeting, tips for encouraging group participation, and follow-up after the meeting.

## HOW TO DEVELOP AN EFFECTIVE SAFETY PROGRAM

#HO015 – VHS (10 min. 1990)

### Occupational

This program reviews the key elements of an effective safety program. These key elements include training for management, supervisors and employees in safety; enforcement of safety rules; importance of supervisors and safety committees in implementation of the programs; and developing a written safety manual that outlines responsibilities and accountability and explains how the program works. This video provides good information for companies that are just developing a safety program and those companies with an existing safety program.

## HOW TO DEVELOP A SAFETY PROGRAM

#HO012 – VHS (5 min. 1995)

### Occupational

- Problem-solving, a safety committee's goal
- Allowing committees time to focus on safety
- Emphasis on training and documentation

## HOW TO INVESTIGATE AN ACCIDENT

#HO020 English, #HO021 Spanish – VHS

(13 min. 2001)

### Occupational

- Detailed description of written accident reports
- Supervisor responsibility in accident investigation
- Provides an accident investigation scenario

## HOW TO PREVENT SLIPS AND FALLS

#HO000 English, #HO099 Spanish – VHS

(13 min. 2001)

### Occupational

- General presentation of prevention methods
- Analyzes many different slip and fall environments
- Explains the three "E" safety method

## HYDROGEN SULFIDE

#HS002 – VHS (17 min. 1999)

### Occupational

Invisible, explosive, flammable, deadly – these are all words that describe hydrogen sulfide, a leading cause of death in the workplace. Also known as H<sub>2</sub>S, this gas is a byproduct formed by decaying organic matter. It can be found in oil or gas operations, mining facilities, sewage, wastewater treatment plants and other places. This video will provide employees a basic understanding of hydrogen sulfide and the methods they can take to avoid exposures to the deadly gas. Topics include respiratory protection, symptoms of exposure, monitors and detectors, wind direction indicators, briefing areas and escape routes, condition signs and contingency plans.



## **HYPOTHERMIA AND FROSTBITE**

**#HY003—VHS** (13 min. 2000)

### **Occupational**

Don't let the danger of cold, wet weather catch you off guard! If you or your employees work outside in cold weather, this program is for you! This informative video thoroughly covers everything employees need to know about the dangers of hypothermia and frostbite—and how to avoid them. After viewing, employees will be able to plan, prepare and protect themselves against whatever weather comes their way.

## **I CHOSE TO LOOK THE OTHER WAY**

**#IC003—VHS** (12 min. 2002)

### **Occupational**

When employees are willing to speak to co-workers about unsafe acts, injuries can be prevented. This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act. By choosing to look the other way, he allowed the needless death of a co-worker to occur. Based on the popular poem by Don Merrell, this program shows how speaking up about unsafe acts can save lives and help develop a positive safety culture. Verses from the poem are meshed with the video's action to deliver a stimulating safety message. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person's response may be negative.

## **ICY ROAD AHEAD**

**#IC001 – VHS** (25 min. 1993)

### **Driving Safety**

Teaches the theory of driving safely and confidently on any slippery road. It will provide information that every driver should know prior to operating a vehicle.

## **IMPAIRED AND DISTRACTED DRIVING**

**#IM001 – VHS** (60 min. 2002)

### **Driving**

Victims and offenders talk about the impact their accidents had on their lives. Good for group discussion meetings.

## **INDOOR CRANES**

**#IN001 – VHS** (22 min. 1994)

### **Occupational**

Designed for non-licensed operators to give them the knowledge they need to safely operate several types of cranes: jib cranes, monorails, gantry cranes and bridge cranes.

- Pre-operation safety inspections
- Rigging techniques
- Lifting and moving

## **INDUSTRIAL ERGONOMICS**

**#IE000 – VHS** (12 min. 1999)

### **Occupational**

Employees can avoid unnecessary strain with the following ergonomic education:

- Workplace customizing: tools, material and equipment selection, including power tools
- Whole body neutral positions; warm ups, & stretching
- Proper lifting/avoiding repetition

## **INDUSTRIAL HYGIENE**

**#IN000– VHS** (15 min. 1991)

### **Occupational**

The industrial hygiene module develops your ability to recognize potential health and physical hazards. You will learn key terms and concepts related to industrial hygiene as well as ways to control or eliminate potential hazards.

Objectives when you complete this module:

- Describe the concerns of industrial hygienists
- List four ways that chemical compounds enter the body and how to prevent this from happening
- Identify and describe different types of solid particulate chemicals
- Identify hazards related to solvents
- Identify and describe physical and biological hazards
- Describe the concept and purpose of exposure limits
- Identify reasons for establishing standard operating procedures

## **INDUSTRIAL LOW-LIFT TRUCKS**

**#IN002, #IN003 – VHS** (18 min. 1995)

### **Occupational**

This program alerts employees to the dangers of operating manual and powered industrial trucks. It shows how these trucks can be used safely to reduce injuries and increase productivity.

- Pallet jacks, carts, dollies, skid movers
- Platform trucks and rack trucks
- Powered walking trucks, drum handlers
- General safety principles
- Specific safety practices

## **IT ONLY TAKES A SECOND**

**#IT005 – VHS** (3 min. 1996)

### **Occupational**

Viewers won't forget the powerful accident reenactments and dramatic consequences illustrated in this video. *It Only Takes a Second* is a great meeting opener for any safety topic. This program makes you think safety!

## **IT ONLY TAKES A FEW SECONDS, AND YOUR WHOLE LIFE CHANGES...**

**#IT101 – VHS** (12 min. 1999)

### **Electrical**

Few people have lived to tell what it feels like to be electrocuted. This is the story of how one man's life was irrevocably changed in an instant during an accident on the job. The video contains a re-enactment of an accident and actual photos of injuries, which may be disturbing. It is the intent of Reliant Energy that the impact of this video will prevent such a tragedy from happening again.

## **IT'S YOUR CALL: RECOGNIZING AND REPORTING IMPAIRED DRIVERS**

**#IT006, #IT010 – VHS** (8 min. 1999)

### **Driving Safety**

This short video discusses how to recognize impaired drivers. Shows what signs to look for and how to report them to the proper authorities.

## **JOB SAFETY ANALYSIS**

**#JO001 – VHS** (10 min. 1994)

### **Occupational**

Thorough presentation for supervisors explaining how to minimize/eliminate hazards by uncovering them with job safety analysis:

- Breaking a job into steps, detailing proper methods
- Identifying key points, important safety issues, recommended procedures
- Brief discussion of job instruction training and on-the-job training

## **KEEP YOUR EYES ON SAFETY: EYE PROTECTION IN THE LABORATORY**

**#KE003 – VHS** (9 min. 1991)

### **Occupational**

Main topics covered:

- When to use different eye protection types
- Steps to take and things to inspect before wearing eye protection

## **LAB SAFETY 1—CHEMICAL HAZARDS**

**#LA002 – VHS** (5 min. 1992)

### **Occupational**

Laboratory workers are routinely exposed to hazardous chemicals. Safe work practices help keep exposures below limits and protect workers from health hazards. (Humorous)

## **LADDER SAFETY**

**#LA005 – VHS** (5 min. 1994)

### **Occupational**

- Seriousness of ladder injuries
- Importance of proper equipment
- Checking for defects on ladders
- Safe ladder use
- Matching the ladder type to the situation
- "Belt buckle" guideline

## **LADDER SAFETY TRAINING**

**#LA001 – VHS** (22 min. 1992)

### **Occupational**

This video discusses proper and helpful hints in using ladders. Also covers types of ladders, load ratings, height and length, and safe ways to secure ladders.

## **LARGE POWER HAND TOOL SAFETY**

**#LA003 – VHS** (10 min. 1995)

### **Occupational, Off-the-Job**

The objective of this program is to teach the viewer about safely operating the four most often used large power hand tools: impact wrench, large power drill, portable band saw and the roto hammer.

## **LEAD-SAFE HOME IMPROVEMENT: PRACTICAL METHODS FOR REDUCING LEAD**

**#LE013 – VHS** (43 min. 1998)

### **Occupational, Off-the-Job**

This video shows safe, practical ways of keeping you and your family safe from lead poisoning. Whether you're a home owner remodeling an older house, a contractor who comes into contact with lead on the job, or someone who's renting a house or apartment that may contain lead-based paint, it's important to be aware of common lead hazards. Covers:

- Removing carpeting
- Replacing old windows
- Patching and removing walls covered with lead-based paint
- Removing exterior paint and working with contaminated soil

## **LISTEN UP (PREVENTING NOISE INDUCED HEARING LOSS)**

**#LU001 – VHS** (16 min. 1995)

### **Occupational**

This program is excellent for new hire orientation or existing employee refresher training on noise-induced hearing loss and hearing conservation. The film describes the effect of noise on hearing and provides information concerning the different types of personal hearing protection and their proper use.

## **A LITTLE COMMON SENSE**

**#LI016 – VHS** (14 min. 1987)

### **Off-the-Job**

In this video produced by the U.S. Coast Guard, boating experts emphasize the importance of boating safety. Each explains the need to know the limits of the vessel, to be familiar with safety equipment, to avoid mixing alcohol and boating, and to understand the importance of using common sense.

## **LIVE AND LET LIVE**

**#LI002 – VHS** (15 min. 1990)

### **Driving Safety**

This award-winning presentation is a tale of coworkers celebrating a recent success in a bar. Leaving the bar in an inebriated state, they die in a collision. Throughout, the narrator explains the effects of drugs and alcohol. The touching conclusion of the film depicts the effects of their deaths on their families and friends.

## **LOADER-BACKHOE SAFETY (OPERATOR SAFETY)**

**#LO005 – VHS** (20 min. 1991)

### **Occupational**

This program deals with loader-backhoe safety and is designed specifically for operators. The tape covers the most common mistakes and accidents involving these machines, as well as loading, transporting, utility dangers and rollover accidents.

## **LOADER-BACKHOE SAFETY (WORKER SAFETY)**

**#LO007 – VHS** (20 min. 1991)

### **Occupational**

This program addresses the desperate need for a set of practical guidelines for the many trades that work with the loader-backhoe on a daily basis. The tape explains how plumbers, electricians, laborers and all other tradespeople can work safely with and around the loader-backhoe.

## **LOCK ENERGY TO ZERO**

**#LO009 – VHS** (11 min. 1990)

### **Occupational**

This comprehensive program is designed to provide a positive, motivational experience for employees, foster a cooperative work attitude and help employers establish their formal program. It teaches the concept of energy zones and sources; examines basic lockout/tagout, block out and bleed procedures; reviews safety standards and regulations; and covers safety procedures for electric, hydraulic and pneumatic equipment repairs.

## **LOCKOUT/TAGOUT**

**#LO012 – VHS** (15 min. 1997)

### **Occupational**

Revitalize your lockout/tagout training with this video. All the steps in the lockout/tagout process are demonstrated by the maintenance supervisor at home and at work. A complete manual helps you reassess all your procedures. Includes:

- Electrical
- Hydraulic and pneumatic
- Fluids and gases
- Mechanical

## **LOCKOUT/TAGOUT: CONTROLLING HAZARDOUS ENERGY**

**#LO018 – VHS** (20 min. 1995)

### **Occupational**

Help your company meet training requirements under OSHA 1910.147. Presented in a straightforward positive way, this program was designed to address critical training requirements for employees in general industry where the unexpected start-up or release of stored energy could cause injury or death.

## **LOCKOUT/TAGOUT: CONTROLLING THE BEAST**

**#LO001 – VHS** (19 min. 1995)

### **Occupational**

This video can be used to help train persons authorized to lock out and service equipment. Complies with OSHA standard.

- Explains basic concepts about various energy sources
- What is lockout/tagout?
- When to use lockout/tagout procedures
- OSHA's six-step procedure
- Removing locks and tags

## **LOCKOUT/TAGOUT: WHEN EVERYONE KNOWS**

**#LO003 – VHS** (16 min. 1993)

### **Occupational**

This video will help you comply with OSHA's energy source lockout standard by clearly explaining all aspects of lockout and tagout problems. This video contains dramatic right way/wrong way reenactments that clearly illustrate the importance of energy control and lockout/tagout procedures.

## **LOW VISIBILITY AND DRIVING**

**#LO008 – VHS** (16 min. 1993)

### **Driving Safety**

This video covers and explains precautions to take for low visibility in different conditions for driving safely.

## **LYME DISEASE: FACTS FOR KIDS**

**#LY003 – VHS** (23 min. 1997)

### **Off-the-Job**

Instructs children in an entertaining way about Lyme disease.

## **LYME DISEASE: WHAT YOU SHOULD KNOW**

**#LY002 – VHS** (28 min. 1997)

### **General**

This program is an update on what is known about Lyme disease. It is an excellent educational program for groups of all levels of knowledge about this insidious infection. Physicians, government researchers, patients, families, health department officials and others are interviewed regarding the most frequently asked questions about Lyme disease. Video covers: Transmission, Diagnosis, Treatment, Tick removal, Ticks, Symptoms, Personal protection, Property management.

## **LYME DISEASE: WORKPLACE AWARENESS AND PREVENTION**

**#LY001 – VHS** (16 min. 1997)

### **Occupational**

This video is designed to be a stand-alone educational tool for employees and is perfect for viewing in the lunchroom, at safety meetings or during staff gatherings. Thomas Forschner, Executive Director of the Lyme Disease Foundation, Inc. (LDF), explains what Lyme disease is, who may be at risk for contracting it and how to prevent it. Also outlined are the signs and symptoms of this potentially devastating disease.

## **MACHINE GUARDING/CONVEYOR SAFETY**

**#MA013 English, #MA014 Spanish – VHS**

(12 min. 2001)

### **Occupational**

- How to inspect guards and conveyors effectively
- Reinforces employee responsibility

## **MACHINE SAFEGUARDING**

**#MA010 – VHS** (15 min. 1991)

### **Occupational**

The machine safeguarding module helps you identify and assess mechanical hazards and the various types of machine safeguards that are available. You will learn to protect against hazards caused by moving machine parts and to determine which safeguards are acceptable. Objectives when you complete this module:

- Identify types and benefits of machine safeguarding
- Identify design factors that affect safeguard effectiveness and safety
- List safeguard options available for different types of mechanical hazards
- Identify hazards related to automated machines and equipment

## **MACHINE SHOP SAFETY**

**#MA012 – VHS** (20 min. 1991)

### **Occupational**

This film explains how to work safely in a machine shop. It includes a discussion of the importance of dressing properly and using the correct personal protective equipment. In addition, it explains the importance of maintaining a clean, well lit work area; of recognizing and avoiding, mechanical, electrical and chemical hazards; and following correct work practices.

## **MAKE YOUR HOME A SAFE HAVEN**

**#MA003 – VHS** (10 min. 2004)

### **Off the Job**

Is your home a safe haven? This film takes you on an in-depth safety inventory of every room in your house, plus outdoor areas. Learn how to prevent falls, fires and poisonings. Identify problem areas and find easy solutions to make your home the *Safe Haven*.

## **MAKING SAFETY MEETINGS WORK**

**#MA007 – VHS** (17 min. 1991)

### **Occupational**

This lesson explains how to organize and conduct safety meetings that accomplish more than just employee training. It demonstrates how to make training effective and focuses on other necessary agenda items that turn safety meetings into powerful management tools.

## **MANAGING MOBILE CRANE HAZARDS**

**#MA011 – VHS** (29 min. 2002)

### **Occupational**

Whether you are a crane rental service, a general contractor, or a company who has its employees occasionally work around cranes, you have responsibilities. Critical management issues such as selection and sizing of the crane, daily inspection, communication between the site management and the crane operator, and the supervision of the operator, are topics that will be covered in this program. In addition, information is provided about basic crane components and their functions as well as hazards associated with crane operations and the regulations that address those hazards.

## **MANUAL LOAD HANDLING IN THE WAREHOUSE**

**#MA010 – VHS** (12 min. 1990)

### **Occupational**

This program presents the do's and don'ts of warehouse activities and shows workers how to handle products safely and efficiently. Proper lifting procedures are demonstrated, as well as how to carefully inspect a load prior to lifting. Provides safety rules for using special tools in the warehouse including two-wheeled handtrucks, manual pallet trucks, stockpiling ladders and box cutters. Common sense safety rules are also presented.

## **THE MARK STANDIFER STORY: LESSONS LEARNED FROM ARC FLASH TRAGEDY – COVERS NFPA 70E**

**#AF010 – VHS** (19 min. 2005)

### **Occupational**

Mark Standifer received second and third degree burns over 40 percent of his body and was nearly killed when he was engulfed in an arc blast while performing an electrical task at a wastewater treatment plant. While installing relays on the door of a 13,800-volt switchgear, he made several crucial errors resulting in a tragedy that will affect Mark and his family for the rest of their lives. Topics include always following safe electrical work practices, the dangers of complacency when performing electrical work, hazards of jewelry and flammable clothing and the purpose of an arc hazard analysis. The video also explains the reasons for arc flash regulations and the various clothing and personal protection required for hazard risk categories zero through four.

## **MATERIALS HANDLING AND STORAGE**

**#MA006 – VHS** (15 min. 1991)

### **Occupational**

The materials handling and storage module makes you aware of the dangers and costs of materials handling accidents (incidents). You will learn to recognize the hazards associated with unsafe storage of materials and learn techniques to control these hazards and prevent future accident (incidents). Objectives when you complete this module:

- Identify the major causes of materials handling injuries
- Identify the safety guidelines, hazards, and special considerations associated with various types of materials handling equipment
- List ways to minimize hazards of material storage

## **MAXMAN-DEFENDER OF HEARING**

**#MX002 – VHS** (8 min. 1998)

### **Hearing protection**

This animated video emphasizes the use of hearing protection to prevent hearing loss. How the ear works and how hearing loss occurs are illustrated. Examples of noise sources on and off the job are provided.

## **MEDICAL EMERGENCIES IN THE WORKPLACE I: LIFE SUSTAINING RESPONSE**

**#MD001 – VHS** (13 min. 1992)

### **Occupational**

This video will increase awareness of what can happen during medical emergencies and the kind of quick response required when seconds count. In a format similar to the hit TV show "911" it follows a team of employees, guided by an emergency dispatcher as they try to save the life of a coworker who has had a heart attack. Covers basic emergency first response steps including: evaluating the victim, checking ABC's, mouth to mouth and CPR.

## **MEDICAL EMERGENCIES IN THE WORKPLACE II: EMERGENCY FIRST RESPONSE**

**#MD002 – VHS** (17 min. 1992)

### **Occupational**

The purpose of this training program is to show the employees the importance of knowing emergency first response procedures and to provide them with basic information they need to report emergencies and administer first aid treatment. Covers: Spinal injuries, broken bones, bleeding, shock, burns, and choking.

## **METRO TRANSIT HIAWATHA LINE—LIGHT RAIL SAFETY**

**#LI001 – VHS** (6 min. 2004)

### **Off the job**

Facts you need to be alert, aware and safe while living and working around lightrail.

## **MOWING OPERATIONS**

**#MO006 – VHS** (4:45 min. 1999)

### **Off-the-job**

This film is intended for the person who has already gone through in-depth training pertaining mower operations, keying on safe procedures. Touches on preventative maintenance, pre-inspection and different types of mowers.

## **MSDS**

**#MA005 – VHS** (5 min. 1992)

### **Occupational**

Material safety data sheets are designed to provide information to protect employees from hazardous chemicals. This video explains MSDS in detail.

## **THE MSDS: INFORMATION YOU CAN USE**

**#MS004 – VHS** (19 min. 1994)

### **Occupational**

This program explains how MSDS information provides the answers to critical questions in an emergency. Explains types of information that can be found in the sixteen sections of the standard MSDS as well as how this information can be used. A valuable film for initial training as well as a refresher training for your employees.

## **MSDS: READ IT BEFORE YOU NEED IT**

**#MS001 – VHS** (20 min. 1995)

### **Occupational**

Discusses everything you need to know about reading, using and understanding the MSDS. Includes:

- Product information
- Exposure situations
- Hazard prevention and personal protection
- Toxicology, ecology and disposal
- Transportation
- Regulatory information

## **NIGHT DRIVING**

**#NI001 – VHS** (8 min. 1994)

### **Driving Safety**

Demonstrates how darkness limits drivers' vision. Includes tips to keep your car in shape for night driving. Discusses the biggest problems drivers experience at night and how they must adjust their driving habits.

## **ON THE ROADWAY: THE LIGHTER SIDE OF LIFTING**

**#ON002 – VHS** (22 min. 1995)

It's time to hit the road and lift BETTER! Follow Michael S. Melnik, MS, OTR as he takes the viewer on a trip to find out what works in the real world of lifting. A refreshing departure from traditional videos; this information effectively teaches safe body mechanics in real life situations. The Lighter Side of Lifting teaches the audience how to choose the "right lift" and apply these principles in a variety of lifting situations.

## **ONE WILL DIE: THE JOHN MARTIN STORY**

**#ON006—VHS** (22 min. 2005)

### **Occupational**

A true story about attitudes, behaviors and consequences! It contains valuable safety lessons for any organization and drives home the importance of developing a true culture of safety. John Martin was a risk-taker and everyone knew it. When John and others took shortcuts to be more productive, it created tension among coworkers who were perceived as being slow. John Martin was asked to service a large pump that was underneath a 250,000-gallon cooking vessel containing black liquor, a hot, caustic liquid used to cook wood chips in the paper industry. An inexperienced operator opened the valve, blasting John with thousands of gallons of the hot, caustic liquid. John was burned over 70% of his body and his eyes were badly damaged. John was not expected to survive his injuries. He did survive and has overcome his burn injuries and over 60 eye surgeries. By examining the various actions, attitudes and behaviors that contributed to his incident, John helps others find ways to improve their own safety. This program will benefit all employees, managers and supervisors.

## **OSHA INSPECTION: OVERCOMING THE FEAR**

**#OS001 – VHS** (24 min. 1994)

### **Occupational**

Learn what you can expect when an OSHA inspector visits your facility. This video program discusses how you can best prepare for an inspection.

- What to look for
- Your rights as the employer
- Frequently cited violations

## **OSHA LEAD STANDARD**

**#LE018 – VHS** (15 min. 1992)

### **Occupational**

Meets the General Industrial Standard 7 Interim Final Rule for Construction. Includes measurement concepts (PEL, TWA, Action levels); exposure assessment and monitoring; methods of compliance: hygiene/housekeeping; medical surveillance; and more.

## **OSHA'S HAZARDOUS ENERGY SOURCE (LOCKOUT/TAGOUT)**

**#OS002 English, #OS003 Spanish – VHS** (10 min. 2004)

### **Occupational**

- Lockout/Tagout policy and procedures
- Possible hazards

## **OTTAWA TRUCK—OPERATOR ORIENTATION VIDEO**

**#OT000 – VHS** (15 min. 2003)

### **Occupational**

Video describes and instructs on the use of Ottawa Trucks. The Ottawa Commando Series is used. The Commando is a vehicle used to move and store trailers of warehouses, factories and terminals.

## **OUNCE OF PREVENTION**

**#OU003 – VHS** (12 min. 1992)

### **Occupational**

This training video is for industrial employees who may be exposed to the hazards associated with blood and other potentially infectious materials. The program explains what bloodborne pathogens are and how they are transmitted, gives an overview of the OSHA standard, tells how employees can protect themselves, and provides guidelines for cleanup of body fluid spills.

## **OVERHEAD CRANE SAFETY**

**#OV015 – VHS** (18 min. 1989)

### **Occupational**

*Overhead Crane Safety* will train workers to use safety procedures when operating or working around cranes in your facility. Covers gantry and E.O. T. pre-operations inspection, basic operating techniques, pre-lift considerations, safe lifting, load movement, slings, hooks and magnets.

## **PERSONAL PROTECTIVE EQUIPMENT**

**#PE002 – VHS** (13 min. 1990)

### **Occupational**

Using personal protective equipment (PPE) does not eliminate all the hazards employees face during their daily activities, at home or on the job. But using the appropriate personal protection—and using it correctly—will help minimize the dangers they encounter. The purpose of this video is to remind employees of the importance of wearing PPE. The video explains five simple rules employees can follow.

## PERSONAL PROTECTIVE EQUIPMENT

#PE009 – VHS (15 min. 1991)

### Occupational

This module enables you to improve the personal protective equipment (PPE) program in your facility. You will become more aware of why and where PPE needs to be used and ways to overcome objections to using the equipment.

Objectives when you complete this module:

- Describe the role of PPE in controlling exposure to hazards in the workplace
- List the criteria for an effective PPE program
- Identify parts of the body most vulnerable to injury, name hazards associated with each, and describe the appropriate PPE
- List ways to overcome employees' objections to wearing PPE

## PERSONAL PROTECTIVE EQUIPMENT

#PE012 – VHS (19 min. 1992)

### Occupational

Gives specific information and guidelines on the proper selection, fit, inspection and maintenance of each category of personal protective equipment (head, eye/face, hand and foot). Emphasizes the importance of matching protective equipment with the particular hazards of the job.

## PERSONAL PROTECTIVE EQUIPMENT: THE RIGHT CHOICE

#PE000—VHS (16 min. 2002)

### Occupational

Using PPE is a required part of our job, but ultimately you must choose whether to use it or not. No one can make that choice for you. Make the right choice and odds are you won't experience a work-related injury; make the wrong choice and sooner or later you'll pay the price! This video features actual industrial workers who recall how the choices they made about PPE had an impact on their lives. The point of these testimonials is to show viewers that they must wear the protective equipment that is required in their work areas or risk suffering tragic injuries. Topics of the program include hard hats, eye protection, earplugs and earmuffs, hand protection and safety footwear.

## PERSONAL WATERCRAFT LAWS AND SAFETY

#RI001 – VHS (12 min. 1998)

### Off the Job

This film produced by the Minnesota DNR discusses different types of accidents that may occur on a personal watercraft. Learn how to inspect your personal watercraft and overall safe correct use.

## PLANNING FOR DISASTER: TORNADES

#TO010 – VHS (10 min. 1995)

### Off-the-job

A tornado can sweep through and destroy everything in its path in just minutes. This special report will help you and your employees prepare for and survive the devastation of a tornado.

## POISONOUS PLANTS IN MINNESOTA

#PO001 – VHS (9:30 min. 1994)

### Occupational

This video, produced by Minnesota DNR discusses the hazards associated with exposure to poisonous plants such as poison ivy and wild parsnip. Topics discussed include: how to recognize the plants, symptoms from exposure, how to treat them and how to avoid exposure.

## POWER LINE HAZARD AWARENESS

#PO008 – VHS (18 min. 1996)

### Occupational

This video focuses on how to work safely near power lines on job sites. Topics covered include OSHA standards, barrier protection, warning methods protection technology, material handling, underground notification systems and what to do if a contact occurs. Equipment discussed includes cranes, drill rigs, aerial buckets, etc.

## PREVENTING EMPLOYEE EXPOSURE TO BLOODBORNE AND OTHER PATHOGENS

#PR015 – VHS (30 min. 1993)

### Occupational

This video discusses bloodborne and other pathogens in a health care setting using the chain of infection. Part I describes how various diseases are transmitted. Part II describes methods to prevent exposure with the emphasis on universal precautions. Also discussed: handwashing, decontamination, PPE and accidental exposure.

## PREVENTING EXPOSURE TO BLOODBORNE PATHOGENS

#PR002—VHS (16 min. 2006)

### Occupational

The focus of this program is preventing exposure to bloodborne pathogens. While most of us have jobs where we will never come into contact with blood or other body fluids, there are various situations where we may encounter potentially infectious materials. Employees must know what actions to take in these situations to protect themselves from exposure to bloodborne pathogens. Topics of the video include diseases caused by bloodborne pathogens, the Exposure Control Plan, how bloodborne pathogens are transmitted, methods of protecting against exposures, handling potentially contaminated items and responding to exposure situations.

## PREVENTING ROAD RAGE

#RO002 – VHS (20 min. 1998)

### Driving Safety

Violent aggressive driving, or road rage, is a growing public concern. This educational video addresses that concern by teaching viewers how to avoid offending other drivers, manage their own anger and disengage from an angry encounter.

## PREVENTING SLIPS AND FALLS

#PR013 – VHS (7 min. 1994)

### Occupational

Topics include:

- Elements of an effective sweeping program
- Type of wax used to prevent slips and falls
- How to wipe up oily residue

## PRO'S GUIDE TO RIDING MOWERS

#PR014 – VHS (18 min. 1996)

### Occupational, Off-the-Job

Meets OSHA, state and local regulations. Presents dramatic accident reenactments and the latest techniques on how to prevent them, such as inspection of grounds and PPE, operation manual and maintenance, cutting on hills, awareness of public and much more.

## PROTECTING YOUR FEET

#PR009 – VHS (18 min. 1993)

### Occupational

Practicing good housekeeping and maintaining strong and healthy feet are just two of the tips revealed in this important video program.

- Complies with OSHA 1910.136
- Prevention of foot injuries
- Safety shoes

## RECOGNIZING DRUG AND ALCOHOL ABUSE

#RE011 – VHS (19 min. 1995)

### Occupational

Do you know an alcoholic or an illegal drug addict? Chances are good that you do. Chances are good that you work with one, too. This video program will help supervisors and fellow employees recognize alcoholism and illegal drug abuse in the workplace.

- Physical appearance
- Behavior and job performance
- Enabling and denial
- Drug testing

## RECORDKEEPING AND REQUIREMENTS

#NW001 – VHS (12 min. 2001)

### Occupational

Comply with 29 CFR Part 1904! This comprehensive video covers everything you need to know!

- Current forms 300, 300A and 301: layout; required information (MSD's, needlestick/sharp injuries log and statistics on hearing loss); use; posting and tracking
- Explanations/examples of filling out the current forms
- Definitions, criteria and updated terminology
- History of requirements and process simplification, including electronic

## REMEMBER CHARLIE:

### THE CHARLIE MORECRAFT STORY

#RE010—VHS (56 min.)

Charlie's journey from death's door following a refinery explosion, to his position as the world's leading presenter on why we all should follow safety procedures precisely.

## RESPIRATOR PROTECTION: AIR PURIFYING RESPIRATORS

#AI018 – VHS (18 min. 1998)

### Occupational

This program provides an overview of potential respiratory hazards in the workplace and explains when and how to use air-purifying respirators. It covers the effects of airborne contaminants on the body, types of respiratory hazards, evaluation and control of hazardous atmospheres, the respirator selection process, types of air-purifying respirators' fit testing, donning, and care and maintenance.

## RESPIRATORY PROTECTION: AIR PURIFYING RESPIRATORS

#RE012 – VHS (11 min. 1999)

### Occupational

This is an easy-to-understand program for all affected workers. Includes:

- How air purifying respirators work
- Fit testing
- Use, inspection, maintenance and storage
- Limitations of respirators

## RESPIRATORY PROTECTION: BREATH OF FRESH AIR

#RE021 – VHS (18 min. 1998)

### Occupational

This vital program thoroughly details the revised OSHA standard and will help workers avoid exposure to airborne hazardous substances. Topics covered:

- Hazardous atmospheres
- Written program
- Medical evaluation
- Proper fit testing



## RESPIRATORY PROTECTION: AIR SUPPLYING RESPIRATORS

#RE013 – VHS (11 min. 1999)

### Occupational

This program has a unique, attention-getting opening and teaches the importance of using and properly maintaining air supplying respirators.

- Types of air supplying respirators
- How air supplying respirators work
- Fit tests
- Use, inspection, maintenance and storage
- Limitations of respirators

## RIDING MOWERS

#RI005 – VHS (20 min. 1990)

### Off-the-Job

This video discusses how to operate riding lawn mowers safely. Also includes daily safety checks, pre-operations checks, refueling and safe operating guidelines.

## RIGHT-TO-KNOW UPDATE

#RI000 – VHS (21 min. 1996)

### Occupational

Update compliance with 1910.1200. Perfect for retraining.

- MSDS, HazCom program
- Hazards of workplace chemicals
- Protective measures
- Accident procedures and first aid

## ROOM TO LIVE

#RO000 – VHS (33 min. 1993)

### Driving Safety

A highway patrol officer gives a hard-hitting presentation on why you should wear safety belts.

## RULES FOR TOOL SAFETY

#RU001 – VHS (12 min. 1991)

### Occupational

This video is designed to remind employees of the risks involved in using various types of tools on the job. Because employees use tools repeatedly in their routine, there is a danger of them forgetting to use proper safety procedures. Covers: Choosing the right tool, inspection, correct usage, PPE, work area, carrying and storage of tools.

## SAFE OPERATION OF SCISSOR AND BOOM LIFTS

#SA005—VHS (19 min. 2006)

### Occupational

Elevated work platforms such as scissor and boom lifts allow us to safely perform various tasks and maintenance operations at heights that otherwise may be unreachable. While there are many different styles of lifts designed for various applications and site conditions, they all have one thing in common: the potential for serious injury or death when operated in a careless manner. Electrocution falls, crushed body parts and tip-overs are just a few examples of incidents that often result from unsafe operation. This video discusses the procedures lift operators must follow to prevent these types of incidents. Topics include factors that affect stability, pre-operational inspection, protecting against falls from platforms and safe driving procedures.

## SAFE TREESTAND HUNTING

#HU001 – VHS (35 min. 1999)

### Off-the-job

One in three treestand hunters will fall. Many falls result in serious injury or death....you can follow these safety techniques and beat the deadly odds!

- Over **100** safety tips, plus five over the shoulder bow hunts.

## SAFE USE OF COMPRESSED GAS CYLINDERS

#CO004 – VHS (7 min. 1992)

### Occupational

Covers proper training and important steps to follow while using cylinders.

## SAFELY ON YOUR FEET

#FE001—VHS (12 min. 2001)

### Occupational

Every year, hundreds of thousands of people are injured in the workplace because they aren't wearing the proper footwear. The fact that we have so many foot-related injuries indicates that employees are wearing work shoes that inadequately protect them from the hazards they face on the job. They are part of your personal protective equipment that must effectively protect your feet from hazards that you encounter in your workplace. This program stresses to viewers the importance of selecting, fitting, maintaining and wearing safety footwear to prevent painful foot and toe injuries. Topics include physiology of the foot, various types of safety footwear, selecting the proper shoe for the job and shoe inspection and maintenance.

## **THE SAFETY COMMITTEE: PROBLEM OR SOLUTION**

**#SA019 – VHS** (31 min. 1993)

### **Occupational**

A successful safety committee meeting just doesn't happen. This program presents some guidelines that will help members ensure the success of their committee. Topics that are covered include the benefits of a good safety committee, functions of a safety committee, steps to take to build committee members' confidence and how to conduct a successful safety meeting.

## **SAFE HANDLING OF COMPRESSED GAS CYLINDERS**

**#SA016 – VHS** (8 min. 1994)

### **Occupational**

Safe Handling of Compressed Gas Cylinders

Proper handling and storage of gas cylinders ensures safety and efficiency.

- Safe lifting/moving of cylinders; loading for transport
- Avoid tampering with external numbers, marks and safety devices

## **SAFETY ON THE JOB: POWERED EQUIPMENT IN THE WAREHOUSE**

**#PO006 – VHS** (12 min. 1992)

### **Occupational**

This program provides vital safety information all workers in warehouse and storage facilities should know in order to maintain maximum safety for themselves and their coworkers.

## **SAFETY ON THE JOB: SLIPS, TRIPS AND FALLS**

**#SL011 – VHS** (16 min. 1991)

### **Occupational**

Slips, trips and falls are a leading cause of injury and death on the job. Every year, more than 200,000 employees are seriously hurt—some are even killed—in falls. And office workers account for more than twice as many slips and falls as non-office workers. Concise narration and dramatic vignettes teach employees and their supervisors how to eliminate the causes of falls, and to cooperate in correcting or reporting potential hazards. With awareness and a sense of responsibility, employees can learn to prevent dangerous slips, trips and falls.

## **SECURITY AWARENESS: WORK, TRAVEL & HOME**

**#SE000—VHS** (20 min. 2001)

### **Occupational / Off-the-job**

Whether we are at work, traveling or at home, maintaining awareness about security is one thing that each of us can do to make our world a little safer for everyone. The purpose of this video is to increase awareness of security issues and help viewers to understand what they can do to remain secure while at work, while traveling or at home. Topics include workplace security, employee identification and access, threats of workplace violence and harmful materials in mail and shipments. Security for hotel guests, security while driving, airport security and security in the home are also covered in the program.

## **SEVERE WEATHER SAFETY: PROTECT YOURSELF**

**#SV001 – VHS** (30 min. 1999)

### **Off-the-job**

Things you should know about severe weather and thunderstorm hazards to protect yourself, your community, your family, clients and staff.

- Lighting
- Tornado & Violent Wind
- Flash flood

## **SEXUAL HARASSMENT—YOUR EMPLOYEES NEED TO KNOW**

**#SH001 – VHS** (8 min. 1994)

### **Occupational**

Sexual harassment is against the law and costly to all involved.

Covers:

- Definition of sexual harassment/workplace examples
- Your employees can confront a harasser
- Reporting harassment: encourage internal reporting, rather than involving legal system

## **SHARING THE ROAD WITH BIG TRUCKS**

**#SH002 – VHS** (15 min. 1994)

### **Driving Safety**

This video is about cooperation between drivers of passenger cars and drivers of big trucks using the same highways. This video also shows what it's like to drive an 18-wheeler in mixed traffic from the trucker's point of view. Also included are blind spots, stopping distance and drafting.

## **SKID STEER**

**#ST003 – VHS** (6 min. 1999)

### **Occupational**

Refresher for skid steer operators. Visual inspections, maintenance and proper procedures are demonstrated..

## **SMALL FALLS ARE A BIG DEAL**

**#SM002—VHS** (21 min. 2006)

### **Occupational**

In this video, Martin Lesperance recalls stories of fall injuries he has attended as a firefighter and EMT to make the point that small falls can be a big deal. Some of the worst fall injuries don't always involve someone plummeting from a high place such as a 100-foot chemical tank; they result from simple incidents like a trip over an unsecured rug or a slip on a slippery substance. While these types of falls rarely make the evening news, they can result in broken bones, skull fractures and other disabling conditions. Topics include the importance of wearing proper footwear, recognizing and controlling slip and trip hazards, transitional areas and changing walking surface conditions, correcting fall hazards, situational awareness and moving from one level to another.

## **SOMETHING FOR JAMIE**

**#SO002 – VHS** (10 min. 1997)

Four year old Jamie Lee Burke was killed on November 10, 1994 when a commercial truck driver under the influence of alcohol slammed into the back of the car in which she was riding. It was learned that the driver had already been cited for operating a commercial vehicle under the influence. But because of an administrative error, his license was not suspended and he continued to operate commercial vehicles until the accident which took Jamie's life. This film shows every person at every level of commercial vehicle enforcement the critical importance of their job and the consequences that can result from seemingly insignificant mistakes.

## **STAIRWAY AND LADDERS**

**#ST001 – VHS** (18 min. 1991)

### **Occupational**

This program highlights the most commonly used ladders in industry: step, extension, trestle and fixed, as well as a variety of stairways. Also covers how to choose the correct ladder, proper set-up, inspection and maintenance, and safe work practices.

## **STRESS IN THE WORKPLACE**

**#WO011 – VHS** (12 min. 1994)

### **Occupational**

Stress is a hazard that no one can avoid! Teach your employees to understand and manage it effectively.

- Symptoms and long term effects of stress
- Eliminating causes, avoiding stress overload
- Managing: relaxation, stretching, exercise
- Power of good attitude and positive lifestyle

## **SUBSTANCE ABUSE: REASONABLE SUSPICION**

**#SU001 – VHS** (16 min. 1995)

### **Occupational**

This program introduces supervisors to drug abuse recognition techniques, how to handle reasonable suspicion cases, documentation, performance issues, testing and getting help for abusers. Includes interviews with supervisors, former abusers and a physician.

## **SUSPENDED SCAFFOLDING SAFETY**

**#SU004 – VHS** (20 min. 2002)

### **Occupational**

Suspended scaffolds are unique tools that allow us to work in high, hard-to-reach areas. Safety is a crucial issue when working above ground, as an estimated 10,000 scaffold-related injuries occur each year. To address this issue, OSHA has developed regulations specifically for workers on the rules and regulations for suspended scaffolds before they use them. This video focuses on suspended scaffolds and the safety and training regulations developed by OSHA for working with them. Topics include: preparation for erecting scaffolds, installing ropes and suspension devices, preparing hoists for operation, selection and use of scaffold platforms, inspection of scaffolding equipment, working near electricity, preventing falls and protection against falling objects.

## **TOXICOLOGY**

**#TO002 – VHS** (10 min. 1995)

### **Occupational**

Defines toxicology, toxin and toxicity, dose versus concentration, parts per million, acute versus chronic toxicity, TLV (threshold limit value), time weighted average, skin notations, ceilings, and short-term exposure limits.

## **TRAFFIC CONTROL: WHAT WORKS**

**#TF002 – VHS** (14 min. 1996)

### **Traffic**

The objective of this video, produced by the Minnesota Local Road Research Board, is to offer information on how public officials develop reasonable, research-based traffic control strategies and choose traffic control devices. Factors such as traffic volume, sight distance and accident histories are discussed.

## **TRANSPORT TRAILER SAFETY**

**#TR002 – VHS** (24 min. 1995)

### **Occupational, Driving Safety**

This video is designed to appeal to owners of all types of equipment transport trailers. Safe loading and attachment of tie-downs, chains and binders on a wide variety of equipment are discussed. Also includes tips for safe transport in varying traffic conditions, on all types of roads and in all types of weather. Interviews with professional equipment haulers help your employees learn from the real-life experiences of others.

## **TRENCH SAFETY: DON'T DIG YOUR OWN GRAVE**

**#TR005 – VHS** (19 min. 1998)

### **Occupational**

This program will make them believe. It opens with the recreation of a dramatic trench cave-in, and then it highlights two real-life accidents. It features actual rescue footage and interviews with rescue personnel who recount what the situation was, what they did and how it felt.

## **TRENCH SAFETY: IT'S MORE THAN DIGGING A HOLE**

**#TR004 – VHS** (19 min. 1998)

### **Occupational**

This program explains why trenches cave in, the protective systems that can prevent it from occurring and the specific safety measures that should be followed when working in and around trenches.

## **TRUCK DRIVERS AND CARGO SECURITY TRAINING**

**#TR007 – VHS** (25 min.. 2002 )

### **Driving Safety**

On February 14, 2002, an Advisory Notice from the Research and Special Programs Administration (RSPA) was published in the Federal Register. This notice advises shippers and carriers of voluntary measures they can take to enhance the security of shipments during transportation. Many of the recommendations are covered in this fast-paced, attention-getting video. Covers:

Personal safety and cargo security; How to minimize danger and lost revenue due to cargo theft; vehicle theft and assault; Do's and don'ts

## **TRUCKING—ACCIDENTS AND BREAKDOWNS**

**#TR009 – VHS** (12 min. 1994)

### **Driving Safety**

Comply with required procedures for 49 CFR 392.22, 392.40, and 392.41. Covers 7-step accident response: Federal regulations on trucking accidents, post-accident actions minimize hazards, documenting and reporting accidents, what not to do in case of an accident, proper response for breakdowns.

## **UNSAFE ACTS—HUMAN BEHAVIOR**

**#UN003 English, #UN004 Spanish – VHS** (11 min. 2001)

### **Occupational**

- Basic safety education
- Explains how employees contribute to accidents

## **WALKIE STACKER**

**#WA004 – VHS** (8 min. 1995)

### **Occupational**

The walkie stacker has specific safety rules and procedures. Explains all controls for the equipment as well as general safe operating procedures.

## **WELDING SAFETY**

**#WE001 – VHS** (12 min. 1996)

### **Occupational**

Helps comply with the OSHA standard, which regulates safe welding activities. Covers hazards and personal protective equipment, fire safety, hazardous atmospheres and other concerns, including electric arc and compressed gas cylinders.

## **WELDING SAFETY—SECURING THE WORK ZONE**

**#WE020 – VHS** (14 min. 1988)

### **Occupational**

This videotape includes an introduction to welding and basic safety precautions. Covers oxyfuel gas welding, electric arc welding, preparation, securing the 360 degree zone, welding fumes and proper ventilation, proper clothing and gear, fire watch, and noise. Audience: industrial and construction.

## **WHY SKID: MODERN WINTER DRIVING TECHNIQUES**

**#WH003 – VHS** (18 min. 1997)

### **Driving Safety**

A demonstration of proper handling techniques on slippery roadways. Covers front, rear and 4-wheel drive vehicles and other good winter driving tips.

## **WINTER DANGERS**

**#WI006 – VHS** (16 min. 1992)

### **Off-the-job**

Winter can be a lot of fun, but it can be dangerous or even deadly if people don't protect themselves from the cold. This program is designed to educate all age groups about the dangers of frostbite and hypothermia, including prevention, symptoms, and first aid treatment.

## **WINTER DRIVING: WHEN RULES CHANGE**

**#WI007—VHS** (15 min. 2006)

### **Occupational**

This attention grabbing video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around.

The video also addresses:

- Vehicle preparation for winter
- Adjusting schedules for winter driving conditions
- Maintaining good visibility
- Winter driving techniques, including intersections, cornering, skid control, braking and slowing down
- Winter survival supplies and techniques

## **WINTER SAFETY**

**#WI002 – VHS** (14 min. 1995)

### **Off-the-Job**

- Signs of hypothermia and frostbite
- Preventing hypothermia and frostbite
- Treatment

## **WORK ZONE SAFETY**

**#WO002 – VHS** (12 min. 1990)

### **Occupational**

This program tells how to define your work zone, recognize potential hazards and take the necessary steps to prevent accidents on the job.

## **WORKING AROUND FORKLIFTS**

**#WO010 – VHS** (16 min. 1995)

### **Occupational**

This video program helps motivate employees to take this lesson to heart and explains how and why special precautions are necessary.

- Inherent hazards in forklifts
- Special things to watch for when turning
- Mechanics
- Visibility
- Warning devices
- Parking

## **WORKING ERGONOMICALLY IN THE WORKPLACE**

**#WK003 – VHS** (22 min. 2005)

### **Occupational**

This film shows employees how to recognize ergonomic problems in an office environment, potential adverse effects "bad ergonomics" can have and practical solutions they themselves can use to help deal with ergonomic problems in the office.

- Physiology of the body, Eyestrain
- Parts of the body most effected
- Pragmatic prevention measures
- Correct use of office equipment
- Exercises and stress release

## **WORKING AROUND EARTH MOVING EQUIPMENT**

**#WO000 – VHS** (17 min. 1999)

### **Occupational**

This video produced by MNDOT provides an overview of the MN OSHA standard on mobile earth moving equipment. Discusses safety issues pertinent to operators, crews and persons working around the equipment. Includes: PPE, pre-meetings, underground utilities, etc.

## **WORKING SAFELY IN HOT ENVIRONMENTS**

**#WK002—VHS** (15 min. 2005)

### **Occupational**

This program shows viewers how to prevent and respond to various heat-related problems by using prevention techniques; how to recognize the signs and symptoms of heat stress; and, what first aid procedures to administer when assisting victims of specific heat-related illnesses. Featured are several heat-related illness scenarios that illustrate the importance of staying alert, using good judgment and knowing the warning signs of heat stress when working in hot environments.

## **WORKPLACE VIOLENCE**

**#WO009 – VHS** (25 min. 1994)

### **Occupational**

In one year alone workplace homicides accounted for one out of five of all work-related deaths. This program will help supervisors and employees identify the warning signs of workplace violence and prevent it. Includes:

- Impact and causes of workplace violence
- Characteristics of a potentially violent employee
- Establishing a violence prevention program
- Warning signs, stress management, conflict resolution
- Hiring and firing
- Response

## **WORKPLACE VIOLENCE: CUSTOMER SERVICE AND FIELD PERSONNEL**

**#WO007 – VHS** (25 min. 1994)

### **Occupational**

Trains employees in service-oriented organizations how to recognize the possibility of violent confrontations and protect themselves accordingly. The threat of workplace violence shatters the safety and productivity of businesses every day. Don't let it happen to your organization!

## **WORKPLACE VIOLENCE: RECOGNIZING AND DEFUSING AGGRESSIVE BEHAVIOR**

**#WO008 – VHS** (26 min. 1994)

### **Occupational**

Teaches supervisors and managers how to recognize, intervene and assist troubled employees and how to spot and divert aggressive behavior before it turns reckless. Also teaches techniques and tactics for dealing with imminent threats of violence.